



### Parish Office Hours

Monday through Friday  
8:30 AM to 4:30 PM

**Fr. Ronnie Sison**  
**Pastor**

### Schedule of Masses

**Saturday**  
**Confession**  
3:30 PM English  
6:30 PM Spanish

**Vigil Mass**  
4 PM English  
7 PM Spanish

**Sunday**  
8 AM and 10:30 AM

**Holy Days**  
Vigil Mass 6:30 PM  
8 & 10:30 AM

**Daily Mass**  
Tuesday-Friday  
8 AM

**First Friday**  
Mass and Holy Hour  
8 AM

Visit us on the web!  
[www.ologap.org](http://www.ologap.org)

*Our Lady of*

*Grace*  
Catholic Parish



**595 East Main Street • Avon Park, Florida 33825**

**Parish Office (863) 453-4757**

**6th Sunday in Ordinary Time**

**February 15, 2026**

# Ash Wednesday

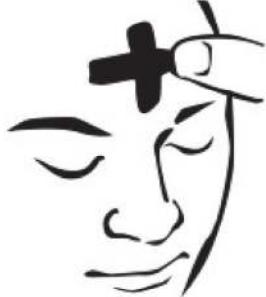


**DAY of**  
**FASTING** and **ABSTINENCE**  
 © LPI

**Masses on Ash Wednesday: 8, 10:00 a.m., and Bilingual Mass, 6:30 p.m.**

# Ash Wednesday – February 18th

**Ash Wednesday Mass Schedule:** 8, 10:00 a.m., & **Bilingual (Spanish/English) Mass** – 6:30 p.m.



**Lenten daily mass:** 8 a.m.

**Stations of the Cross:** Friday, February 20th: 5 p.m.

**Friday Fish Fry, Grogan Center:** 5:30 – 7:00 P.M.

**Confessions:** Saturday, 3:30 p.m., 6:30 p.m.

## **Lenten Regulations on Fasting and Abstinence**

**Days of Fast & Abstinence:** **Ash Wednesday and Good Friday.**

**Fasting** is to be observed by those, **ages 18 to 59 (inclusive).**

On Fast days one full meal is allowed and two smaller meals.

Eating between meals is not permitted.

**Abstinence:** All Fridays of Lent are days of abstinence.

Abstinence is observed by those who are **14 years of age and older.**

On days of abstinence no meat is allowed.

Ash Wednesday, the Fridays of Lent, including Good Friday, are days of abstinence.

- **Note:** If a parishioner is unable to observe the above regulations due to ill health or other serious reasons, they are encouraged to practice some form of self-denial suitable to their condition.

## **CRS Lenten Practice – Operation Rice Bowl**

In the Gospel of Ash Wednesday (**Mt 6: 1-6; 12-18**) Jesus outlines **three practices** for the Lenten season: **fasting, Almsgiving and Prayer.**

- **Operation Rice Bowl:** You will receive Catholic Relief Services (CRS) Operation Rice Bowl; parishioners are encouraged to participate in **ORB**. 
- Place the **Rice Bowl** in the middle of the family dining room table during the season of Lent. Each family is encouraged to eat one frugal meal on a designated day – preferably Friday - each week during Lent.
- Suggestions for the frugal meal menu can be gleaned from the **CRS booklet**, or, can be agreed to by each family. We will collect the proceeds from the Rice Bowls on the last Sunday of Lent. **Pick up Rice Bowls on tables at Church exits.**



### Three Lenten Practices (Matthew 6: 1 – 18)

**Prayer** – Mt. 6: 1- 4

**Fasting** – Mt. 6: 5 - 15

**Almsgiving** – Mt. 6: 16 – 18

#### Prayer (Mt. 6: 5 – 15))

**Daily morning Mass** – 8 a.m.

**Stations of the Cross** – Friday, 5:00 p.m.

**Small Prayer Group meeting**

Thursday, 5:00 P.M., Grogan Center

#### Fasting (Mt 6: 1 – 4)

Abstain from meat on Friday

(Those 14 years and older)

Modest Rice Bowl Meal once-a-week

(Place savings from meal in Rice Bowl)

Place daily restraints on use of technology

especially Cell phones - and TV.

#### Almsgiving (Mt 6: 16 – 18)

Support the **Church Service Center**

Support **Meals on Wheels** for elderly home bound people.

Support the **2026 Catholic Faith Appeal**

Support Lent **Operation Rice Bowl**

(Place Lent Meal Savings in Rice Bowl.  
Proceeds will be collected Palm Sunday).



### OLG Parish Friday Fish Bake, 5:30 – 7 p.m.

OLG Parish has a **Friday fish bake dinner**, which includes dinner with dessert, coffee or ice tea at a cost of \$12. You do not have to eat alone. Come and join fellow parishioners and friends on **Friday**.



### Prayer Group Meeting Thursday, 5:00 P.M., Grogan Center

The Church is growing exponentially in **continents like Asia, Africa and Latin America**. While it is increasing in those continents, it is **decreasing in the Western continents of Europe and, not to the same extent, in North America**.

One of the reasons the Church continues to grow rapidly in Africa and Latin America is because of **small groups within each of the larger parishes**. People get to know each other in small groups and deepen their faith in small groups. **Join us at the Prayer Group on Thursdays at 5 P.M., in the Grogan Center.**



### Stations of the Cross, Friday, 5:00 p.m.

The Stations of the Cross is a uniquely Lent Prayer devotion. It begins with the trial and condemnation of Jesus by Pontius Pilate, the Roman Governor, and continues Jesus' sorrowful journey - in Latin, *Via Dolorosa* - to Calvary and to his Crucifixion.



**OLG Parish Fish Bake –  
Friday, 5:30–7:00 P.M.  
Grogan Center  
\$12.00 per person.**

Come with friends, or, make a friend.



### Tax Aide Program to Offer Free Tax Service

**Tax Aide**, a free nationwide tax preparation service, will perform its free tax service at Our Lady of Grace Church, beginning the **1<sup>st</sup> Tuesday in February, February 3rd, 2026**.

The free tax service will be **offered each Tuesday and Thursday, from 9 a.m. to 1 p.m. at the Grogan Center**. Please do not call the Church office with questions. If you have tax related questions, you should come to the Grogan Center and speak directly to

one of the IRS certified Tax-Aide counselors, or, call **Linda Pomeroy 607 434 8208**.

### Wedding Anniversary Mass



All couples celebrating **25, 30, 35, 40, 45, 50**, or more than 50 years of marriage are invited by Bishop Frank J. Dewane to **an Anniversary Mass** in their honor at **11:00 a.m.** on **Saturday, March 14<sup>th</sup>, 2026**, at **St Thomas More Catholic Church, 2506 Gulf Gate Dr., Sarasota**, **Photos in Church 9:30 - 10:30 A.M.** Contact parish office—453-4757—to register



### Ladies Guild Strawberry Festival

**Sunday, Feb 22<sup>nd</sup>, Grogan Center,  
11:30 A.M. – 1:30 P.M.**

The Women's Guild is hosting our 1st annual Strawberry Social and Bake Sale, and we'd be thrilled if you could join us!

**It's happening on \*\*Sunday February 22nd from \*\*11:30 AM to 1:30 PM\*\* in \*\*The Grogan Center\*\*.**

We'll have plenty of strawberry shortcakes, shakes and scoops of delicious strawberry ice cream and an assortment of baked goods also. It's a wonderful opportunity for to meet other parishioners.



**Strawberry Milkshake \$5.00 Each.  
All Bake Sale items  
Feature Strawberries**

*6º Domingo del Tiempo  
Ordinario*



*¿Permiso para Pecar?*

La primera lectura del Sirácida nos recuerda que cada vez que elegimos entre la vida y la muerte, el bien y el mal, la verdad y la mentira, elegimos libremente y es nuestra responsabilidad. Dios puede permitirnos tomar malas decisiones, pero nunca le ordena a nadie pecar.

En el Evangelio Jesús dice que cualquiera que se enfade lo suficiente como para matar o que menosprecie a su prójimo como si no mereciera vivir, ha cometido asesinato en su corazón. Cuanto más tiempo me aferro a sentimientos dolorosos, más probable es que me lleven a acciones dañinas. Dado que la Eucaristía es nuestro sacramento de unidad, debemos procurar reconciliarnos con los demás antes de acercarnos al altar.

Jesús exagera cuando nos dice que nos cortemos una mano o nos arranquemos un ojo, porque sabe con qué facilidad racionalizamos nuestros sentimientos y fingimos que son inofensivos. *¿Qué prejuicios o rencores guardo en mi corazón?* *—Tom Schmidt*



*Salmo 51:10 Crea en mí, oh  
Dios, un corazón limpio,  
Y renueva un espíritu recto  
dentro de mí.*

*Retiro de  
Cuaresma  
para hombres y mujeres  
Febrero 22, 2026 (Hombres)  
y  
Marzo 1, 2026 (Mujeres)  
8am-4pm*

*Nuestra Señora de la Gracia  
595 E Main St Avon Park FL  
33825*

*CUARESMA TIEMPO DE  
AYUNO, ORACIÓN Y LIMOSNA*

**PROGRAMA DE EDUCACIÓN  
RELIGIOSA**

Edificio MacDonald

Grados PreK – 5

Domingos 9:00 a 10:15am

Grados 6 – 12

Miércoles 6:00 a 8:00pm

Preguntas/Información

Mayra Donan 863-453-7537

**ADULTOS**

Edificio Juan Bosco

Domingos 9:00 a 10:15am

Preguntas/Información

Florentino Perada 863-840-4533

**GRUPO DE ORACIÓN**

*“Santísima Trinidad”*

*Iglesia*

*6:30pm Rosario / 7:00pm Grupo*

*Hortencia 863-448-6869 / Adela 863-528-8267*

**JUAN XXIII** se reúne los **MARTES** a las **7:00PM** en el salón **San Juan Bosco**. Todos están invitados para conocer más El Amor de nuestro Señor Jesucristo. **Con Cristo Todo.** **Sin Cristo Nada.** Para más información llamar 863-205-0694 863-853-0065.



**MASS INTENTIONS**

<b>SATURDAY FEBRUARY 14</b>	
8:00 a.m.	+ For the unborn – by Our Lady of Grace.
4:00 p.m.	+ Kevin Erb by Family.
7:00 p.m.	+ Odilon Suniga by Adela Rodriguez.
<b>SUNDAY FEBRUARY 15</b>	
8:00 a.m.	+ George Moffett by Glenda Moffett.
10:30 a.m.	+ Adoracion Leviste by Dr. Amy Bouffard.
<b>MONDAY FEBRUARY 16</b>	
8:00 a.m.	No Mass.
<b>TUESDAY FEBRUARY 17</b>	
8:00 a.m.	+ Joy Lukose by Sister.
<b>WEDNESDAY FEBRUARY 18</b>	
8:00 a.m.	+ All Souls in Purgatory. Victoria.
<b>THURSDAY FEBRUARY 19</b>	
8:00 a.m.	Evily Pevos by Kevin Bouffard.
<b>FRIDAY FEBRUARY 20</b>	
8:00 a.m.	Birthday – Brandon Barcina by Family.
<b>SATURDAY FEBRUARY 21</b>	
8:00 a.m.	Mass.
4:00 p.m.	+ A. J. Grant by Mom & Dad.
	+ Charles Quinn by Constance Quinn.
7:00 p.m.	+ Jose Cruz & Maria DeJesus by Adela Rodriguez.

**THE SILVER ROSE**

The Silver Rose, a tradition begun in 1960, honoring Our Lady of Guadalupe and promoted by the Knights of Columbus, Knights on Bikes, Biker Knights in both Canada and United States with final destination in December of this year at the Basilica in Mexico will be present here at Our Lady of Grace on February 17, 2026, at 6:00 p.m. The Silver Rose Program serves as a symbol of the Order's unity, devotion to Our Lady of Guadalupe, and a commitment to the sanctity of Life. Please join Council #14717 in celebrating the Silver Rose Prayer Service.

**FOR THE SICK OF THE PARISH**

Joan Morgan	Candida Reyes	Kathy Furtado
Rosa Arosemena	Andres Clavijo	Jade Jackson
Martha Clavijo	Harold Raccine	Carol Krause
Donna Skelly	Roger Brelinski	Jean Rapp
Rosemary Melinson	Cameron Prosperi	Joan Bender
Deb Perry	Martha Spung	Louise Schorsch
Donald Schorsch	Ed Carrigan	Joey Prescott
Michael Rand	Bea Pedara	Marty Worley
Sharon Ingalls	Gary Ingalls	Susan Beaudoin
Amy Slane	Jeff Babbit	Rose Brault
Waylen James	Raffael Aversa	Sherry
Jerry Grinkiewicz	Kim Nuccio	Jeannie Stopa
Jim Stopa	Marie Burley	Rick Burley
Ron Maslyk	Kathy Reisert	Clay Gooch
Janice Vreeland	Joan Trace	Jan Raccine
Harold Raccine	Paul Repa	Joan Reetz
Brenda Buergi	Joe Deyo	Jackie & Steven
And for those who care for the sick, for the deceased member's and benefactors of the parish, and for our loved ones.		

**AVON PARK**

The free Income Tax Service at Our Lady of Grace Catholic Church , 595 E. Main Street, Avon Park will be preparing Federal and State tax returns on Tuesdays and Thursdays from February 3rd (**Excluding February 5th**) through April 15th. Tax appointments will be prepared by appointment only. Tax appointments can be made in person at the Grogan Center any Tuesday or Thursday beginning January 20th and 22nd only between 9:00 a.m. and noon, and through the tax season starting February 3rd to April 15th. For questions call Site Coordinator Linda Pomeroy, 863-452-7641. Please **DO NOT CALL** Our Lady of Grace Catholic Church, as they cannot assist you.



---

## Staff & Ministries

---

### Administrative Assistant

Evelyn Barcina  
Evelyn.Barcinas@ologap.org

### Bookkeeper

Linda Beman  
linda.beman@ologap.org

Maintenance  
Maria Ramirez  
Mike DeRosa

### Religious Education

Director  
Mayra Donan  
(863) 453-7537

### Music Director

Gene Ryan  
mee@generyan.com

### Knights of Columbus

Eric Quiel  
Grand Knight  
863-414-5002

### Women's Guild

Debora Augusta  
President  
(863)991-1020

**OCIA Director**  
Travis & Dawn Crosson  
(863)453-4757

---

## Parish Council

---

**President**  
Betty Anne Lee  
863-873-7176



## Ash Wednesday



## Why Ashes?

For centuries, Catholic Christians have marked the beginning of the season of Lent by **receiving ash on their foreheads on Ash Wednesday**. This tradition

has its roots in the **Old Testament, where wearing ashes was a common sign of repentance for sins**, and a sign of one's humility before God. **Since Lent is a season of penitential renewal through prayer, fasting, almsgiving (Mt 6: 1 – 18)** it's appropriate that this ancient sign marks the beginning of the season.



## Fr Ronnie and the Crossans at the Stewardship sign-up day



## Great turn-out at very successful Rummage Sale

Diocesan is proud to be printing

# Our Lady of Grace's Sunday Bulletin

You are invited to help support our Parish!

For opportunities to advertise,  
please call 800-292-9111

★ Your Heating & Cooling Experts since 1947  Turn to the experts  
**LONG'S** AIR CONDITIONING, INC. & STANDBY GENERATORS  
1-800-725-7571 • Longsair.com

IN LOVING MEMORY OF  
  
Richard Gutknecht

★   
ROOFING CONTRACTORS, INC.  
(863) 452-1208  
FREE ESTIMATES  
marleyroofing@gmail.com  
Licensed & Insured  
#CCC1328931

★ **STEPHENSON-NELSON**  
Funeral Homes & Crematory  
Serving Highlands County  
Since 1924  
(863) 453-3101  
111 East Circle St., Avon Park, FL 33825  
(863) 385-0125  
4001 Sebring Pkwy., Sebring, FL 33870  
stephensonnelsonfh.com



Get this bulletin  
emailed to you  
every week.

Simply go to  
[www.DM.CHURCH/4399](http://www.DM.CHURCH/4399)

...or scan →



DISCOVERMASS

★   
**SEVIGNY ASSOCIATES**  
**EYE CARE**  
863.259.3777  
Dr. Mark Sevigny, O.D.  
[www.7eEye.com](https://www.7eEye.com)

★   
CARPET MART, INC.  
Flooring • Patio Furniture • Window Coverings  
560 US Hwy 27 North, Sebring  
863-385-4796 • [www.CarpetPatioBlinds.com](http://www.CarpetPatioBlinds.com)  
Griffin Family • Parishioners

★   
**Bucci EyeCare**  
Dr. Jane Bucci O'Hora  
Parishioner  
  
Board Certified Optometric Physician  
863-385-3937  
4325 Sun N Lake Blvd

★ **John Palmer Electric**  
ELECTRIC • AIR CONDITIONING  
ICE MACHINES • GENERATORS  
SALES • SERVICE • INSTALLATION  
24 HOUR EMERGENCY SERVICE  
[JOHNPALMERELECTRIC.COM](http://JOHNPALMERELECTRIC.COM) 863-452-2848

★ **catholicmatch**®  
Florida  
[CatholicMatch.com/goFL](http://CatholicMatch.com/goFL)

★   
863.453.7555  
2250 Little Lake Bonnet Rd,  
Avon Park, FL 33825

ADVERTISE HERE  
Promote your Business  
AND Support your Parish.  
Give us a call! 800-292-9111

★   
Consider  
Remembering  
Your Parish in  
Your Will  
For further information,  
please call the parish office.

The Businesses listed above make this bulletin possible.

Please support them when you can.

Sign up to get our bulletin in your email each week. Go to [DiscoverMass.com/subscribe](http://DiscoverMass.com/subscribe)