

Message Notes

Unstuck Part 6: Stuck in Doubt

John 20:24-29

→ getting unstuck has more to do with change in you than change around you

#1 The distance between **faith** and **doubt** is closer than you might think.

→ did Jesus doubt?

→ Honest Thomas - **vs. 24-25**

#2 The Bible is faith's **authority**, not its **foundation**.

→ seven days later - **vs. 26-28**

#3 Jesus has what can **starve** your doubt.

→ blessed are those who have not seen - **vs. 29**

#4 Just wait. Doubt won't **survive** if Jesus is **alive**.

Group Questions

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John 20:24-29

1. Why do you think many people get uncomfortable talking about doubts of faith?
2. In your own experience, what happens when you try to hide or minimize a doubt that you have?
3. The two disciples on their way to Emmaus had to travel seven miles before their doubt was alleviated. Thomas had to wait seven days for his doubt to be resolved. What benefits might there be when God allows our doubts to linger a while before they are resolved?
4. **John 20:19-20** details the first time Jesus appeared to all the disciples except Thomas. What was so significant about Jesus showing them his hands and side?
5. Jesus did not demand people to have blind faith in him, but rather he provided evidence that invited their faith. What sort of evidence does God provide today in order to feed faith and starve doubt?
6. Has your faith ever been shaken because of some doubt that was cast onto a section of the Bible? What does it mean that the Bible is the authority for your faith, but not the foundation for your faith?
7. Is there an topic or a part of the Bible that has been causing you to doubt your faith in big or little ways? What would help you in addressing it?