

Message Notes | Prayer

Part 2: A Pattern for Prayer

Nehemiah 1:5-11

→ expanding our view of prayer

#1 Prayer isn't about getting more _____.

Prayer is about getting more _____.

→ the context of Nehemiah's prayer - **vs. 1-3**

#2 _____ God because he is worthy of _____.

- **vs. 5-6**

Why:

How:

#3 _____ sin and celebrate _____. - **vs. 6-7**

Why:

How:

#4 _____ God for his past _____. - **vs. 8-10**

Why:

How:

Group Questions | Prayer

Part 2: A Pattern for Prayer

Nehemiah 1:5-11

1. People tend to be most dedicated to prayer when we need something from God. Would you agree? Explain your answer. Give personal examples if applicable.
2. **Read Matthew 6:9-13.** Jesus gave this prayer as an example of how to pray. What aspects of this prayer most catch your attention and how does it influence your natural view of prayer?
3. **Read Nehemiah 1:1-6a.** What does it mean to adore (praise) God in our prayers?

How does adoration influence our mindset and approach to prayer?
4. **Read Nehemiah 1:6b-7.** Why do you suppose Nehemiah was compelled to confess sin in this prayer?

What are the blessings that come from confessing sin to God?

Read Psalm 32:3-5. What was the blessing that David experienced when he confessed his sin to God?
5. **Read Nehemiah 1:8-10.** Why is regular thankfulness so important?

What are ways that you have been intentional with being thankful in your life?
6. Looking at the ACTS pattern of prayer, which part do you most naturally gravitate towards in your prayer life? Which part do you find most difficult? Why?
7. ACTS is one way to be mindful of expanding our prayer lives. Do you have any other tips or helps to share with the Group?

Message Notes | Prayer

Part 2: A Pattern for Prayer

Nehemiah 1:5-11

→ expanding our view of prayer

#1 **Prayer isn't about getting more from God.**

Prayer is about getting more of God.

→ the context of Nehemiah's prayer - vs. 1-3

#2 **Adore God because he is worthy of praise.**

Why:

How:

- vs. 5-6

#3 **Confess sin and celebrate God's grace.** - vs. 6-7

Why:

How:

#4 **Thank God for his past faithfulness,** - vs. 8-10

Why:

How:

Bible Reading for Today

Nehemiah 1:5-11

"LORD, the God of heaven, the great and awesome God, who keeps his covenant of love with those who love him and keep his commandments, ⁶ let your ear be attentive and your eyes open to hear the prayer your servant is praying before you day and night for your servants, the people of Israel. I confess the sins we Israelites, including myself and my father's family, have committed against you. ⁷ We have acted very wickedly toward you. We have not obeyed the commands, decrees and laws you gave your servant Moses.

⁸ "Remember the instruction you gave your servant Moses, saying, 'If you are unfaithful, I will scatter you among the nations, ⁹ but if you return to me and obey my commands, then even if your exiled people are at the farthest horizon, I will gather them from there and bring them to the place I have chosen as a dwelling for my Name.'

¹⁰ "They are your servants and your people, whom you redeemed by your great strength and your mighty hand. ¹¹ Lord, let your ear be attentive to the prayer of this your servant and to the prayer of your servants who delight in revering your name. Give your servant success today by granting him favor in the presence of this man."