

Message Notes

Sticks & Stones Part 1: Taming the Tongue

James 3:1-12

→ all I said was... (Proverbs 18:12)

#1 The tongue has the power of _____ and _____.

→ a quicker way to a deeper place - **vs. 1-2**

#2 Words reflect the _____ of your _____.

→ bits, rudders and fires - **vs. 3-5**

#3 Words determine the _____ of your _____.

→ an inconsistent tongue - **vs. 7-10**

→ the culprit - **vs. 11-12**

#4 What you _____ will _____.

→ What am I _____?

→ What am I _____?

Group Questions

Sticks & Stones Part 1: Taming the Tongue

James 3:1-12

1. Share a time when you “stuck your foot in your mouth.”
2. Sometimes you know it in the moment when something you said rubbed someone the wrong way, but you’re not sure why. What do you think is the best thing to do in that moment?
3. “Actions speak louder than words.” Agree or disagree?
4. **Read James 3:3-5.** What point is James getting at? Give a life example that illustrates what he is saying.
5. **Read James 3:7-8.** James says that no human being can tame the tongue. What are some things that people tend to do when they realize that their mouth could potentially get them into trouble?
6. **Read James 3:9-12.** What does James point to as the root problem of the tongue’s vices? What does the solution entail?
7. Do you feel like you have a good grasp for how you come across to others? What are some ways you could improve your understanding of that?
8. Whatever you are filled up with in your heart, that’s what will come out through your speech. What’s one thing you will do this week to make sure you are being filled up with good things?