



the ultimate training camp

2019 AIA UTC Ohio
Athletes in Action Campus, Xenia, Ohio
INFORMATION LETTER
Sunday May 19 to Saturday May 25, 2019

Dear 2019 UTC Ohio Athletes,

Speaking for all of our staff, we are so glad that you have chosen to attend one of our Ultimate Training Camps. The real distinctive of the UTC is that we will teach each of you how to compete from a Biblical perspective. Each morning and afternoon we will teach you a different Biblical principle in a classroom setting and then immediately put you into a competitive situation to help you practically integrate that specific principle. The week will culminate with a competition called "The SPECIAL". This camp has been attended by thousands of college, Olympic, and professional athletes through the last 40 years and we are excited that you are going to be a part of our family.

We have designed the UTC atmosphere to be very practical, highly competitive, and very personal and accepting. Our AIA UTC Staff are here to serve you and spend time with you; we look forward to meeting you. As you anticipate your arrival, **PLEASE READ THIS LETTER COMPLETELY** for important information you will need to know. All of your questions should be answered here.

After you have read this letter, if you still have questions feel free to call or email us any time. **Please note that your registration is not complete until you have registered online and paid your \$100 NON-REFUNDABLE registration fee with your credit card.**

TRANSPORTATION and REGISTRATION

UTC Ohio will be on the Athletes in Action World Headquarters, in Xenia, OH.

Registration is 1:00pm - 5:00pm on Sunday, May 19th.

When you arrive on campus, registration will be held at our main headquarter building:

651 Taylor Drive
Xenia, OH 45385

Enter the campus off of Home Ave. At the top of the hill you will go to the right at the fork. Continue through the stop sign and turn left on Wycliffe Dr. Take your 2nd left and pull into the second parking lot next to Schindler Banquet Center (the building with the large windows). There will be staff around to greet you.

***See below for a map of campus to show you where to park and register**

Please DO NOT come in on Saturday the night before, because we will not be able to house you and you will need to make those arrangements on your own.

Dinner is provided for Sunday, May 19 from 5:30pm-6:30pm

First meeting starts at 7:00pm sharp in Schindler Banquet Center!

FLYING - Please book your flights to arrive before 5:00pm on Sunday, May 19th. You will want to fly into Dayton International Airport (DAY), which is 35 minutes from the Athletes in Action Campus (Please note if you chose to fly into Cincinnati or Columbus, you will have about an hour drive to the campus.) There will not be any formal shuttles running from the airport to the Athletes in Action campus so please find your own transportation (rental, Uber, etc) on your own.

You are free to leave anytime on the following Saturday morning (May 25th). You must be checked out by 10:00am. We do not provide breakfast on May 25th.

HOUSING and MEALS

UTC Ohio will be housed at various dorms on the Athletes in Action Campus. The rooms will be provided with all your linens, a blanket, pillow, wash rag and towel. Athletes in Action will provide you with excellent meals on campus, which is included in your registration. Meals begin with dinner on Sunday, the first day of UTC, and end with dinner on the following Friday. If you have any dietary needs please email Stuart Grandlienard (Stuart.G@athletesinaction.org) with those needs.

WHAT YOU WILL NEED TO BRING

Our dress is casual. Please bring enough workout gear for five days of competition. You will want to bring a sweatshirt or light jacket for the nights, which can get a little cool, as well as a pair of jeans, etc. Please bring your own water bottle, ankle or knee wraps if you need them, athletic tape, sunscreen, modest one piece swimsuit, and your Bible. Also bring running type shoes and a basketball shoe for volleyball and basketball.

Bring your family's updated insurance information in case of an emergency. You will not be allowed to participate in any athletic event without your insurance information.

WORKOUT FACILITIES

Although our schedule is very fast paced, you will get at least 2 hours most days to work out at the new YMCA in Xenia, which is a quick drive across town. There will be shuttles to get you to and from. You will be able to lift, hoop, swim, etc. I would strongly encourage you to do a little running before you come to UTC to be in decent shape due to the competition you will be experiencing.

RAISING SUPPORT FOR REGISTRATION COSTS

You can raise support to cover all or part of the camp registration cost.

For all of the details go to <http://www.ultimatetrainingcamp.com/utc-info/support>

You will want to bring a little extra money for gifts, swag, snacks or other expenses that could occur at camp.

INVITING YOUR TEAMMATES FROM YOUR CAMPUS AND OTHER CAMPUSES

Many of your teammates and friends from your athletic department or other campuses may consider coming to UTC if they knew you were going. INVITE THEM TO COME WITH YOU to enjoy this experience! Your

relationship with your friends could be the difference it takes for them to come experience the same amazing week you will experience.

We, as your AIA staff, look forward to meeting you and spending time with you at UTC. We can't wait to spend six days here in Xenia, Ohio with men and women athletes from all over the country challenging you to apply your faith to your sport. We are confident at the end this will be one of the most rewarding experiences of your life.

SOCIAL MEDIA

We are compiling stories of people coming to UTC and sharing pictures and testimonials of past attendees on our Instagram account. Find us on Instagram @TheUltimateTrainingCamp and join the conversation. Check out #Ao1, #UTCFam, or #UTCStory to see posts from previous Ultimate Training Camps.

Looking forward to serving you,

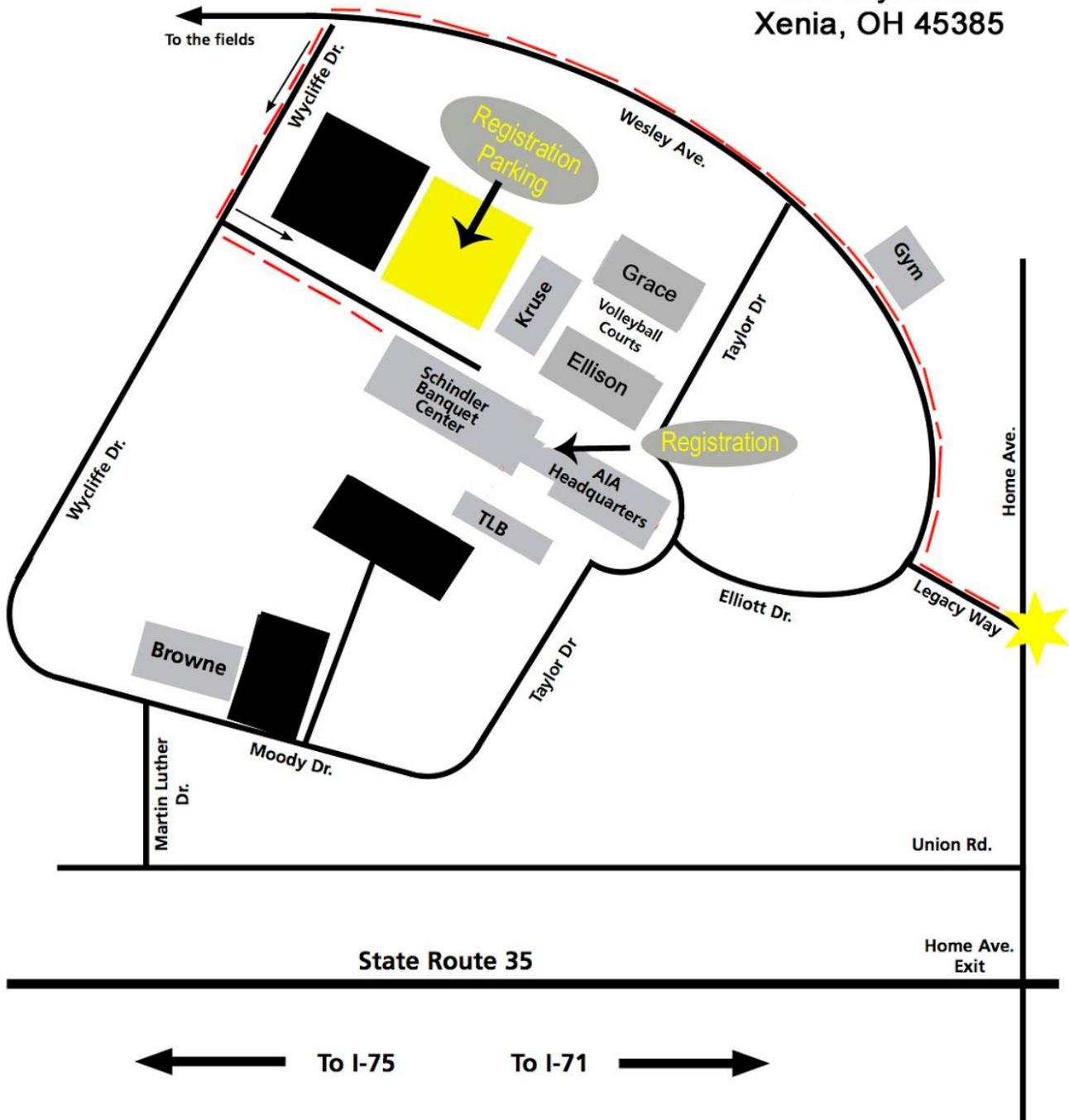
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651 Taylor Dr.
Xenia, OH 45385



 = campus entrance
 = route to parking lot