

# HOW DO I DEAL WITH SUFFERING?



TIMOTHEUS POPE

1. What was your biggest takeaway from this session?
2. Read Philippians 1:27-30. Why does Paul say we have been given the privilege of suffering? How could shifting our thinking on suffering to Paul's perspective aid us in the future?
3. Why do you think suffering exists in our world today?
4. What has been your experience with suffering outside of sports?
5. How have you experienced suffering within the context of sports?
6. Timotheus mentioned that our lives should reflect the "good news of the Gospel." How would you explain this good news (the Gospel) to a teammate?
7. What does the Gospel teach us about how we should think about and respond to suffering?
8. What are some practical ways that you can come alongside a teammate who is going through pain and suffering?
9. Timotheus said that God wants what's best for us and that what is best for us involves conforming us to the image of Christ. What does this mean and what does it have to do with suffering?
10. How can you pray for each other this week?