

Power Pack Grocery List

- **Canned Fruit**
- **Canned Vegetables**
- **Canned Pasta**
 - (ravioli, spaghetti, etc.)
- **Meat Products**
 - (Vienna sausage, tuna, chicken, Spam)
- **Breakfast Item**
 - (Individual Cereal, Instant Oatmeal, breakfast bars)
- **Ramen Noodles**
- **Snack Items**
 - (Individual servings, pretzels, cookies, pudding, jello, fruit snacks)