

BREAKFAST ON THE BEACH

Bible Verse

It is the Lord!
(John 21:7)

Bible Story Reference

John 21:1-15

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Into the Bible

MAIN IDEA

After the Resurrection, the disciples recognized Jesus in familiar places and in familiar activities. We too can experience the hope and love of Jesus in everyday activities such as walking, talking, and eating.

OBJECTIVES

Children will have opportunities to

- * meet the resurrected Jesus in their own lives;
- * recognize the presence of Jesus Christ in their everyday lives;
- * see the love and hope of Jesus in the faces and actions of other people.

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THE UNITED STATES OF AMERICA

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OBJECTIVES

Children will have opportunities to

- * meet the resurrected Jesus in their own lives;
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FOR ALL YOUR VOLUNTEERS

Photocopy these sections for all your volunteers:

- * Main Idea (page 3)
- * Objectives (page 3)
- * Bible Story (page 4)
- * Bible Background for Leaders (pages 4-5)
- * Check Your Facts (page 5)
- * About the Children (page 6)
- * Shepherd Tips (page 6)

BIBLE STORY

John 21:1-15

Jesus had been crucified, died, and was resurrected. The disciples had seen him twice, but they weren't sure what they should do.

Peter, who had been a fisherman before following Jesus, decided to go fishing. Six of the others went with him. They fished all night on the Sea of Tiberias, but caught nothing.

Just after daybreak a man on the beach called to the men in the boat, asking if they had caught anything.

When the disciples answered no, the man told them to cast their net to the right side of the boat. When they did so, they caught a huge number of fish! The net was so full they couldn't haul it in, but it didn't break.

One of the disciples, realizing the man on the shore was Jesus, said, "It is the Lord!" Peter, too impatient for the boat to be rowed the hundred yards to shore, jumped into the water and swam to Jesus. The others, dragging the full net behind them, landed after him.

Jesus had a small fire going on the beach. He had bread and fish, and asked the disciples to bring some of the fish that they had caught.

Jesus and the disciples sat around the fire on the beach, eating breakfast.

BIBLE BACKGROUND for Leaders

After the crucifixion and death of Jesus, the disciples had hidden together, fearful for their own lives. Encounters with the resurrected Jesus had filled them with joy, but they still had no direction, no purpose.

Perhaps tired of the uncertainty and inaction, Peter turned to the familiar, and went fishing.

Our Bible story has two parts. In the first part of the story, Jesus performed a miracle. Like many of his miracles, this is one of abundance. After a night without catching anything, the disciples suddenly had a net full of fish, a net that bulged but didn't break.

One of the disciples suddenly realized the figure on the shore was Jesus. Was there finally enough light to recognize Jesus? Had the voice sounded familiar? Had the miracle of abundance struck a chord? We don't know.

The disciples made their way to shore: six in the boat and Peter, as impetuous as ever, swimming to where Jesus stood.

In the second part of the story, Jesus was the host of a meal. As he had done many times before, he joined in fellowship with his disciples over a simple meal of bread and fish.

Jesus had work for the disciples to do, but first he provided them with sustenance.

CHECK YOUR FACTS

- This story is one of Jesus' post-Resurrection appearances.
- The story takes place in Galilee.
- The Sea of Galilee, also called Lake Kinneret and the Sea of Tiberias covers an area of 64 square miles; its maximum length (north to south) is about 15 miles and its maximum width is 10 miles. At its deepest, the water is about 144 feet deep.
- The earlier post-Resurrection appearances that John related had taken place in Jerusalem.
- In this story we see an example of Peter's leadership.
- Peter was a fisherman when Jesus originally called him to be a disciple.
- In this story Jesus again called Peter away from fishing to continue his ministry.
- The disciples went fishing, but were unable to catch anything.
- The disciples, as was the custom at the time, used a large net to catch fish.
- Casting nets were large circular nets with weights on the edge. They were used in shallow waters and would enclose the fish as they sank.
- Dragnets were larger nets used in deep waters. They had weights on one side and floats on the other. The weighted side would drop forming a net "wall" in the water, catching the fish in its path.
- Trammel nets were actually three nets in one. Two large nets made with larger holes were used as walls and were about five feet high. Another net with smaller holes was placed between the large nets. The boat would pull the nets around to make a circle. The fish would be trapped within the nets.
- The nets were handmade, usually out of linen thread. They had to be mended, washed, dried, and folded after fishing.
- Jesus was the source of life-giving nourishment for the disciples.

ABOUT THE CHILDREN

Younger Children

Children will enjoy the story of Jesus inviting his friends to a picnic breakfast on the beach. Help them understand that Jesus asked Peter to continue his ministry by caring for others. Jesus also asks us to continue his ministry in the same way.

Older Children

These children will also enjoy the story of the early-morning picnic on the beach. Encourage them to think of ways they are asked, as Peter was, to continue the ministry of Jesus.

Children may wonder how Jesus appeared on the beach that day. Explain that the focus of the story is not about how Jesus appeared but why he appeared to the disciples. Jesus was alive and showing up in unexpected places, and the people were not recognizing him when he appeared. It was only after an event occurred that strengthened the disciples' faith that they could see Jesus for who he was. Encourage the children to think about times in their lives when something good or unexpected happened that gave them a sense of peace. Can they see Jesus in those situations?

SHEPHERD TIPS

- * Pray each week for the children under your care.
- * Model the behavior you want from the children.
- * Assist the station leader as needed.
- * Make sure the children use tools and equipment in a safe manner.
- * Talk to the church school superintendent or coordinator if you have any questions or concerns about the children in your care.
- * If you do not have a Gathering Time, consider using the Gathering Time devotionals as an opening with your groups in the stations.

Greet the Children

Help with nametags.

Thank the children for remembering to bring their offerings. Have the children place their offerings in the offering basket.

Take attendance. Note any children who are absent. Make plans to send absent children a note or card. Record names, addresses, and phone numbers of any children who are attending for the first time, and plan to call them or to send a welcoming card.

Read the **Talk Tips** in each of the station plans and support the station leader in helping the children explore the ideas of the unit.

STAFF MEETING

Prepare

Set up a small worship center. Include such items as a fish net and a bowl of fish-shaped crackers. Prepare nametags in the shape of a fish. If the staff has not already received them, make copies of the unit focus and objectives, Bible Background, Check Your Facts, and About the Children, pages 3–6, as well as a copy of the station in which they will work.

Read John 21:1-15. Discuss the passage.

Ask: The disciples gathered on a shore in Galilee. What do you think motivated them to go there?
 The disciples went fishing. For what are you fishing? Where do you fish? What do you use for a net?
 Think about a long night in which you caught nothing. Who calls you to fish in a different spot?
 Jesus came to the disciples on the shore. When and where does Jesus come to you?
 The disciples loved Jesus and grieved his death. For whom do you grieve? Whom do you love? How do you show your love for Jesus?
 Jesus fed his friends. How does he feed us?

Tell the group about the Story Bags, and how they will be made and used. Have each person make her or his own Story Bag.

Go over the unit focus, objectives, and Bible background. Answer questions and deal with concerns.

Prepare for Story Bags

Some ancient peoples, including Native Americans, made amulet bags. These small bags, often made of leather and worn next to the skin, contained objects of special meaning to the persons who wore them.

During the first week, children will make bags called Story Bags that are similar to amulet bags. Each week they will place in the bag an object related to the breakfast on the beach story. Decide how to label the bags and collect each week. They will go home at the end of the unit.

Advance preparation will simplify the construction of the bags.

1. With a rotary cutter, mat, and straight edge, cut fabric into pieces 10 inches by 3 inches. You will need a piece for every child.
2. Cut a piece of string 36 inches long for every child.

Resources

Bible
pages 3–6

Supplies

fish net
bowl
fish-shaped crackers
nametags
supplies to make
Story Bags (see
below)

Supplies

rotary cutter
mat
brown cotton
fabric glue
white cotton string

MISSION PROJECT

In today's story Jesus said to Peter, "Feed my lambs." Research programs for feeding people in your community. Decide on a hands-on way for children to participate in such a program.

For example, you may choose to have a food drive. You could collect food each week during Gathering and make arrangements for a group to pack and deliver it during Reflection Week.

Or there may be a homeless shelter that would welcome sandwiches for its clients. Sandwiches could be made assembly-line style during Reflection Week.

Whatever project you choose, emphasize to the children that participating in such an activity is a way to care for others, following Jesus' directions to Peter.

REFLECTION WEEK

Whichever mission option you choose, include a time for the children to take out the objects in their Story Bags and use those objects to tell the unit story.

1. Have the children participate in whatever mission project you have selected. If you will be going offsite, be sure to have permission slips and check your church's insurance policy.
2. Sponsor an event for the children's families, or for the congregation. Have each group of children prepare breakfast for their guests, using suggestions from the Cooking Station. As the group eats, have the children share the unit Bible story.
3. Organize a beach party! Weather permitting, get out the volleyball net, beach balls, and also play games from the Game Station. Sing some of the songs from the Music Station and tell the story of the breakfast on the beach.

Plan for the children to form groups as they arrive. Ask the shepherds for each group to sit in the same area of the gathering place each week. If you choose, each group may have a different color flag, sign, or carpet square for identification.

Ask the shepherds to visit with the children as they arrive, welcoming them and reminding them to stay with the group.

STATIONS AT A GLANCE

Stations	Focus	Preferences	Activities
<p>Art Children will learn the Bible story through art experiences.</p>	<p>Station Focus: After the Resurrection, the disciples recognized Jesus in familiar places and in familiar activities. We too can experience the hope and love of Jesus in everyday activities such as walking, talking, and eating.</p>	<p>Learning preference: visual personal logical</p>	<p>Spyglass Pictures More Spyglasses! Watercolor Mural Seaside Mobile Fish Candles Sand Painting</p>
<p>Computer Children will learn the Bible story through computer experiences.</p>	<p>Station Focus: After the Resurrection, the disciples recognized Jesus in familiar places and in familiar activities. We too can experience the hope and love of Jesus in everyday activities such as walking, talking, and eating.</p>	<p>Learning preference: logical independent visual verbal</p>	<p>Messiah Fish Net Full of Words Art Critic First-Century Boat Walking in Their Sandals iLumina</p>
<p>Cooking Children will learn the Bible story through experiences with food preparation.</p>	<p>Station Focus: After the Resurrection, the disciples recognized Jesus in familiar places and in familiar activities. We too can experience the hope and love of Jesus in everyday activities such as walking, talking, and eating.</p>	<p>Learning preference: logical social verbal physical</p>	<p>Egg in an Orange Eggs on a Stick Jesus Bread Fruit Plate Fish for Breakfast? Fish for Breakfast: The Real Thing Breakfast Pockets Flapjacks</p>
<p>Game Children will play a series of learning games.</p>	<p>Station Focus: After the Resurrection, the disciples recognized Jesus in familiar places and in familiar activities. We too can experience the hope and love of Jesus in everyday activities such as walking, talking, and eating.</p>	<p>Learning preference: physical visual social verbal logical</p>	<p>Do You Hear What I Hear? Fish Windsocks or Kites Freeze/Swim The Big Catch</p> <p>Go, Fish, Go! Hidden in Plain Sight Knot So Easy You Caught What?</p>
<p>Music Children will learn the Bible story through musical experiences.</p>	<p>Station Focus: After the Resurrection, the disciples recognized Jesus in familiar places and in familiar activities. We too can experience the hope and love of Jesus in everyday activities such as walking, talking, and eating.</p>	<p>Learning preference: musical physical social independent logical</p>	<p>Déjà Vu Beach Party Hallelujah New Beginnings Moody Moves He Is Risen!</p>
<p>Science Children will learn the Bible story through science experiences.</p>	<p>Station Focus: After the Resurrection, the disciples recognized Jesus in familiar places and in familiar activities. We too can experience the hope and love of Jesus in everyday activities such as walking, talking, and eating.</p>	<p>Learning preference: logical physical verbal visual social</p>	<p>Growing Brine Shrimp Who Is That Man? Periscopes Fish for People Fish Windsocks or Kites Making a Seine Let's Go Fishing!</p>
<p>Storytelling Children will retell the Bible story.</p>	<p>Station Focus: After the Resurrection, the disciples recognized Jesus in familiar places and in familiar activities. We too can experience the hope and love of Jesus in everyday activities such as walking, talking, and eating.</p>	<p>Learning preference: verbal visual social</p>	<p>The Memory Box A Catch of Everyday Reminders If Fish Could Talk</p> <p>Breaking News Superior Pet Headline Hunt Fish Boat Puppets</p>
<p>Video Children will hear and see the Bible story.</p>	<p>Station Focus: After the Resurrection, the disciples recognized Jesus in familiar places and in familiar activities. We too can experience the hope and love of Jesus in everyday activities such as walking, talking, and eating.</p>	<p>Learning preference: visual verbal social independent</p>	<p>He Is Risen Mother Teresa Fishing Stories Breaking News! Breakfast Conversation Select Your Own Video</p>

Resources	Plan-Ahead Supplies			
<p>Bibles prints of "The Herring Net" and "Crowning of the Virgin" <i>Winslow Homer: Artist and Angler</i>, by Patricia Junker <i>The Sporting Art of Frank W. Benson</i>, by Faith Andrews Bedford optional: print of a Calder mobile</p>	<ul style="list-style-type: none"> <input type="checkbox"/> binoculars <input type="checkbox"/> construction paper <input type="checkbox"/> scissors & glue <input type="checkbox"/> chalk or colored pencils <input type="checkbox"/> drawing & scratch paper <input type="checkbox"/> pencils & rulers <input type="checkbox"/> tempera paints <input type="checkbox"/> paint shirts and pans <input type="checkbox"/> round objects 	<ul style="list-style-type: none"> <input type="checkbox"/> gold metallic markers <input type="checkbox"/> paper tubes <input type="checkbox"/> colored duct tape <input type="checkbox"/> craft sticks <input type="checkbox"/> cellophane, masking tape <input type="checkbox"/> utility knife <input type="checkbox"/> plastic wrap <input type="checkbox"/> clay <input type="checkbox"/> watercolor paper & paint 	<ul style="list-style-type: none"> <input type="checkbox"/> paintbrushes <input type="checkbox"/> posterboard <input type="checkbox"/> utility knife <input type="checkbox"/> compass <input type="checkbox"/> needle and thread <input type="checkbox"/> plastic template material <input type="checkbox"/> wax beads <input type="checkbox"/> small fish-shaped glass containers 	<ul style="list-style-type: none"> <input type="checkbox"/> candle wicking <input type="checkbox"/> plastic spoons <input type="checkbox"/> metal washers <input type="checkbox"/> newspapers <input type="checkbox"/> self-sealing plastic bags <input type="checkbox"/> clean, sifted sand <input type="checkbox"/> optional: small birthday candles, one or more telescopes
<p>Bibles, including <i>The Message Kid Pix Deluxe 4</i> or similar software CD with music of waves washing up on shoreline computer with Internet access word-processing software <i>Walking in Their Sandals 2.0</i> CD-ROM <i>iLumina Bible Software</i> or <i>iLumina Gold Premium</i> CD-ROM</p>	<ul style="list-style-type: none"> <input type="checkbox"/> 2 sheets of newsprint <input type="checkbox"/> marker <input type="checkbox"/> paper <input type="checkbox"/> chalkboard and chalk, or newsprint and marker <input type="checkbox"/> optional: Sea of Galilee screensaver 			
<p>Bibles, including <i>The Message</i></p>	<ul style="list-style-type: none"> <input type="checkbox"/> ingredients (see station) <input type="checkbox"/> kindling and wood, OR grill, charcoal, and lighter fluid <input type="checkbox"/> matches <input type="checkbox"/> picnic table or card table <input type="checkbox"/> paper plates and napkins <input type="checkbox"/> bag for trash 	<ul style="list-style-type: none"> <input type="checkbox"/> plastic cutlery <input type="checkbox"/> fishing gear <input type="checkbox"/> heavy-duty aluminum foil <input type="checkbox"/> paring knife <input type="checkbox"/> permanent marker <input type="checkbox"/> tongs <input type="checkbox"/> pocket knife <input type="checkbox"/> sticks, one per child 	<ul style="list-style-type: none"> <input type="checkbox"/> bowls <input type="checkbox"/> spoons <input type="checkbox"/> gingerbread-boy cutters <input type="checkbox"/> griddle or frying pan <input type="checkbox"/> spatula or pancake turner <input type="checkbox"/> cutting board <input type="checkbox"/> paper towels <input type="checkbox"/> pastry brush 	<ul style="list-style-type: none"> <input type="checkbox"/> campfire oven <input type="checkbox"/> rolling pin <input type="checkbox"/> pastry cloth <input type="checkbox"/> cookie sheet <input type="checkbox"/> measuring cups and spoons <input type="checkbox"/> wooden spoon
<p>computer with Internet access Bibles <i>The Family Story Bible</i>, by Ralph Milton</p>	<ul style="list-style-type: none"> <input type="checkbox"/> banner paper & newspaper <input type="checkbox"/> wading pool <input type="checkbox"/> puppet theater or cardboard box <input type="checkbox"/> sunglasses and sunscreen <input type="checkbox"/> beach umbrella and towels <input type="checkbox"/> cassette recorder and blank tape 	<ul style="list-style-type: none"> <input type="checkbox"/> cardstock <input type="checkbox"/> taffeta or ripstop nylon <input type="checkbox"/> fabric glue <input type="checkbox"/> plastic glue-on eyes <input type="checkbox"/> galvanized steel wire <input type="checkbox"/> wire cutters <input type="checkbox"/> awl or large nail <input type="checkbox"/> kite string 	<ul style="list-style-type: none"> <input type="checkbox"/> cup hooks, pliers, kite string, swivel hooks, or dowel rods <input type="checkbox"/> large sheets of paper <input type="checkbox"/> optional: chalk, Bibles, concordances, fishing wire <input type="checkbox"/> scissors and masking tape <input type="checkbox"/> large, shallow pans <input type="checkbox"/> plastic fish 	<ul style="list-style-type: none"> <input type="checkbox"/> goldfish-shaped crackers <input type="checkbox"/> small picture of Jesus <input type="checkbox"/> self-sealing plastic bag <input type="checkbox"/> stopwatch <input type="checkbox"/> two fish nets & jump ropes <input type="checkbox"/> six pairs of small objects <input type="checkbox"/> colored pencils <input type="checkbox"/> index cards
<p>Breakfast on the Beach CD Breakfast on the Beach sheet music Breakfast on the Beach lyric sheets Bibles optional: recording of "Hallelujah Chorus" from Handel's <i>Messiah</i></p>	<ul style="list-style-type: none"> <input type="checkbox"/> CD player <input type="checkbox"/> cardboard <input type="checkbox"/> scissors <input type="checkbox"/> beach ball <input type="checkbox"/> broom stick <input type="checkbox"/> assorted colors of paper 			
<p>Bibles three copies of <i>The DK Illustrated Family Bible</i> <i>Daily Life at the Time of Jesus</i>, by Miriam Feinberg Vamosh optional: children's books on fishing</p>	<ul style="list-style-type: none"> <input type="checkbox"/> fishing gear, including life jackets <input type="checkbox"/> aquarium <input type="checkbox"/> brine shrimp eggs <input type="checkbox"/> dechlorination solution <input type="checkbox"/> clear 2-quart container <input type="checkbox"/> teaspoon and stirring spoon <input type="checkbox"/> medicine dropper 	<ul style="list-style-type: none"> <input type="checkbox"/> microscopes or magnifying glasses <input type="checkbox"/> paper, pencils, and scissors <input type="checkbox"/> permanent marker <input type="checkbox"/> noniodized salt <input type="checkbox"/> lamps with shades removed <input type="checkbox"/> real lemon juice 	<ul style="list-style-type: none"> <input type="checkbox"/> toothpick <input type="checkbox"/> small pocket mirrors <input type="checkbox"/> utility knife <input type="checkbox"/> rulers <input type="checkbox"/> masking tape <input type="checkbox"/> 1-quart milk cartons <input type="checkbox"/> jute or heavy string <input type="checkbox"/> measuring string <input type="checkbox"/> wood lath 	<ul style="list-style-type: none"> <input type="checkbox"/> cheesecloth <input type="checkbox"/> staple gun <input type="checkbox"/> children's wading pool <input type="checkbox"/> small plastic fish <input type="checkbox"/> tarp <input type="checkbox"/> towels <input type="checkbox"/> optional: fishing weights
<p>Bibles <i>If Nathan Were Here</i>, by Mary Bahr <i>The Rainbow People</i>, by Laurence Yep</p>	<ul style="list-style-type: none"> <input type="checkbox"/> logs <input type="checkbox"/> red, yellow, & orange tissue paper <input type="checkbox"/> low-wattage flashlight <input type="checkbox"/> pillows <input type="checkbox"/> shoeboxes 	<ul style="list-style-type: none"> <input type="checkbox"/> wrapping paper <input type="checkbox"/> baseball hat <input type="checkbox"/> markerboard and marker <input type="checkbox"/> fish net <input type="checkbox"/> plastic template material <input type="checkbox"/> scissors & pencils 	<ul style="list-style-type: none"> <input type="checkbox"/> crayons & colored pencils <input type="checkbox"/> glue sticks & transparent tape <input type="checkbox"/> newspapers & magazines <input type="checkbox"/> construction & plain paper <input type="checkbox"/> large sheet of paper 	<ul style="list-style-type: none"> <input type="checkbox"/> craft sticks <input type="checkbox"/> utility knife <input type="checkbox"/> duct tape <input type="checkbox"/> pretend campfire <input type="checkbox"/> optional: fish net and symbols of good luck
<p>Bible <i>He Is Risen</i> DVD <i>Mother Teresa: Seeing the Face of Jesus</i> DVD <i>The Miracles of Jesus</i> DVD</p>	<ul style="list-style-type: none"> <input type="checkbox"/> DVD player <input type="checkbox"/> television or computer <input type="checkbox"/> popcorn <input type="checkbox"/> cups and napkins <input type="checkbox"/> markerboard with markers <input type="checkbox"/> world map <input type="checkbox"/> map tacks 			

RESOURCES

These resources
may be ordered through
Cokesbury (800-672-1789)
and other Christian bookstores
or online through
www.cokesbury.com
(unless noted otherwise).

Art Resources

- ☐ 9780500093078 **Winslow Homer: Artist and Angler**, by Patricia Junker and others. \$45.00 (hardcover).
- ☐ 9781567921113 **The Sporting Art of Frank W. Benson**, by Faith Andrews Bedford. \$65.00.

Computer Resources

- ☐ 9780970206008 **Walking in Their Sandals 2.0** CD-ROM. \$32.00.
- ☐ 705381321798 **Kid Pix Deluxe 4** CD-ROM. \$25.00.
- ☐ 9781414339320 **iLumina Bible Software**, Tyndale House, \$19.99, or **iLumina Gold Premium**.

Game Resources

- ☐ 9780664221089 **The Family Story Bible**, by Ralph Milton. \$24.95.

Music Resources

- ☐ **Breakfast on the Beach** music. (Compact disc, 9780687039326, \$10.50.)
- ☐ **Breakfast on the Beach** sheet music.
- ☐ **Breakfast on the Beach** lyric sheets.

Science Resources

- ☐ 9780687048915 **Daily Life at the Time of Jesus**, by Miriam Feinberg Vamosh. \$20.00.
- ☐ 9780789415035 **The DK Illustrated Family Bible**. \$29.99.

Storytelling Resources

- ☐ 9780064404419 **The Rainbow People**, by Laurence Yep. Paperback \$8.99. (This resource is also available on cassette, on CD, and in digital form at www.recordedbooks.com. Or check your local public library.)
- ☐ 9780802851871 **If Nathan Were Here**, by Mary Bahr. \$16.00 (hardcover); 9780802852359, \$8.00 (paperback).

Video Resources

- ☐ **He Is Risen**, available in **The Animated Passion Trilogy** DVD set (\$29.95) or separately with a resource book (\$43.90). Available at www.nestfamily.com.
- ☐ 0727985009179 **Mother Teresa: Seeing the Face of Jesus** DVD. \$14.99.
- ☐ 014764291925 **The Miracles of Jesus** from **The Greatest Adventure: Stories From the Bible**. DVD \$9.97.

Resources are constantly changing and going out of print. Websites are also constantly changing. Although all websites we suggest were checked at the time this unit was developed, we urge you to check each site to verify that it is still live and that it is still appropriate for children before using it in an activity.

Go to **www.powerxpress.com** for any updated information and alternative activities.