



November 1, 2021

Dear Friends,

*We give thanks to God for you, for your mission work, for your church, your prayers and gifts to Give Ye Them to Eat. To see ways to give please go to [Gytte.org](http://Gytte.org).*

*We are always happy to share some of the ways we have been in ministry this year in the state of Puebla with rural families.*

★ *11 women graduated as Health Promotors in September and a total of 19 women finished the advanced course.*



★ *80 women in 7 different classes participated in a workshop on Gender Formation and also received their First Aid yearly supplies.*

★ *80 women by zoom shared about their lives and what it means to be a Health Promotor.*

★ *This year, through the end of October, the Health Promoters have given classes to 2,158 people. They have offered first aid, injections, blood pressure checks and diabetes monitoring to 6,297 people, serving more than 8,400 neighbors.*





✧ *Ten families/communities were trained in and received an appropriate technology rope pump. After Hurricane Grace, we helped install 2 to provide good water to an entire village.*



✧ *We worked with a collective of 32 very small-scale farmers to teach them how to build a straw/mud-based home and an ecological toilet. This lasted about a week.*

✧ *We have done many workshops on the ecological toilet, the wood-saving stove, solar cooker, how to make recycled paper, how to dry fruit and vegetables, as well as all-day workshops where people learn a little bit about all we do.*



And there were shepherds living in the fields nearby keeping watch over their flocks at night. An angel appeared and the glory of God shone around them. "Do not be afraid. I bring you good news of great joy. Today in the town of David a Savior has been born — he is the Messiah...You will find a baby wrapped in clothes and lying in a manger."

*Feliz  
Navidad*

*May we all be part of bringing good news of an abundant life to others.*

*In God's amazing love,*

*Nan, Miguel, Cata, Clara, Lore, Estela, Liborio, Panchita, Betzy, Ray, Marce, Sal, Eduardo, Carlos, Veronica & Ivonne*

