

# Jolt 2026 Info Sheet

When: Friday, October 23<sup>rd</sup> – Sunday, October 25<sup>th</sup>

Leaving- We will be meeting at the church on Friday at 5:30 (leaving by 6)

Returning- We will be returning to the church on Sunday at Noon

Where: Laurelville Retreat Center, 941 Laurelville Lane, Mt Pleasant, PA

What to bring:

- Shower items & a towel (flip flops for showers)
- Pillow, sleeping bag & sheet to cover the mattress if you wish to do so  
(or just pillow, sheets & blanket)
- Bible (or an app on your phone with a downloaded offline version of the Bible),
- Pen & pad for notes
- Pocket money for café, vending machines and misc. stuff (\$10-15 should be fine) There should be retreat t-shirts for sale which usually are around \$15 ea.
- Gym clothes that you can run around in and sneakers, boots for mud and outdoors
- The balance of your retreat total if you haven't done so already (\$110 minus deposit- check or cash)
- An appropriate amount of clothes for a weekend retreat. Remember even if the days are unseasonably warm the nights can be quite chilly.
- Mud Gear for the mud pit (see details below)
- \$3 cash for a Tyvek suit if you are going into the mud pit!

The good thing about this retreat is that we will be in nearby Mt Pleasant. We are 3 minutes from a Walmart and 20 minutes from home so if anything that is really important is forgotten we can handle it pretty easily.

**The Mud Pit and Mud Gear:** There will be an opportunity to go into a mud pit on Saturday as part of the activities. Some years we have had every student do it and some years most have skipped it. Our participation will largely depend on weather (it will most likely be cold but it's a matter of how cold) and overall student interest (we are usually looking for more than just one or two students to do it since it takes some time to clean up). Students should bring a set of clothes that can get absolutely filthy (although the suit helps out a lot with this) and as well as an extra towel and a garbage bag to store the clothes to be taken home. The big thing is shoes, they will be cakes with mud from the mud pit. As mentioned above, this year Tyvek suits (think big white coveralls) will be available for purchase for \$3ea. for those who plan on going in the mud pit.

When trying to imagine what it will be like think running around in a field with a foot and a half of mud. There will be a station where the students can hose off but the clothes and shoes will be soaked and unusable for the remainder of the trip.

**Feel free to contact Rigel with any questions: (724) 575-2862 gacyouth@gmail.com**