

Hey there! Pastor Gerber here again. Welcome back.

Today, we are continuing with our study of the Lord's Prayer. Let's pray that together again, right now.

Our Father...

Today we are looking at the fourth petition of the Lord's Prayer: Give us this day our daily bread.

When we pray 'give us this day our daily bread' we are reminded of the Israelites wandering in the desert throughout Exodus and, specifically, in Exodus 16. In that chapter, we see Moses providing manna for the Israelites to eat. Now, we don't know exactly what manna is. Actually manna literally means 'what is it?' But we know that it is a white flaky substance that was then made into cakes of bread. Have you ever eaten boxed mashed potatoes? The flakes that are used to make boxed mashed potatoes are what I think of when I think of manna. But, it could have looked completely different.

But, in this petition, we aren't just asking God to give us bread. We are asking God to give us everything that we need to support our body.

We see in Deuteronomy 8 we see that God provided the Israelites with food and clothing throughout their wandering in the wilderness. Similarly, in this petition, we pray for tangible things to be provided.

But this petition isn't simply a demand for God to give us more stuff. Praying for daily bread also includes our attitude towards God.

We are called to have a thankful attitude as Psalm 100:4-5 reminds us to "enter his gates with thanksgiving, and his courts with praise! Give thanks to him; bless his name! For the Lord is good; his steadfast love endures forever, and his faithfulness to all generations."

We are also called to remember God for all the ways that He has provided already.

Take a moment to look up Deuteronomy 8:10-14 and Exodus 16:32 to see how God has provided for His people. Press pause now.

Also, we are called to be dependent on God for everything. Matthew 6 says this: "Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add a single hour to his span of life?"

God is in control. We can be dependent upon Him.

Finally, we are called to live with content hearts that fuel our perspectives. Take a minute to read Philippians 4:10-13. Press pause now.

Just as we need physical bread to support our bodies, we also need Spiritual bread for our own soul. Deuteronomy 8:3 and Matthew 4:4 says that Man does not live on bread alone but on every word that comes from the mouth of the Lord.

And in John 6:35 – Jesus said, I am the bread of LIFE. He who comes to me will never go hungry and he who believes in me will never be thirsty.

The main point of our session today is that Daily Bread is asking, trusting, and depending on God for all our physical needs and living with an attitude of thanksgiving, dependence, and contentment.

Well, that's all for today. As always, let me know if you have any questions. See you next time!