



MOPS AT
LEBANON
CHRISTIAN
CHURCH



What is MOPS?

At MOPS, we are on a mission to celebrate motherhood.

We build circles of women who love each other like family, because raising humans is beautiful and hard, and having each other to lean on is life-giving. That's why we connect moms all over the world to a community of women, in their own cities, who meet together to laugh, cry, and embrace the journey of being a mom.

This is motherhood, and together we can change the world in all the best ways.

Who Can Join?

MOPS is for moms of young kids, birth through kindergarten.

What Can I Expect?

Brunch

Speakers

Connections with New Friends

Crafts—fun & easy projects for even the least crafty moms

What About My Kids?

Loving childcare is provided for all ages!



Meeting Dates

| | |
|----------|----------------------------------|
| Sept. 5 | Welcome! Car Seat Safety |
| Sept. 19 | Support other Moms |
| Oct. 3 | Organization Tips and Tricks |
| Oct. 17 | First Aid & CPR (tentative) |
| Nov. 7 | Anxiety and Mental Health |
| Nov. 21 | T-Shirt Bag Craft and Tech |
| | Wise Family |
| Dec. 5 | Compassion and Serving with Kids |
| Dec. 19 | Relax & Chat/Mug Craft |
| Jan. 9 | Financial Tips |
| Jan. 23 | Fire Safety |
| Feb. 6 | Spa Day |
| Feb. 20 | Canvas Painting |
| March 6 | Raising Boys & Strong Girls |
| March 20 | Healthy Meals & Snacks |
| April 3 | Family Zumba |
| April 17 | Police Safety Day |
| May 1 | Gardening with Amy Bigler |
| May 15 | Let's Talk Marriage |

Contact us at:

mops@lebanonchristian.org

Facebook: Lebanon Indiana MOPS Group

Please RSVP for meetings at:

lebanonchristian.org/connect/mops

Meetings: Wednesdays, 9:30-11am



This year we will...

Live Expectantly

Think about what could go right.

Surrender Daringly

Remember to let things go.

Breathe Deeply

Let yourself be loved.