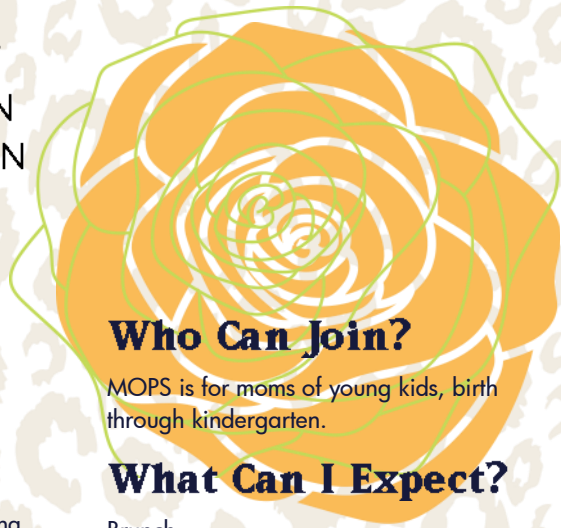




MOPS AT LEBANON CHRISTIAN CHURCH



What is MOPS?

At MOPS, we are on a mission to celebrate motherhood.

We build circles of women who love each other like family, because raising humans is beautiful and hard, and having each other to lean on is life-giving. That's why we connect moms all over the world to a community of women, in their own cities, who meet together to laugh, cry, and embrace the journey of being a mom.

This is motherhood, and together we can change the world in all the best ways.

Who Can Join?

MOPS is for moms of young kids, birth through kindergarten.

What Can I Expect?

Brunch
Speakers
Connections with New Friends
Crafts—fun & easy projects for even the least crafty moms

What About My Kids?

Loving childcare is provided for all ages!

Contact us at:

mops@lebanonchristian.org

Facebook: Lebanon Indiana MOPS Group

Please RSVP for meetings at:
lebanonchristian.org/connect/mops

**Meetings: Wednesdays,
9:30-11am**



Meeting Dates

- | | |
|---------|-----------------------------------|
| Sept 2 | Welcome/Encouragement Box |
| Sept 16 | Finding Balance in Motherhood |
| Oct 7 | Kids' Mental Health |
| Oct 21 | Speed-Friending |
| Nov 4 | Advent with Kids |
| Nov 18 | Post-Partum Discussion |
| Dec 2 | Wreath-Making |
| Dec 16 | Mini Cooking Class |
| Jan 6 | Addressing the Root of Addiction |
| Jan 20 | Busy Bag Craft |
| Feb 3 | Men's Marriage Panel |
| Feb 17 | Craft/Video (TBD) |
| Mar 10 | Service Project |
| Mar 24 | Canvas Painting |
| Apr 7 | Flower Arranging |
| Apr 21 | Kids' Fitness |
| May 5 | First Aid Kits/EMS |
| May 19 | Mirror Mirror/End-of-Year Wrap-Up |