



Opening Questions

- Were you able to have any intentional conversations this week with your children?
- How did it go?
- What is the most difficult thing about pursuing your children?

Two Matrixes of Parenting:

1. **Warmth** - affectionate, supportive & responsive vs detached, distant and inaccessible
2. **Expectations** - clear, high standards, and monitoring vs lenient, passive, indulgent and non-directive.

Parenting Types on the Two Matrixes:

1. **High Warmth and High Expectations:** Authoritative combines warmth, closeness, support with clear expectations, directional, explanation
2. **Low Warmth, High Expectations:** Demanding "Do as I say" or "because I said so" type of discipline
3. **High Warmth, Low Expectations:** Permissive - "let's just be friends" "you're the boss"
4. **Low on Both:** Neglectful less engaged "rejecting" lack of interest and increased distance. "Whatever is fine" "You're on your own"



Time Management

	Urgent	Not Urgent
Important	I Activities: Crises, Pressing Problems, Deadline-Driven Projects	II Activities: PC Activities, Relationship Building, Planning, Recreation
Not Important	III Activities: Interruptions, Some Calls, Some Emails, Some Reports, Some meeting	IV Activities: Busy Work, Some Calls, Some Emails, Time Wasters

Two Matrixes of Parenting

	High Warmth	Low Warmth
High Expectations	I <u>Authoritative</u> Combines warmth, closeness, support with clear expectations.	II <u>Demanding</u> “Do as I say” or “Because I said so” type of discipline.
Low Expectations	III <u>Permissive</u> “Let’s just be friends.” “You’re the boss.”	IV <u>Neglectful</u> Less engaged “rejecting” lack of interest and increased distance. “Whatever is fine”, “You’re on your own.”

Group Questions:

- Where have you seen modeled...
 - I - Authoritative Parenting
 - II - Demanding Parenting
 - III - Permissive Parenting
 - IV - Neglectful Parenting

Questions Diagnosing Warmth:

- How much do you tell your child you love them?
- How do you show them?
- How close are you; or how well do you know your child?
- How much do you hug?
- Do you know their love language? Are you filling that tank?
- How often do you tell them no, regarding doing something they want to do with you?

Questions Diagnosing Expectations:

- How much do you monitor your child's content?
- How much do you monitor your child's friends?
- How much do you monitor your child's activities?
- Are you clear in what you ask them to do?
- Are you consistent in following up and following through?

Biblical Examples of Warmth and Expectation:

John 4 - Samaritan woman at the well

John 21 - You, follow Me...

Luke 9:23 - Take up your cross and follow me...

Matthew 28:18-20 Make Disciples/Never Leaves us

Matthew 20:16 - The first shall be last Philippians 2

Psalms 23

The Lord is my shepherd; I shall not want. ²He makes me lie down in green pastures. He leads me beside still waters. ³He restores my soul. He leads me in paths of righteousness for his name's sake. ⁴Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.⁵ You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows. ⁶Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord forever.

