

***The love of God has been poured out in our hearts by the Holy Spirit. Romans 5:5***

Don't you just love the taste of fresh, homegrown tomatoes in sandwiches, fried green, soups and stews?

This hearty plant does best when its roots grow deep into the soil so it can tap moisture during the dry, hot days of summer. When we water our plants in a normal fashion, the roots tend to grow near the top of the ground, rather than at a deeper, healthier depth.

To solve the "shallow root" problem, try a rather unconventional method to water tomatoes. Here's what to do: First, thoroughly clean an empty 2-liter plastic bottle or milk jug. Poke several holes in the sides and bottom of the bottle and bury it (up to the neck of the bottle) beside the tomato plant. Each day, when you water your garden, fill the buried container with water. Droplets slowly seep through the holes all day long, keeping the roots deeply hydrated. The constant, steady watering seems to produce a much heartier tomato plant.

Constant, steady watering....hmm, maybe there's a lesson we all can learn. Could there be a way for the Holy Spirit to constantly water us all through our day? Consider:

- Reading your Bible during breakfast, lunch, or dinner
- Listen to Christian stations programmed into your car's radio
- Glancing at an inspirational calendar or notes on your desk at work or home
- Carry a pocket-sized Bible in your car or purse and read it when you can
- Place "sticky notes" on your computer and elsewhere as a reminder to invite the Holy Spirit's help and peace
- Listen to Christian music CD's or downloads as you commute and/or exercise
- Mediate daily on the text of a Bible or devotional book (such as "Upper Room" and "Today").

There may be other "watering methods" you think of to keep a continual, steady stream of God's Word working in your life through the Holy Spirit. Ask the Lord for help!

Author Unknown