

# Tuesday Devotional

July 13th, 2021

*25 “Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? 26 Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? 27 And which of you by being anxious can add a single hour to his span of life? 28 And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, 29 yet I tell you, even Solomon in all his glory was not arrayed like one of these.”*

- Matthew 6:25–29

Have you ever been anxious before? Do you begin to worry about what is coming in the future days? Do you have fears that overwhelm and control you? If your answer to any of these is yes, then this passage above is for you today. Jesus turns in His Sermon on the Mount and preaches to the very real problem that all mankind is susceptible to facing in their life. Jesus speaks now on when mankind faces anxiety, worry, and fear. I want to draw out just a few things to help us understand what Jesus is saying in this passage:

First, we see in verse 25 that God is sovereignly in control of our lives. Jesus shows this by asking questions that are rhetorical trying to draw our attention to God as creator of our lives. If God is the creator of the universe and our lives, then he is sovereign over them as well. We no longer need to worry or be anxious.

Second, we see in verse 26-27 Jesus draws our attention to another aspect of His creation. He draws our attention to the birds of the air and how they live day by day waiting and resting upon the Lord for food and provision. We can take a lesson from the birds, trusting in the Lord day by day, for we do not have control over tomorrow anyways. If the Lord takes care of the birds, He will definitely take care of those created after His own image. This should comfort and encourage us to not be anxious but to trust in the Lord.

Third, in verse 28 Jesus again draws on another dependent part of creation, reminding us of the lilies of the field. The lilies literally cannot gather or help themselves. Yet, the Lord provides for them and causes them to grow, flourish, and show beautiful colors. Why then should we doubt, the Lord will provide for us if He has provided for the lilies of the field. Therefore, do not be anxious.

Where are you being anxious? What is triggering and causing your anxiety? This passage can be a great comfort and great reminder of the truths and realities of God. Anxiety allows our minds to dwell on things that have not happened yet. This passage is reminding us that the truth of God is greater than our mind. The truth is that God is and always will take care of you. God knows our future, God cares for us, and God loves us. Preach this passage to your soul today, and trust that the Lord is real, and the Lord is always good.

For further study: Philippians 4:6-7; 1 Peter 5:7