



# ALL YOU CAN EAT FUNDRAISER

**Thursday, March 21  
5 to 9 p.m.**

**bd's Mongolian Grill**  
South Side Works, 428 S 27<sup>th</sup> Street, Pittsburgh

**Tickets: \$30**

**Includes: Unlimited Bowls of Stir Fry, Salad and  
Homemade Soup Bar, Soft Drink,**

**For Tickets:**

**Cindy, 412.956.1658**

**Dolly, 412.657.5846**



**Proceeds benefit:**

**YL younglife**

**YoungLives**

Mentoring & Supporting Teen Moms

YoungLives offers hope for a bright future  
for young mothers and their babies through  
mentoring and support.

[www.younglivespittsburgh.younglife.org](http://www.younglivespittsburgh.younglife.org)

United Way Donation # 9187024



## *Growing Through Grief*

### **LEARN TO REBUILD HOPE AFTER LOSS**

Growing Through Grief is a free 6-week educational support group facilitated by two trained volunteers from Family Hospice and Palliative Care. The group will focus on managing and coping with grief after a death. The group provides a safe and supportive environment for you to explore how you have been impacted by your loss and how to use healthy ways of coping with your grief.

- Open to adults age 18 and older
- ADA accessible
- Free parking
- Registration required

#### **Tuesdays 6 - 7:30 p.m. in the Oak Room**

- March 12
- March 19
- March 26
- April 2
- April 9
- April 16

#### **Oakmont Library**

700 Allegheny River Boulevard  
Oakmont, PA15139

Registration is required.

To register, call the Family Hospice  
and Palliative Care Bereavement  
Department at 412-572-8829.





### **Donations of furniture and household goods**

Items can be dropped off Monday through Friday 9am – 3pm. If you are interested in a residential pickup, please contact our donations coordinator at 412-828-1023 or [donate@theblessingboard.org](mailto:donate@theblessingboard.org).

For a detailed list of items we accept click here:  
<https://blessingboard.org/furniture/donating-furniture/>

## **PENN HILLS SERVICE ASSOCIATION**

### **PEOPLE HELPING PEOPLE**

**You may drop your donations off at the PHSA on Thursdays from 8:00 am to noon.** The Penn Hills Service Association is located on Main Street in Universal. Monetary gifts are always welcome. **(Make checks payable to the PHSA and place in the offering plate.)**