

Do You Want to be Healed?

Message by Pastor Joe White

January 25th, 2026

[Link to the Message](#)

Summary

This week, pastor and licensed counselor, Joe White helps us explore Jesus' question in the Gospel of John, 'Do you want to be healed?'. Here Jesus encounters a man who had been disabled for 38 years at the pool of Bethesda. Through this story we are challenged to consider whether we truly want healing or if we've become comfortable remaining in our brokenness. Using the concept of 'shalom' (wholeness, everything in its right place), we examine how our intended wholeness has been shattered through hurt, sin, and broken relationships.

We see three key truths underlying Jesus' question: our shalom has been shattered, we've been seeking healing in wrong places (our own 'pools'), and real healing can only be found in Jesus. Jesus knows our sickness, moves toward us in our brokenness, and has already taken our pain upon himself through the cross. True healing requires acknowledging our need, turning from false remedies, and believing that God delights in our well-being and wants to restore us.

Intro Prayer

Heavenly Father, as we gather together to discuss Your word and what it means for our lives, we ask that You would open our hearts and minds to receive what You want to teach us. Help us to be honest about our brokenness and our need for Your healing touch. Give us courage to look at the areas where we've been seeking wholeness in the wrong places, and help us to trust that You truly delight in our well-being. May Your Spirit guide our conversation and draw us closer to You and to one another. In Jesus' name, Amen.

Ice Breaker

What's one thing that always makes you feel better when you're having a rough day - maybe a favorite food, activity, or place you like to go?

Key Verses

- Psalm 35:27
- John 5:1-15
- Psalm 42 (additional)

Questions

1. Pastor Joe asks 'Do you want to be healed?' Why might this question be harder to answer than it initially seems?
2. How would you describe 'shalom' - everything in its right place - and what would that look like in your own life?
3. What are some ways that our 'shalom has been shattered' in this broken world? How have you experienced this personally?
4. The message mentions that we all have our own 'pools' - places we go seeking healing that don't actually heal us. What might some modern-day 'pools' look like?
5. Why do you think people sometimes resist change or healing, even when they're suffering?
6. Pastor Joe says that Jesus knows our sickness, moves toward us in it, and takes it upon himself. Which of these three truths is most meaningful to you and why?
7. What would it look like practically to turn from seeking healing in 'wrong places' and instead seek it in Jesus?

Life Application

This week, identify one area of your life where you've been seeking healing or wholeness in the 'wrong pool' - perhaps through work success, relationships, material things, or other means. Commit to bringing this area to Jesus in prayer daily, asking Him to show you what true healing looks like and to help you trust in His desire for your well-being rather than your own strategies for feeling better.

Ending Prayer

Lord Jesus, thank You for the reminder that You don't just tolerate our brokenness - You actively move toward us in it and desire our healing. Help us to believe deeply that You delight in our well-being and that You want to restore the shalom that has been shattered in our lives. Give us courage to turn away from the false pools where we've been seeking healing and to trust You with the deep, painful work of true restoration. We confess that change is scary, but we also confess that You are good and that Your healing, though sometimes painful, leads to true life. Thank You for taking our brokenness upon Yourself so that we might be made whole. We pray all of this, in Your name Jesus, amen.