

You know, sometimes the Prayer of St. Francis just pops into my head. Especially when I'm feeling emotional or worried about things beyond my control. When I'm under pressure, it comes to mind, and it's soothing. The prayer's sentiments come from Christian teachings, inspired by the Beatitudes of Jesus.

Although the prayer is attributed to St Francis of Assisi, he didn't actually write it! Many believe it was named for him because it resembled his gentle, peaceful spirit. The prayer was first published in a French magazine in 1912 and became widely popular during and after World War I, especially after being printed on holy cards with an image of St. Francis.

No matter who wrote it or who it is named for, it has a special way of helping us refocus on what is important. I believe the beautiful prayer fits well with our calling to make disciples of Jesus Christ for the transformation of the world by loving boldly, serving joyfully, and leading courageously. This week, if you find yourself feeling the pressures of life, pray this prayer and be refreshed.

The Prayer of St Francis

Lord, make me an instrument of your peace:
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy.
O divine Master, grant that I may not so much seek
to be consoled as to console,
to be understood as to understand,
to be loved as to love.

Blessings in Christ, Pastor Kim

MEET THE STAFF

REV. KIM MITCHELL REV. DEBBY BARTLEY REV. STEVE WILLIAMS PATTI ADAMS KARLA CURRY STACEY DAVIS **ERIC HEIEN MARSHA HUNT KERRI JOHNSON BETH KELLEY JACK MCCORMICK JIM NICHOLS OLIVIA OSTERHAGE** KATIE ROAM



AVAILABLE ON OUR (3) & D PAGES!







OLIVIA WOULD LOVE TO INTERVIEW YOU! LET HER KNOW if you're interested. She'll even come to you!





WELCO

JOIN US IN WELCOMING **BETSY & JASPER** TO THE FIRST ST. CHARLES **FAMILY!**

CHOIR IS BACK!

10 REASONS TO SING IN THE CHOIR THIS FALL

10. WE WEAR ROBES, SO YOU DON'T HAVE TO WORRY ABOUT WHAT TO WEAR ON A SUNDAY MORNING.

- 9. IT'S GOOD FOR YOUR HEART AND LUNGS!
- 8. IT RELEASES ENDORPHINS!
- 7. IT HELPS DEVELOP YOUR NATURAL BEAUTY!

 (BY EXERCISING YOUR FACIAL MUSCLES!)
- 6. IT'S RELAXING! (EXCEPT DURING CHRISTMAS AND EASTER!)
- 5. DAD JOKES!
- 4. COOKIES!
- 3. YOU'RE A PART OF SOMETHING LIFE-AFFIRMING!
- 2. IT'S ECO-FRIENDLY NO UPGRADES OR FOSSIL FUELS REQUIRED!
- 1. YOU'VE GOT A GUARANTEED PLACE TO SIT ON CHRISTMAS EVE AND EASTER SUNDAY!

CHOIR PRACTICE BEGINS ON <u>WEDNESDAY</u>, <u>AUGUST 27</u>, <u>AT 7:00 PM</u>.

*CALL THE OFFICE TO GET THE DOOR CODE IF YOU'RE INTERESTED IN JOINING!

WE PRACTICE EVERY WEDNESDAY, AND SING AT THE 9:00 AND 11:00 WORSHIP SERVICES ON SUNDAY. IF YOU'VE EVER THOUGHT ABOUT SINGING IN THE CHOIR, YOU ARE INVITED TO COME AND SEE WHAT IT'S ALL ABOUT. IT'S A NON-AUDITION GROUP - ALL ARE WELCOME!

IF YOU HAVE ANY QUESTIONS, CALL THE CHURCH OFFICE OR EMAIL REV. STEVE WILLIAMS: SWILLIAMS@FIRSTSTCHARLESUMC.ORG



KIDS STUDENTS YOUNG ADULTS





STREAMLINED CHECK-IN

YEARLY INTAKE FORMS FOR ALL KIDS





A NEW TWIST ON YOUTH SUNDAE SCHOOL!

CHILDREN: 6 WEEKS - 5TH GRADE

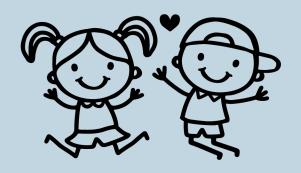
NURSERY



6 WEEKS PRE-KINDERGARTEN

FIRST KIDS MAIN FLOOR SEA HORSE ROOM [AT] END OF HALL

DURING & IN BETWEEN SERVICES



CHILDREN'S SUNDAY SCHOOL







3RD - 5^{TH:} UPSTAIRS: FIRST KIDS CLOWNFISH ROOM

- LED BY LAY LEADERS⁶
- CURRICULUM BASED
- SNACKS!





ADULTS

SULDAY, School



TAUGHT BY PASTOR DEBBY!

DOWNSTAIRS: RED YOUTH ROOM

- FOLLOWS CHILDREN & YOUTH CURRICULUM
- RELAXED SPACE TO VIIIIBE



DESIGNED TO GIVE ADULTS & PARENTS THE OPTION TO BOUNCE BETWEEN BOTH!



TAUGHT BY KATIE ROAM!

ROOM 105 (CHOIR WING)

FEW WEEKS OF CURRICULUM THEN
A BREAK - ALLOWING YOU TO POP
OVER TO DEBBY'S CLASS OR
ANOTHER SUNDAY SCHOOL OPTION





In-Person Services at 9 a.m. & 11 a.m.

Live Stream via





CONNECT ON THE GO

WITH OUR NEW PODCAST!

Catch up on sermons in the car, or share them with a friend across the country! Our new sermon podcast is now available on Apple Podcasts, Google Podcasts, and Spotify. Find it by searching "First St. Charles" in your podcast app.



Apple Podcasts (iOS)



Google Podcasts (Android)



Spotify (Android & iOS)

FOLLOW US ON SOCIAL MEDIA!







@firststcharlesumc.org







TINY TOT

9/14 [AT] 4PM gym at church TIME

10/19 [AT] 4PM (h)
paint pumpkins at church

11/16 [AT] 4PM friendsgiving at church

12/10 [AT] 5:45PM hayride through O'Fallon lights









who is this for?

- → IF YOU'RE NEW TO FIRST ST. CHARLES.
- IF YOU'VE BEEN AROUND A BIT BUT WANT TO LEARN MORE
- YOU'VE BEEN AROUND AWHILE BUT ARE LOOKING TO GET CONNECTED
- IF YOU WANT TO MEET SOME AMAZING STAFF & LAY LEADERS
- ANYONE WHO WANTS A TOUR OF THE BUILDING

PLEASE RSVP TO MARSHA IF YOU PLAN ON ATTENDING!
MHUNT@FIRSTSTCHARLESUMC.ORG

Showers of Blessing



DONATIONS NEEDED:

<u>SHOWERS</u> <u>VOLUNTEER SIGN UP</u>







MEN'S & WOMEN'S BELTS







Every Monday & Wednesday, our Showers of Blessing ministry offers warm showers, clean clothes, and a friendly smile to folks in our community who could use a little extra care. It's a simple way to help people feel seen, loved, and valued.

We could really use more hands on Mondays
—especially men who can help with our male
guests in the shower area and reception. Your
presence helps everyone feel comfortable and
welcome.

You don't need experience- we'll help ensure you feel comfortable and equipped. Whether you can come every week or once in a while, you'll be making a real difference!

If you'd like to jump in and help, reach out to bkelley@firststcharlesumc.org.

HELLO MY NAME IS

Welcome Team Member

CHIP

Join our Welcome Team!

It's the best way
to meet members
& guests on
Sunday mornings!

For more info, contact **Olivia Osterhage**: oosterhage@firststcharlesumc.org

Little Food Pantry

ITEMS NEEDED:

mac n cheese cups - fruit cups - tuna packs - individual peanut butter cups - ritz crackers - chili - canned pasta (spaghetti o's/ravioli) - granola bars - pudding cups - oatmeal packages - peanut butter crackers

All canned items need to have pull-tab tops

OUTREACH

Thank you to
everyone who
came to the Red
Cross Blood
Drive!







We were able to collect 19 units!



OUTREACH

Whether your pet is with us in body or spirit, join us for a time when we celebrate all creatures, big and small!



BLESSING OF THE ANIMALS

October 5th at 5 pm

All animals and their humans are invited to our special worship service for the blessing of the animals. Pet treats & human treats will be available.









TRAIS 101 SEPTEMBER 28TH AT 4:00 PM

Featuring:

BEN GREENETransgender Author & Activist

Learn key terms, hear personal stories, and get practical tips for allyship. Open to all—whether you're a seasoned advocate or just starting out. Includes Q&A.



FIRST ST. CHARLES UMC

801 FIRST CAPITOL DR.

firststcharlesumc.org



FIRST ST. CHARLES
YOUTH PRESENT:

HALLOWEEN TRIVIA NIGHT

FRIDAY, OCTOBER 24TH

DOORS OPEN AT 6PM
TRIVIA STARTS AT 7 PM

PROCEEDS BENEFIT NEXTGEN MINISTRIES

WE NEED:



VOLUNTEERS



AUCTION ITEMS



YOU!







BEST COSTUME



YOUR FRIENDS



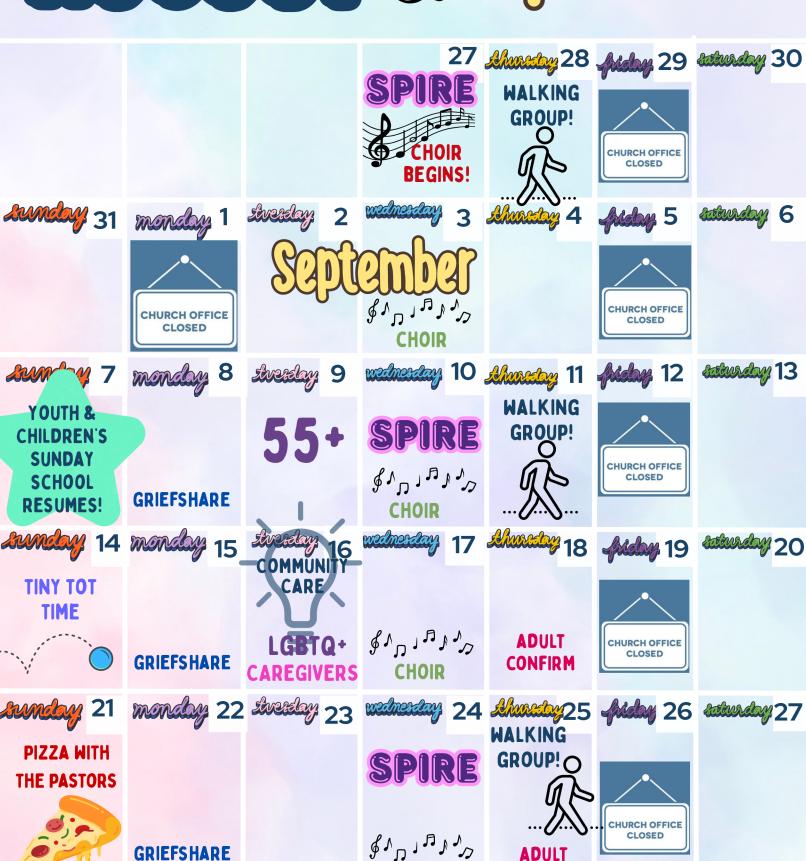
YOUR TRIVIA KNOWLEDGE





GET YOUR TICKETS HERE!

AUGUST & September



CHOIR

ADULT

CONFIRM

GRIEFSHARE