



### What stood out to you most from the sermon? Why?

#### Key Takeaways:

1. If you're in Christ, there is zero condemnation—past, present, or future.
2. The Spirit requires us to slow down enough to listen and follow.
3. What's in your heart will overflow from your mouth. The Spirit transforms from the inside out.
4. The same Spirit that raised Jesus from the dead lives in you.
5. As God's adopted children, we receive all the blessings and inheritance of Christ.

#### Discussion Questions:

1. What does "no condemnation" mean to you personally? How does this truth impact your daily life and relationship with God?
2. Read the quote: "We should not be entertained by what Jesus died for." What TV shows, music, or habits might you need to reconsider in light of this statement?
3. Zechariah and Elizabeth were righteous but still faced hardship (childlessness). How does this challenge the belief that following Jesus makes life easier? Share an example from your own life.
4. What does it mean to "walk" by the Spirit rather than run or rush? Why is this pace important in our digital age?
5. Tyler mentioned missing his exit because he turned off the GPS audio. What "good things" in your life might be drowning out the voice of the Holy Spirit?
6. Read Galatians 5:19-21 (works of the flesh). Which of these do you see most prominently in our culture today? Which do you struggle with personally?
7. Romans 8:7 says the mindset of the flesh is "hostile to God." How should this truth change the way we engage with people who disagree with us, especially online or in political discussions?

8. "Why are we expecting people who can't be holy or righteous to be?" How does this perspective change your expectations of non-Christians in your life?
9. Verse 6 says the mindset of the Spirit is "life and peace." On a scale of 1-10, how much life and peace characterizes your current mindset? What needs to change?
10. What does it mean to be "led by the Spirit" versus living in "slavery to fear"? Which one better describes your current spiritual state?
11. We are called "Abba, Father"—an intimate term. How comfortable are you with this level of intimacy with God? What holds you back?
12. "The Spirit himself testifies together with our spirit that we are God's children." If someone observed your life this past week, would they see evidence that the Holy Spirit is affirming you?
13. We are "co-heirs with Christ." Do you truly believe you have the same access and benefits as Jesus? How would your life look different if you lived like this was true?

### **Practical Applications:**

1. Where do you stand? Are you walking by the Spirit or the flesh? If you haven't entered a relationship with Christ, is today the day?
2. Are you walking by the Spirit? Would others affirm that the Holy Spirit is evident in your life based on how you're currently living?
3. Do you acknowledge yourself as a rightful heir with God? How can you lean more into this identity during the week?
4. This week, track how much time you spend on social media, news, or entertainment versus time spent in Scripture, prayer, or Spirit-led activities. Share your findings next week.
5. Identify one "good thing" that's drowning out God's voice and commit to adjusting it this week
6. Memorize Romans 8:1 or another verse from this passage
7. Examine entertainment choices: What are you watching/listening to that Jesus died for?