



SERMON NOTES

PASTOR ROBERT HATCH
TAKING THE HEAT OUT OF ANGER
IN YOUR MARRIAGE

TRUE LOVE ALWAYS

Building Godly Marriages That Last

Proverbs 30:33 (NIV) For as churning cream produces butter, and as twisting the nose produces blood, so stirring up anger produces strife."

HOW TO LET THE HEAT OUT OF YOUR ANGER:

1. I MUST _____ MY ANGER.

Ephesians 4:25-26 (NLT) So stop telling lies... 26 And "don't sin by letting anger control you..."

Anger is a _____.

2. I MUST _____ MY ANGER.

Proverbs 19:11 (NLT) Sensible people control their temper;

COMMON ROOT CAUSES OF ANGER IN A MARRIAGE:

1. When I feel _____.

2. When I feel _____.

3. When I feel _____.

4. When I feel _____.

5. When I feel _____.

Reach Connect Grow Discover Honor

3. I MUST _____ WITH MY ANGER.

Ephesians 4:26-27(NLT) And “don’t sin by letting anger control you.” Don’t let the sun go down while you are still angry, 27 for anger gives a foothold to the devil.

4. I MUST _____ MY ANGER.

James 1:19 (NLT) ... You must all be quick to listen, slow to speak, and slow to get angry.

Proverbs 15:1 (NLT) A gentle answer deflects anger, but harsh words make tempers flare.

BE _____.

BE _____.

BE _____.

Ephesians 4:29 (NLT) Don’t use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.

FOUR RULES FOR A FAIR FIGHT:

1. NEVER _____.

2. NEVER USE _____.

3. NEVER _____ THEM.

4. NEVER _____ TO THEM.

If you don’t know Jesus Christ as your savior then you have never experienced the ultimate level of LOVE and a lot of the anger you are dealing with is from the guilt you have from the mistakes you’ve made.

Additional Notes:

WATCH IT AGAIN

YOU CAN WATCH ONLINE AT WWW.STONEBROOKECHURCH.COM