



*The Source Within:  
Unlocking Pathways to Possibility*

*Led by the Reverend Kathleen Edwards-Chase*

*"We invite you on a transformative journey into the fascinating intersection of faith, neuroscience, and the power of manifestation. Through engaging teaching and discussions, guided reflection, and practical exercises, you'll discover how God has gifted us with an inner capacity to reframe our thinking, deepen our awareness, and open ourselves to meaningful change and purposeful direction. Come ready for inspiration, connection, and renewal."*



*Rev. Kathleen Edwards-Chase served an RCA pastor for over 25 years leading two churches, most recently at First Reformed Church in Pompton Plains, NJ. She now serves part-time at Chatham Township Presbyterian Church, but her real focus is on leading personal development retreats, workshops and in her work as a loss & grief advocate, counselor, and group facilitator.*

**Please join us!**

**February 6 – 7, 2026**

**7:00pm on Friday to 4:30pm on Saturday**

**Grove Hall  
15 Pilgrim Pathway  
Ocean Grove, NJ**

## **ACCOMMODATION CHOICES**

*(please see FAQs for sign-up and payment information)*

### ***Available Room Options – First Come, First Served***

- double room / private bath – \$185 per person (limited availability)
- single occupancy / shared bath – \$160 per person
- double occupancy / shared bath – \$100 per person

Prices include overnight accommodations including linens, continental breakfast, catered lunch, and the program

Please make double occupancy arrangements on your own. Women need not be members of CNRC to attend! Please invite someone to join you with whom you feel comfortable sharing a room!

## **PROGRAM ONLY OPTION**

The cost of this option is \$65 per person and includes the program on Friday and Saturday, as well as a continental breakfast and catered lunch on Saturday. For this option, you need to commit to both the Friday night program from 7:00 – 9:00pm and the Saturday program which begins with breakfast at 8:00am and concludes at 4:30pm.

***Contact Kay Brown to reserve your spot at  
scottandkaybrown@gmail.com or (732) 618-9776***

## **FREQUENTLY ASKED QUESTIONS:**

1. **WHAT IS GROVE HALL?** *Grove Hall is a Retreat Center in Ocean Grove, NJ. Because it is a retreat center there are some policies in place we must adhere to: No alcohol, drugs, smoking materials, candles, incense, or open flames are allowed in or near Grove Hall. Also, no food or drinks (except water) are allowed in the bedrooms.*
2. **CAN I BRING SNACKS AND SOFT DRINKS?** *Yes, there is a lovely first-floor dining room and a welcoming main lounge where we can enjoy our own snacks.*
3. **WHEN CAN I CHECK IN?** *Anytime after 3:00pm on Friday, February 6.*
4. **HOW DO I SIGN UP?** *To reserve a room or if you have questions, please contact Kay Brown: (732)618-9776 or email her at [scottandkaybrown@gmail.com](mailto:scottandkaybrown@gmail.com).*
5. **HOW DO I PAY?** *Checks are to be made out to the church (memo: women's retreat) and dropped off or mailed to the church office – PO Box 57, Colts Neck, NJ 07722 OR electronically through the church website at [www.coltsneckreformed.org](http://www.coltsneckreformed.org). Contact the church office at (732)462-4555 with questions.*
6. **WHEN IS THE DEADLINE TO SIGN UP?** *Please sign up and pay by Sunday, January 18, 2026. All rooms are first come, first served, based on availability at time of sign up.*