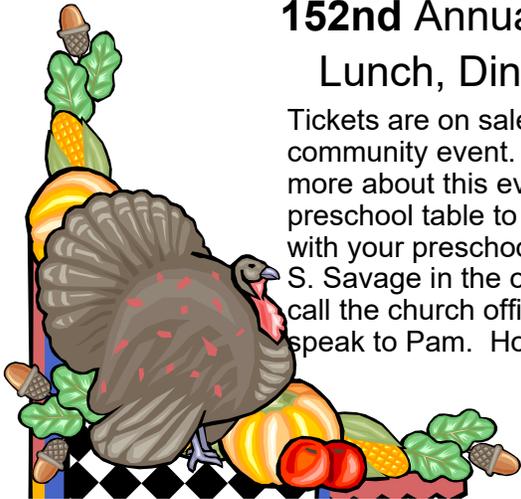


So why do we have an entire week off next week you ask?

The Colts Neck Reformed Church's 152nd Annual Election Day Lunch, Dinner & Bazaar

Tickets are on sale now for this time honored community event. If you would like to know more about this event or put together a preschool table to come have lunch or dinner with your preschool friends please visit Mrs. S. Savage in the office for all the details or call the church office at (732)463-4500 and speak to Pam. Hope to see you there!



News From Mrs. Tucker's 3 Year Old Classroom

Monday had us getting ready for a Tuesday Halloween celebration at school. The children seemed to enjoy parading and singing for you. They certainly enjoyed trick or treating at the ministry center! There's very little time between holidays in the preschool schedule so we're already learning about the meaning of Thanksgiving and the feast that we'll share with our families. As soon as we come back I'll put up a sign up sheet for the feast. We'll supply the turkey and we ask everyone to pitch in with the sides. An invitation will go out that week so we can get a count of our number of guests. Enjoy the week off. Take your child with you when you vote, then have a play date with a classmate or two!

News From Mrs. Willis' Playgroup

We loved seeing all the adorable costumes this week, and the children loved dressing up. They were so excited for Halloween! In addition to having music with Mrs. Brown, we were invited into Miss Eliana's music and me class as an extra special Halloween treat. Our class projects went along with the Halloween theme, the children made spiders with a focus on counting the number of legs, the color black, and the body was a circle. Then they made spider webs by painting a white doily with black paint and marbles. Candy corn was the second project of the week which they used orange and yellow dot paint to fill them in. We hope you a fun week off with your families next week

News from Mrs. Scher's Classroom

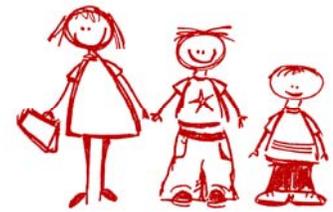
This week we focused on the letter Uu, Halloween, and started learning about Thanksgiving. We read New York Times best seller "Uni the Unicorn" and illustrated what we believe is real. We also made unicorn bookmarks. Our Halloween parade and party were both so much fun. Everyone looked awesome in their costumes and did great singing the Halloween songs! We read, acted out, and then completed a sequencing activity for the story "There Was an Old Woman Who Wasn't Afraid of a Thing". We made mummies and completed our Halloween books. To conclude the week, we learned about The first Thanksgiving and the meaning behind the holiday. We discussed how we are thankful. Then we made feathers for our classroom turkey and started our "I am thankful" project. In Geography we finished our unit on Canada with a pancake breakfast and playing hockey!



Tuesdays
9:30

11 Ways to Raise A Grateful Child

1. Tell him thank you.
2. Let him hear you say thank you.
3. *Don't give her everything she wants.*
4. Provide her with opportunities to earn the things she wants.
5. Keep rewards reasonable.
6. Call her out when she's unappreciative
7. *Give back to the community.*
8. *Help your child see the need around her.*
9. Teach your child about developing countries.
10. Incorporate daily gratitudes into your family's routine.
11. *Write thank you notes.*



Colts Neck Reformed Church Nursery School Newsletter

From The Director's Desk

It is the season of Thanksgiving and we have gratitude on our minds. Unfortunately gratitude is not always on our children's minds. Gratitude doesn't come naturally to our kids. It is a learned trait, not necessarily something we are born with, and they need our help to develop the skill.

Here at school we strive to both model and teach what it means, and how to be grateful. Here are five things we can do year round to help raise more grateful children.

Start saying "NO".

Giving our children everything they ask for and want, is not going to help them be more grateful. (This is a good thing to remember with Christmas around the corner.) Have you ever had your child beg you for a new toy? You finally give in, only to have them play with it for a few days and then start begging for something else? The more we give our kids, the less they appreciate what they have. So cut back! Kids don't need treats every time we go to the store, or a toy every time they see a commercial on TV advertising something new. Kids need our love and our time and opportunities to learn and grow, not more things. At first it might be hard to say "no." We need to do it any way. Even if there are temper tantrums and tears. Over time this will help our children come to appreciate what they do have and realize that happiness is not built on getting more "stuff."

Don't compare.

Theodore Roosevelt said "Comparison is the thief of Joy", and he was exactly right. Comparing ourselves to others teaches our kids that we are not grateful for what we have or who we are. Stop talking about material things.

It is easy for our conversations to be centered around material possessions.

"I wish we had that new car." "We really need a new couch before we have people over."
"That new shirt will make you look really cute."

As innocent as the statements sound, when our kids hear us talking about material things all the time, and how we need them, or how they define us or make us look a certain way, it sends them the wrong message. They are always listening, we have to be very careful with what we say.

Always say "Please" and "Thank you"

Raising grateful children is all about being a grateful parent. Do we use good manners? Do we say please and thank you? Do we write thank you notes when someone gives us a gift or serves us? Do you thank the deli person after they fill your order? Kids watch everything we do. If we are complaining about what we don't have, and how we wish we had more, they will feel the same. If we don't express gratitude, then neither will they.

Don't spare them work

As much as we didn't like chores and responsibilities when we were children, work is a necessary part of raising moral children. Instead of sparing them work, we need to give them opportunities to work. We need to stop teaching that work is bad and play is good. They are not opposites of one another. Work teaches us to be grateful for what we do have as a result of the effort we put into getting it. Age and ability appropriate chores help children feel a sense of accomplishment. Work teaches us to appreciate.

Grateful children are more polite and a lot more fun to be around. They get along with their playmates and have an easier time sharing with others. Grateful adults are empathetic, see other's perspectives and solid research has found that adults who are grateful are happier all around. Gratitude is a valuable life skill, no matter our age.

This time of year, let's remember that gratitude is not a seasonal skill. We teach it to our children each and every day of the year

Many Blessings

Volume 8 Issue 7

November 2, 2018

Important Dates

- ☺ 11/5-11/9 NO SCHOOL
- ☺ 11/19-11/20 SCHOOL PICTURES
- ☺ 11/20 ALL 3's invited to class for our Thanksgiving Feast families invited
- ☺ 11/20 4's Thanksgiving Feast
- ☺ 11/22-23 NO SCHOOL
- ☺ 11/26-11/27 Picture preview day