

Ahriana's Musings

Peace

April 14th, 2010

In January, I was in Hawaii. In February, I was in Switzerland. In March, I stayed at home and enjoyed the beauty of the blossoming Colorado springtime, with its sporadic sunshine mixed with snow flurries. It is now April and, in a few days, I am leaving for Dubai, then on to Bali. Life is such an adventure.

What amazes me the most is that no matter where I travel, Mother Nature is waiting there - inviting me into her arms. I find such deep connection with the Divine. There is something experiential about the doorway Nature provides that is beyond the thinking mind. It is my very soul that awakens. Everything about Nature is connected - and interconnected. And I am Nature, as well.

Whether I think of Nature as an expression of God - or Mother Earth as an expression of Goddess - I am so blessed. The oceans, mountains and deserts offer such wisdom. There are so many voices to hear. Each tree is a holy verse - and each animal carries a story of such profound importance that I wish I had time to memorize them all.

This sacred experience is true Ecospirituality. It is beyond words - beyond thinking - and can only be experienced.

Ecospirituality is a rich and wonderous awareness of the sacredness of all life, in every form.

This sacredness brings me incredible peace.

I send that peace to you, this day, wherever you are.

Ahriana Platten