



May Day in Colorado

May 1st, 2008

Today is May Day – and its snowing in Colorado! Life is good! Mark is loving his new job, school is almost over for the kids, and we made an offer on a house “up the hill” in the mountains. Its amazing what can happen in a short thirty days! Thanks to all of you for your calls, hugs, and support in this time of change!

Today is a Pagan holiday, known by many earth-based traditions as “Beltane.” This ecstatic holiday observes a celebration of fertility and creation, highlighting the physical joys of womanhood, manhood and sacred union. The seed of new life that was planted at the Vernal Equinox is awakening and the world revels in the joy of birth.

Beltane is a terrific opportunity to enrich any aspect of your life requiring fertilization. What would nourish you, so that you can bring forth what you most desire? Can you engage in the pleasures of life with wild abandon, really allowing yourself to seek your deepest awareness?

This is a time to welcome the return of life’s pleasures shared by all living things, and to share those pleasures most generously with one another. The gates between the worlds are open, and we can connect with the life-spirits of plants, animals, fairies and devas, and the Mysterious Ones, all those beings who awaken us to the deeper mysteries that are discovered by those willing to look for them. The Goddess is birthing abundantly and we are not only present, but a part of this miraculous happening.

So how does the snow fit into this day which is traditionally one that marks Spring’s “bursting forth?”

For me, it is amazing to recognize the tenacity of the life forms here in the Rockies. Despite the snow, leaves are budding, flowers are blooming, and birds are singing a song that warms and regenerates all that will listen. Fresh green grass peeks out from under frosty white crystalline flakes, refusing to be discouraged in its climb toward the sun.

Spring is a time of determination and effort. Those things which threaten to slow us down, or seem to stop us altogether, are often the very things that will provide us with what we need to drink deeply of the sweet nectar of life – just as the snow will soon become nourishing moisture for all the burgeoning life it blankets.

We, ourselves, are reaching toward the light and warmth of summer – and today, we are reminded to welcome change, no matter how it “shows up.” Through the challenges of life, we birth a new way of living. For this, I am grateful!

Ahriana's Musings

On this May Day, I wish you a new adventure, an awakening of your own, an opening to the abundance just waiting for you to welcome it into your sacred garden!Â May you be blessed with an easy and gentle birthing of your heart's deepest desire.

Blessed be - and Happy Beltaine!

Ahriana Platten