



**SHAPE INVENTORY**

**SPIRITUAL GIFTS**

**HEART**

**ABILITY**

**PERSONALITY**

**EXPERIENCES**



**EASTERN HEIGHTS**  
BAPTIST CHURCH

INTENTIONAL. INTERGENERATIONAL. COMMUNITY.



# S.H.A.P.E. Inventory

*Spiritual Gifts — Heart — Abilities — Personality — Experiences*

## Spiritual Gifts Inventory:

Please fill in your answers on page 5, based on the accompanying scale.

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1. I am able to remain optimistic even when progress is not visible.
  2. I prefer working in the background if I can be a help to others.
  3. I am able to welcome unexpected guests into my home.
  4. People say I have a way of making the Bible “come alive.”
  5. When someone is hurting, I am able to say or do something that renews his or her hope and trust in God.
  6. I am moved to help others struggling with emotional pain.
  7. I like to give sacrificially and freely to those who are in need.
  8. I am able to motivate groups to achieve specific, Biblical objectives.
  9. I seem to be able to recognize and address the root problems that keep someone from growing spiritually.
  10. I enjoy organizing ideas, tasks, and people for Christian service.
  11. I love to pray for others and even lose track of time while praying.
  12. Even when human circumstances don’t add up, I will step out in faith if I feel it is God’s will for me.
  13. I will gladly respond with practical assistance when others ask for help.
  14. I have a knack for helping people I don’t know feel welcome at church or in my home.
  15. I earnestly desire to explain Biblical principles and truths to others.
  16. I take the time to say a kind word to those who are using their gifts in service to others.
  17. People often turn to me when they are feeling hurt, lonely, or confused.
  18. In an appeal for a worthy cause, I am among the first to give financially.
  19. I am able to recognize the spiritual gifts of others and help them find a means to serve in ministry to others.
  20. I am willing to help an individual find Biblical resources and then guide them as they grow in faith and Christian maturity.
  21. I can recognize, and work to resolve, key issues confronting a team.
  22. Most of my prayer time is spent addressing the needs of others.
  23. I take God’s promises at face value and I am comforted by their truth.
  24. When I see a need, I spring into action and do something about it.
  25. I enjoy blessing people by having them over to my home for a meal.
  26. I enjoy studying my Bible and the opportunity to clarify Biblical truths to others.
  27. I feel comfortable using Scripture when people need courage and guidance.
  28. I like to help people who suffer from physical, mental, or emotional problems.
  29. I am committed to giving 10% or more of my income to the church.
  30. I am energized when I am able to help people be in ministry to others.
  31. I’ve had struggles in my past and I am able to share how God helped me through.
  32. I enjoy working out the details so that the work of God can be accomplished.
  33. I take prayer requests very seriously and pray until the answer comes.
  34. I believe that all things will work out to our benefit as long as we keep our trust in God.
  35. I prefer to serve in some hands-on, practical ministry.
  36. I would welcome the opportunity to house someone in need or a visiting missionary.
  37. I have a solid understanding of the Bible, but I am also learning more each day as I study the scriptures and read Christian books.
  38. I regularly write personal notes to praise someone for their help or service.
  39. I often pick up on the emotional pain of others and come to their side.
  40. I think I could do something to help those in financial distress.
  41. God seems to use me to develop a spirit of unity and enthusiasm within a team.
  42. I could help someone begin a personal relationship with God.
  43. I don’t get stressed trying to coordinate the necessary details to meet a deadline or orchestrate an event.
  44. People in need seem to come to mind throughout the week, and I pray for them trusting God to see them through.
  45. I have learned not to worry, but to pray for all things and at all times.
  46. I prefer to serve at someone’s side, helping him or her with the small details and tasks that need to get accomplished.

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47. I like to introduce myself and speak with people that I've never met.
48. Continuous learning is something I greatly value and invest in personally.
49. I feel compelled to strengthen other believers in the faith.
50. I think it is important to comfort those who are grieving.
51. I am willing to live more simply so that I can give more to God's work.
52. I am willing to bear the brunt of criticism for a team's failure.
53. At times, I know it is necessary to correct others. In those times, I am able to do so in love, so that God is honored and everyone involved is encouraged to press onward.
54. I am able to delegate and trust important tasks to the right people at the right time.
55. I believe that prayer is one of my most important daily activities.
56. I don't worry about tomorrow. I live in faith each day and trust God to guide me through each circumstance.
57. I prefer following someone else's lead rather than leading.
58. I enjoy reaching out to others and helping them feel at home wherever we are.
59. I like to share God's Word with others.
60. When people do good work, I am quick to praise and thank them.
61. I look for opportunities to bring hope, and God's Word, to those who are sick or distraught.
62. I spend a lot of time earning money, but an equal amount of joy accompanies every dollar I give away.
63. I am able to recognize, redirect, and encourage a group that is being confronted by some obstacles and help them regain their focus.
64. I like to help people learn how to trust God in every aspect of life.
65. I am willing to cope with the difficulties that come with taking care of the details.
66. I have seen God heal someone in direct answer to my prayers.

## Spiritual Gifts Key (Correlates with the score card on page 5.)

Spiritual gifts are not the same as talents. They are spiritual strengths God gives us for being a part of His work in the world. This assessment and the list below are tools to help you better understand the gifts God is expressing in you. We hope that this list provides a glimpse into the part God has for you in His body now. To learn more about spiritual gifts you can look at 1 Corinthians 12:27-31, Romans 12:3-8, Ephesians 4:11-16, and 1 Peter 4:10-11.

- A. **Faith**--The gift to trust God for what can't be seen and, pressing forward, to act upon the promises of God. (Romans 4:18-21; Hebrew Chapter 11)
- B. **Service/Helps**--The gift to identify and take the initiative to meet the practical needs of others in the church, freeing them to fulfill their own calling or to attend to personal needs or urgent matters. (Acts 6:1-7)
- C. **Hospitality**--The gift of helping others feel welcome, accepted, relaxed, and comfortable. (1 Peter 4:9-10)
- D. **Teaching**--The gift to proclaim and clearly explain God's Word in a manner that transforms the lives of others. (1 Corinthians 12:28; Acts 20:20-21; Romans 12:6-8; Titus 3:1-2)
- E. **Encouragement**--The gift to provide encouragement, comfort, reassurance, and support in ways that foster healing and wholeness. (1 Thessalonians 5:11; Romans 12:8)
- F. **Mercy**--The gift to detect the emotional pains of others; to feel compassion, listen to, and provide loving-care. (Luke 10:30-37; Romans 12:8; Matthew 20:29-34)
- G. **Giving**--The gift to cheerfully contribute material resources above and beyond a tithe to others and the church. (2 Corinthians 8:1-7; Romans 12:8; Mark 12:41-44)
- H. **Leadership**--The gift to instill vision and to motivate and direct people to be faithful to their calling and responsibilities. (Romans 12:8; Hebrew 13:7, 17; 1 Timothy 3)
- I. **Exhortation**--The gift to stimulate faith and promote Christian maturity in others. (Romans 12:8; Acts 11:23,24, 13:43, 14:22)
- J. **Administration**--the gift to design and effectively execute plans managing people, resources, and time in order to reach the long range goals and objectives of the ministry team or church. (Titus 1:5; 1 Corinthians 12:28, 14:28-30)
- K. **Intercessory Prayer**--The gift to pray for extended periods of time on a regular basis and frequently see direct results to those prayers. (James 5:14-16, 1 Timothy 2:1-2; John 17; Colossians 1:9-12, 4:12-13; Acts 12:12; Luke 22:41-44)

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## SCORE CARD INSTRUCTIONS:

1. Write the numeric value for each question.
2. Add the sum of each row, and mark the total for each row next to the corresponding letter in the last column.
3. Check out your top three gifts using the definitions found on the Spiritual Gifts Key located on the previous page.

0	1	2	3	4
Almost Never True	Seldom True	Sometimes True	Often True	Almost Always True

1	_____	12	_____	23	_____	34	_____	45	_____	56	_____	<b>A=</b> _____
2	_____	13	_____	24	_____	35	_____	46	_____	57	_____	<b>B=</b> _____
3	_____	14	_____	25	_____	36	_____	47	_____	58	_____	<b>C=</b> _____
4	_____	15	_____	26	_____	37	_____	48	_____	59	_____	<b>D=</b> _____
5	_____	16	_____	27	_____	38	_____	49	_____	60	_____	<b>E=</b> _____
6	_____	17	_____	28	_____	39	_____	50	_____	61	_____	<b>F=</b> _____
7	_____	18	_____	29	_____	40	_____	51	_____	62	_____	<b>G=</b> _____
8	_____	19	_____	30	_____	41	_____	52	_____	63	_____	<b>H=</b> _____
9	_____	20	_____	31	_____	42	_____	53	_____	64	_____	<b>I=</b> _____
10	_____	21	_____	32	_____	43	_____	54	_____	65	_____	<b>J=</b> _____
11	_____	22	_____	33	_____	44	_____	55	_____	66	_____	<b>K=</b> _____

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## HEART

Heart has to do with our passions; the things that excite us, the things that give us joy, and the things that keep us awake at night. The things we are passionate about are not by accident. The better we understand and follow our passions, the more fulfilled we are in joining in God's work.



## ABILITIES

God has given all of us a wide range of different abilities, or natural gifts and talents. It is through these natural gifts and talents that we engage in serving God and joining in God's work. Rick Warren writes: "The abilities you have are a strong indication of what God wants to do with your life. They are clues to knowing God's will for you... God doesn't waste abilities; He matches our calling and our capabilities."

## Heart

What causes or issues make your heart race? Circle them below:

Abuse/Family Violence	Homelessness	Event Planning: Outreach
Addiction Recovery	Hospitality/Serving	Event Planning: Social
At-Risk Children	Infants/Toddlers	Prison Ministries
College Students	Preschool	Construction/Repair
Community Issues	Library/Media Centers	Senior Adults
Crisis Counseling	Middle School Students	Serving/Helping
Designing/Developing	Outreach: Local	Special Needs
Disaster Relief	Outreach: Global	Teaching
Discipleship	Fundraising	Ushering
Financial Planning	Music: Instrumental	Women's Ministries
Greeting/Welcoming	Music: Vocal	Men's Ministries
Sports Ministries	Dance/Drama	Couples' Ministries
High School Students	Organization/Admin.	Singles' Ministries

**OTHERS?** \_\_\_\_\_

## Abilities

What abilities, skills, and trades do you have? Circle them below:

Arts/Crafts	Administration	Athletics/Sports	Audio/Visual	Data Entry
Computer Technology	Decorating/Design	Electrical/Sound Wiring	Facilities Management	Finance/Accounting
Food Preparations	Coordinating/Event Planning	Performing Arts/Drama	Craftsmanship/Repairs	Personnel Management
Secretarial Office Support	Strategic Planning	Communication Specialist	Vehicle Maintenance	Graphic Design
Library Science	Photography	Electrician	Plumber	Carpenter
Power Point	Programming	Public Speaking	Puppets	Sewing
Landscaping	Vocalist	Musician	Notary	Painting
Videographer	Web Design	Van/Bus Driver	Recruiting	Teaching
Fundraising	Medical Training	Serving	Fundraising	Writing
Translating	Traveling	Visualizing	Welcoming	Editing

**OTHERS?** \_\_\_\_\_



# S.H.A.P.E. Inventory

Spiritual Gifts — Heart — Abilities — Personality — Experiences

## Personality

Bold	Talkative	Compassionate
Precautionary	Venturesome	Decisive
Empathetic	Hospitable	Steadfast
Eager	Accommodating	Careful
Self-Assured	Enthusiastic	Loyal
Easygoing	Orderly	Organized
Persuasive	Responsive	Open-Minded
Mild	Sincere	Restless
Big-Picture Oriented	Gentle	Quiet
Results-Focused	Flexible	Humble
Earnest	Fast Paced	Free-wheeling
Meek	Reserved	Intense
Visionary	Yielding	Meticulous

## PERSONALITY

Our personalities shape how we respond to other people and to opportunities. Every single personality difference is celebrated, and valued by God because He has designed each of us with unique personality traits that suit us for different things. Which traits best describe the way you feel you really are?

## OTHERS?

Another way to describe your personality is to use the following scale to rank where you stand on each trait. If needed, use the descriptions below for definitions of each trait, circle your ranking appropriately:

Introverted	1	2	3	4	5	6	7	8	Extraverted
Controlled	1	2	3	4	5	6	7	8	Spontaneous
Intuitive	1	2	3	4	5	6	7	8	Sensing
Thinking	1	2	3	4	5	6	7	8	Feeling

**Introverted:** They enjoy being with other people, but socialization drains their emotional energy. Solitude is needed to "recharge."

**Extraverted:** They enjoy solitude, but it drains their emotional energy. Socialization is needed to "recharge."

**Controlled:** They prefer outcomes to processes and enjoy structure, deadlines, and checklists.

**Spontaneous:** They prefer processes to outcomes and tend to lose their checklists, but this doesn't bother them. They "go with the flow."

**Intuitive:** They like metaphor and imagery. They tend to understand complex ideas suddenly, without knowing why or how and are more interested in "what might be" versus what "is."

**Sensing:** They gather info bit by bit, then focus on facts, data, and experience. They are more interested in "what is" versus "what might be."

**Thinking:** They make decisions based on "thinking." They focus on facts, data, rules, and procedures rather than how decisions will affect people.

**Feeling:** They make decisions based on "feeling." They focus on how decisions will affect people rather than solely on facts, data, etc.

# ***S.H.A.P.E. Inventory***

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*Spiritual Gifts — Heart — Abilities — Personality — Experiences*

## **Experiences**

The things we experience in our lives help to shape who we are, our passions, and how God uses us. We all have many different kinds of experiences (personal, relational, vocational, educational, spiritual) that impact us in various ways. Our experiences, positive and painful, can all shape who we are and how we can be put to use for God. Below, list three positive experiences that have impacted your life:

Now list three experiences you would describe as painful that have impacted your life:

How can God use these experiences in your life and the lives of others?



# S.H.A.P.E. Inventory

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## Personal Information

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City, State, Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_

## Spiritual Gifts

Here are my 3 highest scores on the spiritual gifts test:

TOP #	Spiritual Gifts:	Score:
1:		
2:		
3:		

## Heart

Here are 5 things that I am passionate about:

TOP #	Heart:
1:	
2:	
3:	
4:	
5:	

## Abilities

I believe that these are my 5 strongest abilities:

TOP #	Abilities:
1:	
2:	
3:	
4:	
5:	

# S.H.A.P.E. Inventory

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## Personality

This is how I've rated myself on the scale below:

Introverted	1	2	3	4	5	6	7	8	Extraverted
Controlled	1	2	3	4	5	6	7	8	Spontaneous
Intuitive	1	2	3	4	5	6	7	8	Sensing
Thinking	1	2	3	4	5	6	7	8	Feeling

TOP # Personalities:

1:	
2:	
3:	

## Experiences

Out of all of your experiences, good and bad, which one do you believe will help you the most in ministering to others... and in what way?

Below you will see a sampling of various areas of ministry. If you already know what ministry you are interested in, let us know by placing a check in the corresponding box (and circle or write in a particular area of interest):

- ☐ Missions (local outreach, mentorship, international missions)
- ☐ First Impressions (includes greeters, ushers, security, etc.)
- ☐ Worship Ministry (includes audio, video, vocals, musicians, etc.)
- ☐ Kids Ministry (includes leaders, teachers, helpers, crafts, games, music, event planning, etc.)
- ☐ Discipleship Ministries (includes LifeGroups and Bible Studies)
- ☐ Prayer Ministry
- ☐ Youth Ministry (includes leaders, teachers, helpers, games, event planning, etc.)
- ☐ Care Ministry (includes fellowships, weddings, showers, funeral, history, communications, etc.)
- ☐ Properties (includes construction, cleanup, lawn care, auto maintenance, etc.)
- ☐ Other: \_\_\_\_\_

Question or comment? We're here for you! Send an email to [office@ehbc.net](mailto:office@ehbc.net)

Or you may reach us in the office at 918-333-2181