

SENIOR MINISTRY ~ FALL 2026

September 15 – STRENGTH & BALANCE TRAINING with Dr. Katie

September 22 – Let's learn about POLLINATOR PLANT GARDENING IN GOD'S CREATION with Guest, Susan Nienaber

September 29 – Let's play BINGO – 25¢ per card

October 6 – OKTOBERFEST with Guest, Teena Anderson/Anoka Meats & Sausage

October 13 – STRENGTH & BALANCE TRAINING with Dr. Katie

October 20 – FIRE SAFETY for AGING with Ramsey Fire Dept.

October 27 – Movie Morning, "Pay It Forward" starring Helen Hunt & Kevin Spacey

November 3 – CHAIR VOLLEYBALL!

November 10 – STRENGTH & BALANCE TRAINING with Dr. Katie

November 17 – VETERAN'S DAY celebration with the Traveling Professor, 1st Minnesota Volunteer Regiment at Gettysburg

November 24 – NO Senior Ministry – Holiday Break

We meet Tuesday mornings from 10:00–Noon. Enter Door B.

Free will offering at events will help support this ministry.

All seniors 55+ (and spouses/significant others of any age) are welcome.

Invite your friends and neighbors to join you.

Bus Transportation Available – Contact Carla.