

# Senior Ministry

## February-March 2026



- February 3 - Let's learn more about helping our loved ones following a dementia/alzheimer diagnosis with Miss Patty from St. Croix Hospice.
- February 10 - Join us for a Valentine's Celebration with CODA, crafts, and chocolate!
- February 17 - Strength & Balance Training with Dr. Katie.
- February 24 - Let's learn more about aging with dementia with Colleen from Dementia Friends.
- March 3 - Let's learn more about financial planning and legacy giving with guest speaker, Justin Gandrud.
- March 10 - Movie Morning featuring "Young Woman and the Sea".
- March 17 - Celebrate St Pat's Day together with our guest storyteller, Pati Kachel, as she shares some "Irish Tales and other Blarney"!
- March 24 - Strength & Balance Training with Dr. Andrea and Dr. Katie.
- March 31 - HOLY WEEK! Senior Ministry will not be meeting.

We meet Tuesday mornings from 10:00-Noon. Enter Door B.  
All seniors 55+ (and spouses/significant others of any age) are welcome.  
Transportation available (contact Carla at 763-427-1100, Ext 208).

Invite your friends and neighbors to join you.  
Free will offering will help support this ministry.

*Life is better with Friends*