

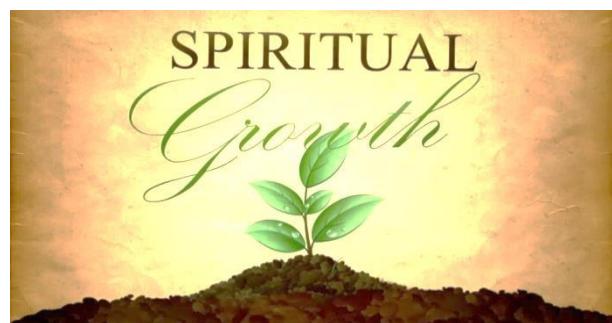
Philadelphia Church

21 Days of Prayer and Fasting *Week 2: January 18th - January 24th 2026*

2026

Year of God's Revelation

Focus: Spiritual Growth/Maturity
Strengthening the Inner Man



1 Peter 2:3

Now that you realize how kind the Lord has been to you, put away all evil, deception, envy, and fraud. Long to grow up into the fullness of your salvation; cry for this as a baby cries for his milk.^[a]

Colossians 2:6-7

Therefore, as you received Christ Jesus the Lord, so walk in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving.

2 Peter 3:18:

But grow in the grace and knowledge of our Lord and Savior Jesus Christ. To him be the glory both now and forever! Amen"

Revelation of Spiritual Growth/Maturity

Colossians 1:9-10 And so, from the day we heard, we have not ceased to pray for you, asking that you may be filled with the knowledge of his will in all spiritual wisdom and understanding, so as to walk in a manner worthy of the Lord, fully pleasing to him: bearing fruit in every good work and increasing in the knowledge of God ESV

1 Peter 2:2 "Like newborn infants, long for the pure spiritual milk, that by it you may grow up into salvation—if indeed you have tasted that the Lord is good"

In Week 1, the Focus: *Spiritual Foundation*; "For no one can lay a foundation other than that which is laid, which is Jesus Christ" 1 Corinthians 3:11

Week 1 we studied: Summary

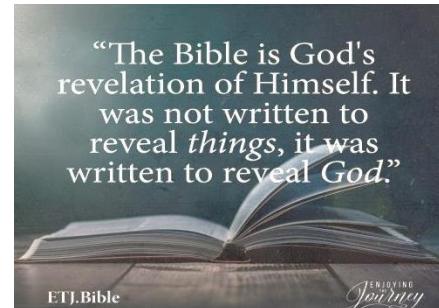
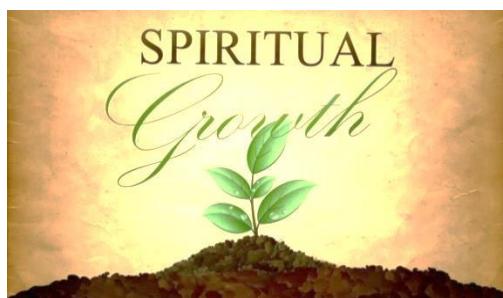
- The indwelling of the Holy Spirit,
- Repentance: Turning to God with a sincere heart,
- Forgiveness: Forgiving others
- Surrendering all to Jesus:
- Prayer: Having an intimate time with the Lord

As we continue our journey of God's Revelation we are going to *Focus on Spiritual Growth, Strengthening Our Inner Man. Though outwardly we are wasting away, yet inwardly we are being renewed day by day.* 2 Corinthians 4:16

Definition: Spiritual Growth refers to the process of maturing in one's faith and relationship with God, characterized by an increasing understanding of biblical truths, a deepening love for God and others, and a more Christ-like character. It is a lifelong journey of transformation and sanctification, guided by the Holy Spirit.

Let us continue our journey with the Lord, as He reveals His mysteries to get to know Him better.

I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better. Ephesians 1:17





Colossians 3:16 Let the word of Christ richly dwell within you as you teach and admonish one another with all wisdom, and as you sing psalms, hymns, and spiritual songs with gratitude in your hearts to God."

Psalms 150:6 Let everything that has breath praise the LORD. Praise you the LORD.

Hebrew 13:15 By him therefore let us offer the sacrifice of praise to God continually, that is, the fruit of our lips giving thanks to his name.

Definition: Praise generally refers to the joyful recounting of all God has done for us, often expressed through singing, shouting, and other forms of celebration. Worship, is the reverence and adoration of God, focusing on His holiness, majesty, and sovereignty.

Psalm 22 tells us that God actually inhabits the praises of His people. Praise causes God to live and dwell with us in a much deeper way. God loves for us to include free, bold and strong praise in our prayer life.

Corporate praise and worship are important, and so are personal praise and worship. God wants to hear your voice, your words, your cares, and your heart. He wants you to enter into His presence. When you magnify God, singing of His wondrous works—from creation to the cross and into eternity—you invite Him into your life. It honors His greatness and focuses your mind on Him, no matter the season you are walking

Praise releases faith and creates an atmosphere in which God can move. It releases miracles. The more we yield ourselves to God in worship, the chains and holds of the world and the flesh break off us. The power of His presence brings a cleansing from unrighteousness and works the holiness of God in us.

John 4:23-24 "But a time is coming and has now come when the true worshipers will worship the Father in spirit and in truth, for the Father is seeking such as these to worship Him. God is Spirit, and His worshipers must worship Him in spirit and in truth."

Purposes of Praise and Worship

- ❖ Glorifying God: The primary purpose is to glorify God. *Ascribe to the Lord the glory due his name; worship the Lord in the splendor of his holiness. Psalms 29:2*
- ❖ Spiritual Warfare Praise and Worship powerful tools in spiritual warfare *2 Chronicles 20:21-22*
- ❖ Transformation and Renewal: Worship transforms the believers heart and mind *Romans 12:1-2*
- ❖ Communion with God: God inhabits the praises of His people, creating a space for divine encounter and communion.

Effects of Praise and Worship

- ❖ **Joy and Peace:** *Philippians 4:4-7*
- ❖ **Unity and Fellowship:** Worship unites the body of Christ in shared purpose and devotion
- ❖ **Empowerment and Strength:** Worship empowers believers to face challenges with strength *Isaiah 40:31* Worship renews spiritual vigor and resilience.
- ❖ **Witness and Evangelism:** Worship can draw others to Christ through its testimony of faith and hope. Worship serves as a witness for the world.

Additional Reading and Reflection

11 Chronicles 20, Isaiah:61:3, Psalms 8:1-2, Psalms 100:4, Psalms 34:1, Ephesians 5:19-20



Psalm 100:2 (ESV) Serve the Lord with gladness! Come into his presence with singing!

Hebrews 6:10 For God is not unjust so as to overlook your work and the love that you have shown for his name in serving the saints, as you still do.

Jesus is our perfect example as a servant. **Definition of Servant** 1 Peter 2:16 describes "servants of God" (Θεοῦ δοῦλοι, Theou douloi) being free to act within the bounds of God's will. What did Jesus say about being a servant, read Matthew 20: 26-28

Definition of Serving: The purpose of service is so God can reach others through our hands. In 2 Cor. 9:12-13, the Bible says that the service we provide not only meets needs but expresses thanks to God and leads others to praise God. The Bible also says that service builds up the "body of Christ." (See Eph. 4:12) *"to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ". (ESV) He makes the whole body fit together perfectly. As each part does its own special work, it helps the other parts grow, so that the whole body is healthy and growing and full of love"(NIV)*

What does it mean Serving God

To serve God means **to do His will** and it includes doing what He commands us to do *Love the Lord your God, to walk in obedience to him, to keep his commands, to hold fast to him and to serve him with all your heart and with all your soul" Joshua 22:5* Serving God means making him real in the things, and in the different ways, we conduct ourselves

To serve God is to serve others and is the greatest form of charity: "the pure love of Christ"

Donate Clothing and Other Goods

Be a Friend

Serve God by Serving Children

Mourn with Those that Mourn.

Serve God Through Your Family

Give Tithes and Offerings

Volunteer in Your Community

Home Visiting

Deuteronomy 10: 12 "And now, Israel, what does the Lord your God require of you, but to fear the Lord your God, to walk in all his ways, to love him, to serve the Lord your God with all your heart and with all your soul, (ESV)

Working as a Church Body in Unity-Examples: As each has received a gift, use it to serve one another, as good stewards of God's varied grace. 1 Peter 4: 10

A) Fasting and prayer, B) Calling someone you normally don't call, C) Caring for one another, D) Working on ministries: Participate as a Greeter/Usher, the Praise and Worship Team, attend Bible Study, etc., E) Stewardship: Giving in tithes, offering, talents, F) Col.3:15-16 – Since members of one body you were called to peace. Teach and admonish one another with all wisdom through psalms, hymns, singing to God with gratitude, G) Fellowship with one another

Personal Assessment: Am I serving within in the church? If not why? The church is in need of workers. Come out of the seat and work on a team. If one ministry doesn't suit you well, try to find one or two others where you can excel in service.

Pray Focus: Lord reveal to me how to serve within the church.

Additional Reading and Reflection

Mark 10:45 Joshua 24:15 1 Peter 4: 10 Colossians 3:22-24

Romans 12:11, Hebrews 6:10 Hebrews 9:14



I Corinthians 12:7-11 But the manifestation of the Spirit is given to each one for the profit of all: for to one is given the word of wisdom through the Spirit, to another the word of knowledge through the same Spirit, to another faith by the same Spirit, to another gifts of healings by the same Spirit, to another the working of miracles, to another prophecy, to another discerning of spirits, to another different kinds of tongues, to another the interpretation of tongues. But one and the same Spirit works all these things, distributing to each one individually as He wills.

1 Peter 4:10-11 As each has received a gift, use it to serve one another, as good stewards of God's varied grace, whoever speaks, as one who speaks oracles of God; whoever serves, as one who serves by the strength that God supplies.

Definition and Purpose: Spiritual Gifts.

Spiritual gifts are special abilities granted by the Holy Spirit to believers for the purpose of As each has received a gift, use it to serve one another, as good stewards of God's varied grace: 11 whoever speaks, as one who speaks oracles of God; whoever serves, as one who serves by the strength that God supplies the Church, glorifying God, and advancing His kingdom. These gifts are diverse and are meant to serve the common good, 1 Corinthians 12:7

Spiritual Gifts: Administration, being an apostle, discernment, evangelism, exhortation, faith, giving, healing, helps, hospitality, knowledge, leadership, mercy, prophecy, serving, speaking in tongues, teaching or shepherding, and wisdom.

Spiritual Gifts are different, because we receive them only after accepting Jesus. The Holy Spirit gives and refines them in us. The distribution of spiritual gifts highlights the diversity within the body of Christ, yet this diversity is intended to foster unity and interdependence among believers. 1 Corinthians 12:12

Spiritual gifts are for serving the whole body of believers, and the Holy Spirit gives them as He determines. Discover your spiritual gifts:

Look for what you're passionate about (affinity), **What** others praise you for (ability/fruit), **Opportunities** that arise (opportunity), and **What** comes naturally (e.g., teaching, mercy, wisdom). **Try** new things, **Prayer**, **Studying the Word**, **Reflection**, and **Spiritual gift tests**, understanding that the Holy Spirit distributes these gifts for serving others. A spiritual gift often feels like something you're good at, love to do, others notice, and God uses to build up the church.

Personal Assessment - Have I been neglecting to see the relevant role every part of our church body plays in the success of God's plan? Am I a team player who values our diversity of gifts and is eager to move forward in unison with the body? Am I using the gifts the Holy Spirit has given me? Am I hiding my talent Matthew 25: 14-30? Am I seeking opportunities, trying new things to know what my spiritual gift(s)are? As a church body we need one another. God designed each of us uniquely according to His heart's desire but has positioned us all under the same Head, Jesus Christ.

Pray for Revelation: Ask the Holy Spirit to reveal your gifts, as He is the giver of gifts. Seek God's face on ways to effectively use the gifts God has given me. Use those gifts to work as a unit so that as a body we enhance one another and reach for the world for the glory of God.

Additional Reading and Reflection:

1 Corinthians 12: 1-24; Ephesians 4:1-16; Romans 12:3-8, 1 Corinthians 12:14-18



Luke 4:1-4 And Jesus being full of the Holy Ghost returned from Jordan, and was led by the Spirit into the wilderness, being forty days tempted of the devil. And in those days he did eat nothing: and when they were ended, he afterward hungered. And the devil said unto him, if thou be the Son of God, command this stone that it be made bread. And Jesus answered him, saying, It is written, That man shall not live by bread alone, but by every word of God.

2 Corinthians 10:4 The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds

Ephesians 6:17 Take the helmet of salvation and the sword of the Spirit, which is the word of God.

The first step is to find out what God is doing and saying about your situation. Then you pick up the right weapon, which is the Word of God. From there, you begin to wield your sword with accuracy, knowing the battle is the Lord's. As you say what God is saying, you agree with heaven over your situation.

How to Use the Sword of the Spirit

- ⊕ Read Your Bible Regularly. ...
- ⊕ Study the Word of God Faithfully. ...
- ⊕ Believe and Proclaim God's Truth. ...
- ⊕ Evaluate Your Life in Light of God's Word. ...
- ⊕ Put the Word of God into Action.

The Word of God is depicted as the offensive weapon used in spiritual warfare against the devil, demons, and their schemes.

Personal Assessment: Am I trying to advance through a war zone without the Power of the Holy Spirit and the weapon of God's Word? When was the last time I pulled out my sword? What have I been using to fend off the enemy and send him packing?

Jesus foiled the attacks of the devil by swinging the sword of the Word. When the enemy tries to take advantage of our time in the wilderness we must be ready to exercise our faith and ward him off with God's Word. To succeed it must be written in our hearts.

Prayer Focus: Lord I pray to Feast on Your Word like I can't get enough of it, to stay sharp and ready to wield my sword at any given time. When the enemy shows up to lure me from my assignment, I won't hesitate to use it and cut him down to size.

Deuteronomy 8:3 He humbled you, and in your hunger He gave you manna to eat, which neither you nor your fathers had known, so that you might understand that man does not live on bread alone, but on every word that comes from the mouth of the LORD.

Additional Reading and Reflection:

*Luke 4:1-13; Romans 10:17; Psalm 119:11, John 14: 12-14, Job 23:12,
Ephesians 6:12, Isaiah 55:10*

Matt. 17:20-21 And Jesus said unto them. Because of your unbelief: for verily I say unto you, If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you. 21 Howbeit this kind goeth not out but by prayer and fasting.

Mark 11: 22 So Jesus answered and said to them, "Have faith in God. For assuredly, I say to you, whoever says to this mountain, 'Be removed and be cast into the sea,' and does not doubt in his heart, but believes that those things he says will be done, he will have whatever he says. Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them.

Faith: Confidence; trust in a person or thing; belief that is not based on proof

Heb. 11:1 Now faith is the substance of things hoped for, the evidence of things not seen.

How to Move Mountains

Have Faith in God. *And without faith it is impossible to please God. For anyone who approaches Him must believe that He exists and that He rewards those who earnestly seek Him. Hebrews 11:16* Faith moving mountain sees God's will. You can pray for anything that is in God (according to His purpose, His word, His plan, His agenda) and if you believe that you have received it, it will be yours. To pray for anything sets no limits to the requests, but the request must be in harmony with the purposes of God. Mountain moving faith is unwavering, it's undivided

Speak the Word Only: "*whoever says to this mountain,*" "*And God said, Let there be*" *Genesis 1*, God created the universe by **speaking** into existence. To move a mountain (obstacle) speak to the situation with authority using the Word: If sick: Holy Spirit drive away sickness from my body. By His stripes I am healed. *Romans 4:17 calleth the things that are not, as though they were.*

No Doubt: "*does not doubt in his heart*", James 1:16 ask in faith, without doubting, because he who doubts is like a wave of the sea, blown and tossed by the wind. Doubt is uncertainty and comes with skepticism. Faith is certain, sure, and confident. To overcome doubt is to place your faith in the Word of God, not the five senses, see, taste, hear, smell, or feel. Faith is the determination to trust in God no matter what the circumstances look like. *Trust in the Lord with all your heart, and do not lean on your own understanding. in all your ways submit to him, and he will make your paths straight.*
Proverbs 3:5

Believe and Receive: "*believe that you receive "faith without works is dead. Faith must be developed. Faith requires action. Believe you have already received the answer in prayer, acting with certainty. God tells you something, you believe it, you start making plans based on it, and then when you receive it you know what to do.*

Personal Assessment: What mountains have been blocking my way to fulfilling God's will? Is lack of faith hindering my productivity for the Lord? Our faith in God is constant, the more we use it the stronger we become. What ways can I exercise my faith?? When our faith is rooted in God we can walk in confidence. Eph 3:20 How can lack of faith hinder my journey? Is how I have been using my faith pleasing to God? *A tiny measure of faith can make a huge difference. It'll move mountains of doubt and when we're willing to rise up from the table and go down on our knees it'll propel us forward to conquer a territory of impossibilities.*

Prayer Focus: Heavenly Father I speak to the mountains in my life with the authority of God's Word and believe it even when I don't see it. I will walk by faith and not by sight. 'For in him we live and move and have our being.' I will dedicate myself to make prayer and fasting a vital part of my life.

Additional Reading and Reflection: *Isaiah 54:10, Matthew 28:18-22, Mark 11:23, 2 Cor. 4:13, 2 Cor. 5:7, Hebrews 11:1-40, Philippians 4:6-7 James 1:16, John 14: 12-14, 1 Timothy 6:12,*



John 15:5,8 “I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing. ...This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples”

Galatians 5:22 But the fruit of the Spirit is love, joy, peace, long suffering, gentleness, goodness, faith, meekness, temperance: against such there is no law.

Ephesians 5:9 For the fruit of the Spirit is in all goodness and righteousness and truth;

The attributes of the Spirit grow in a believer's life as they remain connected to Christ and yield to the Holy Spirit's guidance. Fruit implies growth and development.

The fruit of the Spirit also serves as a guide for Christian conduct. Believers are called to walk by the Spirit (**Galatians 5:16**) and to exhibit these qualities in their interactions with others. This not only glorifies God but also serves as a witness to the world of the reality of Christ's love and grace.

These are the attributes of the spirit's growth. In a believer life:

- **Love:** Unconditional, self-sacrificing love, putting others before oneself.
- **Joy:** Deep, lasting gladness rooted in God, not circumstances.
- **Peace:** Inner calm and tranquility amidst turmoil, a gift from God.
- **Patience** (Longsuffering): Enduring difficult situations and people calmly.
- **Kindness** (Goodness): Tender, benevolent, and useful actions towards others.
- **Faithfulness:** Being reliable, true, and steadfast.
- **Gentleness:** A humble, considerate, and non-harsh demeanor.
- **Self-Control:** Mastery over one's desires, impulses, and actions, empowered by God

Personal Assessment: Am I walking with the Lord and abiding in His word? Or am I busy doing my own thing? What kind of fruit am I producing? Does it resemble Jesus or does it look like the world? If I get pruned, will I multiply or will I wither away?

What's in us will come out of us whether it be good or bad. The Holy Spirit within us will produce a fruitful lifestyle that allows us to live in harmony with our brothers and sisters as well as draw the unsaved to the Lord. Then we can be like that tree planted by the rivers of water, deeply rooted in faith and bring forth much fruit 30,60,100-hundred-fold return.

Prayer Focus: To stay connected to Jesus the vine and let God prune me as He wills. Allow the fruit of righteousness and true holiness to overflow in abundance and reach and fill the hearts of many.

Additional Reading and Reflection:

*Psalm 107:1-31, John 15:1-27, Colossian 2:6-7, Luke 6:43-44, Jeremiah 17:7-8, Romans 8:6
Ephesians 5:9, Colossians 3:12-14, James 3:17-18, Matthew 7:16-20, Psalms 1:3, Psalm 92:14*



The Names of God reveal His nature and character and give us a deeper understanding of who He is. The meanings behind God's names reveal the central personality and nature of the One who bears them. These names are not merely titles but hold deep significance, offering insights into God's nature and His relationship with humanity. They remind you that **God** is personal. **His Name:**

- Strengthen your **faith and prayers** as you call Him by name.
- Helps you **trust Him more deeply** as you learn who He has always been—and who He still is today.

These names help us when we address Him in **prayer**. Just as we want to call people by the right term or name, so we want to address God with appropriate wisdom and reverence whenever we pray.

God reveals His personal name, YHWH (Yahweh) Hebrew name for God means "I AM WHO I AM" or "He who is," derived from the Hebrew verb "to be" It's God's personal name, revealed to Moses at the burning bush, and is often translated as "LORD" in English Bibles

Meaning & Character: YHWH signifies God's unchanging, faithful, and personal presence, demonstrating He is the God who acts to save and remain with His people, not just a distant deity. The Self-Existent One. I Am. He was. He is. He always has been and always will be. He is the Self-Existent One with no beginning and no end Exodus 3:14-15 *He said to Moses, "I AM WHO I AM." And He also said, "Say this to the people of Israel: 'I AM has sent me to you.'"This is my name forever, and thus I am to be remembered throughout all generations.*"

ELOHIM [el-oh-heem]: God "Creator, Mighty and Strong" (Genesis 17:7; Jeremiah 31:33) In the Hebrew bible, **Elohim** refers to the **Creator God**, emphasizing His majesty and power in creating the universe. It's a plural form of El, meaning "mighty" or "strong," The 'him' ending is a plural ending indicating more than one. Its plural form is used not to indicate a belief in many gods but to emphasize the majesty of the one true God, the Creator, the one who created all things.

Genesis 1:1 In the beginning Elohim created heaven and earth. (Names of God)

Genesis 1:26-27 Then Elohim said, "Let us make humans in our image, in our likeness.

So, Elohim created humans in his image. In the image of Elohim he created them. He created them male and female. (Names of God)

The Hebrew root of the Latin phrase for image of God—*imago Dei*—means image, shadow or likeness of God. We have been created in the likeness of God. Created in His image. We are Gods reflection, We have been set apart Ephesians 1:4

- **You were created to bring God glory — Isaiah 43:1, 3-7, Revelation 4:11** God is clear about our creation purpose —we were **created for a relationship with Him** and to bring Him glory in all we do.

As you meditate and study on the names, pray for closer relationship.

Yahweh Tsidqenu , Lord Our Righteousness Jer23:5-6; 31:35
El Roi, The God Who Sees Me. Gen 16: 13-14, Psalm 121:3, 5-8
Jehovah-Nissi: The Lord Is My Banner (Exodus 17:15)
Jehovah-M'Kaddesh: The Lord Who Sanctifies (Leviticus 20:7-8)
Jehovah Shammah The Lord is There. Gods Abiding Presences Ezekiel 48:35
Adonai: Lord, Master (Psalm 8:1)
El Shaddai: God Almighty (Genesis 17:1)
El Elyon: The Most High God (Genesis 14:18-20)
El Roi: The God Who Sees (Genesis 16:13)

What is God Saying to Me? What are the major points for my personal study and meditation?

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