HUMILITY

The non-arrogant attitude that comes from knowing that all my abilities are a gift from God.

PHILIPPIANS 2:3
Do nothing from selfishness or empty conceit, but with humility of mind let each of you regard one another as more important than himself. (NASB)

OPPOSITE: Arrogance
DEFINITION AND DISCUSSION (NA)
1. How would you define HUMILITY? What is it? Take time to memorize the following definition taken from the reverse side of this sheet.
   HUMILITY = The non-arrogant attitude that comes from knowing that all my abilities are a gift from God.
2. What do you picture when you think of a humble person? (someone who does not brag and is not arrogant, proud or haughty)
3. Who do you know that displays humility? Explain.
4. Why are all of our basic abilities a gift from God? (He made us)
5. If God is responsible for giving you your abilities and talents, can you rightfully take any credit for them? Explain. (No! God gets the credit.)
6. Even though God gave you your raw abilities, why are you still responsible for developing them? (to be a good steward)
7. Give examples of abilities you can develop. (athletic, scholastic, music)
8. What things do people do that show a lack of humility in their lives?
9. Why do people brag? (they want others to know how important they are)
10. What are things that people often brag about? (who they know "name droppers", where they have been, what they have done)
11. How do you feel when others brag about themselves?
12. People sometimes brag because they want to improve their reputation. In your opinion, does bragging improve or hurt a person's reputation?
13. Isaiah 43:7 teaches that we were created for God's glory. How does bragging steal glory from God? (by not giving credit where it is due)
14. In God's eyes, is being a good athlete or being good at helping people more important? Why? (helping people has eternal value)
15. Why is it hard to be humble? (people like to talk about themselves)
16. The opposite of humility is arrogance and pride. What can be learned from the following verses regarding arrogance and pride:
   Proverbs 6:16-18 (God hates a proud look)
   Proverbs 8:13 (God hates pride and arrogance)
   Proverbs 16:18 (pride goes before destruction)
17. If people are uncomfortable around braggers, how do you think they feel if you brag? (the same way)
18. What kind of rule could a person make for himself based on Proverbs 27:2? (Not to brag about himself. If others want to talk about him that's O.K.)
19. Explain the saying: "Those singing their own praises, often sing alone."
20. What can a person do to help himself be more humble. (Give glory to God for good things. Not talk about himself. Be interested in others.)

APPLICATION AND ACTIVITIES
1. According to Phil 2:3, how are you to regard others? Do you do this?
2. Role play the following situations twice. First be proud, then be humble.
   a. You scored the winning touchdown, and people are complimenting you.
   b. You got the lead part in the school play and someone congratulates you.
   c. You just got an A on a test and your friend got a B.
3. What are some things that you are good at doing? Which of these do you feel you should cultivate. Devise a plan and share it with your group.
4. Has there ever been a time when you felt like bragging? Did you brag? If so, how did you feel after doing so. If not, how did you feel?
5. Write out a goal based on Proverbs 27:2 and hang it in a place where you will see it each day for the next week.
6. Memorize Philippians 2:3. Make a puzzle out of it and let each person put it together for time. Be humble if you are the fastest.
7. Have each person write a response to the following statement. "I will do or not do the following things to be more humble."