

GRACE FAMILY CHALLENGE: Creating Faith that Sticks

Week 5: March 31 to return to church Sunday, April 7

NAME: _____



Serving together

My family (at least one parent/guardian) and I:



Listen to Christian music S M T W Th F S



Read a Bible story/verse S M T W Th F S



Played a board game S M T W Th F S

One of the ways parents help their kids develop sticky faith is by serving together. It can be as simple as making cookies or buying flowers for someone who needs cheering up or as extravagant as cleaning someone's car or house. Record how you served together below:

Parent Signature: _____

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Why have we chosen these activities ?

1. **We listened to Christian music:** One of Lifeway's research findings is that listening to Christian music influences a kid's faith. It makes sense— catchy phrases and songs stick in our heads. Listening to Christian music edifies our hearts and minds by focusing our attention on God
2. **We read a Bible Story/verse together:** According to Lifeway's research findings, recorded in Jana Magruder's book, *Nothing Less: Engaging Kids in a Lifetime of Faith*, kids who read the Bible regularly are much more likely to develop a relationship with Jesus that continues into adulthood. This is one of the most important things we can help our kids learn to do is to read the Bible regularly.
3. **We played a board game together:** Really the concept of this sticky faith idea (p. 83) is to help parents and kids spend time together. This is especially helpful when the kids become teenagers. If you have kids that span different age ranges and interests, try to find a game that everyone can enjoy.
4. **Bonus activity:** Sticky Faith dedicated a whole chapter on how serving together as a family can help grow kids' faith. Consider explaining to the kids that we serve as a family as a way to live out what Jesus teaches (Mark 9:42; 1 Peter 4: 10). Lifeway also says that while attending church as a family is very significant for kids, serving in the church makes even more of an impact on a kid's faith journey.

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