



# SUPPORT GROUPS

NOVEMBER

*All families welcome!*

## **In-Person Support Group**

**Nov 28** from **6:30-8:00** @ the **CHI Office**

## **Virtual Support Group**

**Nov 30** from **7:30-9:00** by **Zoom meeting**

Meeting ID: 818 7984 8719

Passcode: 060973

**This resource was requested by families and we are working hard to define what works best for the majority!** Conversations are most effective when there is robust attendance. In the event of insufficient RSVP's by 11/27/23, we may need to cancel. Ashley is also available to meet 1:1 upon request.

Support Groups are led by:

**Ashley Phelan, MS, TBRI Practitioner**

Join us for an opportunity to connect with other families, celebrate your successes, ask questions, share feedback and find support. Ashley will share TBRI inspired parenting strategies to help our families thrive!

## **Please RSVP by 11/27/23**

RSVP to your social worker or by calling the office at 559.229.9862

## **Questions may be directed to:**

[ashley.p@chrysalishouse.com](mailto:ashley.p@chrysalishouse.com)

