

Joy

I often like to say, "Joy is not the absence of sorrow but the presence of Jesus in our lives." So how do we experience joy in the midst of a worldwide pandemic? Joy is a virtue found in the fruit of the Spirit which reads, "the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law." (Galatians 5:22, 23).

Joy is the result of the indwelling Holy Spirit, so it is not dependent on external circumstances, or things, or events. So if you are struggling with feeling unhappy you may want your circumstances to change and The Lord may need for us to be still and know that He is Lord and He will fan into flame the Spirit within and produce joy to bubble out.

In His Easy Yoke,
Pastor Eric
2 Tim 1:7