

**Proverbs 4:23, Matthew 22:37-40**  
Guard Your Heart | Overview  
03.01.20

**Proverbs 4:23** *Keep your heart with all diligence, For out of it spring the issues of life.*

Who are we guarding our heart for? What are we guarding our heart from? Why does it matter that we guard our heart?

**Matthew 22:37-40** *Jesus said to him, “You shall love the LORD your God with all your heart, with all your soul, and with all your mind.”<sup>38</sup> This is the first and great commandment.<sup>39</sup> And the second is like it: ‘You shall love your neighbor as yourself.’<sup>40</sup> On these two commandments hang all the Law and the Prophets.”*

- It is possible to ask questions without truly wanting the answer.
- It is possible to hear the truth without applying it.
- It is possible to say you love someone without understanding true love.
- It is possible to say you love someone without really meaning it.

**Proverbs 28:25** *He who is of a proud heart stirs up strife.*

Every conflict has at least two ingredients: Opposing Views & Pride

**Proverbs 28:26** *He who trusts in his own heart is a fool*

**Proverbs 16:32** *He who is slow to anger is better than the mighty, And he who rules his spirit than he who takes a city.*

**Proverbs 10:28** *The hope of the righteous will be gladness*

**Proverbs 13:12** *Hope deferred makes the heart sick, But when the desire comes, it is a tree of life.*

**Philippians 2:12-13** *Therefore, my beloved, as you have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling; <sup>13</sup> for it is God who works in you both to will (give us desire) and to do (give us ability) for His good pleasure.*

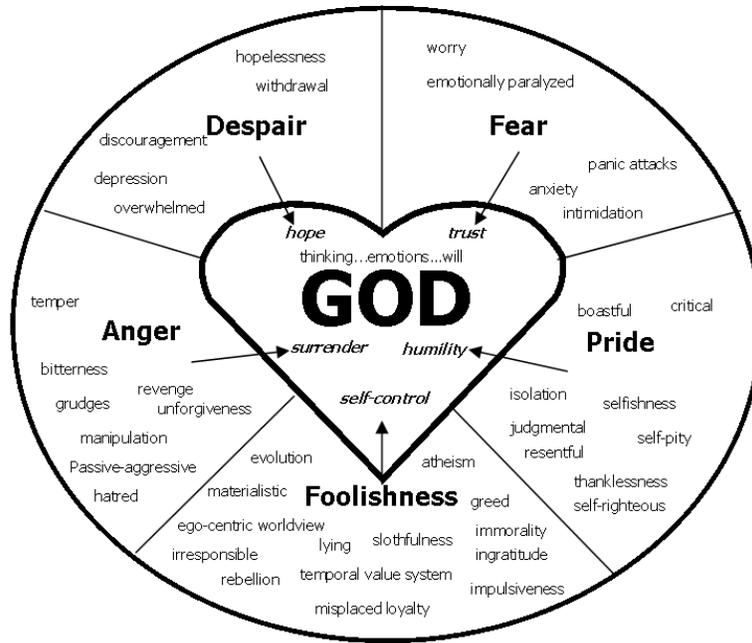
1. My relationship with God is the most important of all my relationships. God is priority #1.
2. I take my disobedience and sin seriously and accept 100% responsibility.
3. I am more focused on my sins than I am on the sins of others.
4. I spend time with God as a means to know, love, and serve Him.
5. I love what God loves.
6. I desire to please him with my thoughts, words, and actions.
7. I treasure Christ as my greatest prize.
8. I extend forbearance and forgiveness to others.
9. I seek ways to serve others and the Lord's church.
10. I desire and pursue the very best for others, which is their relationship with Christ.

Guard your heart from spiritual drifting and from becoming indifferent to GOD.

**Hebrews 2:1** *Therefore we must give the more earnest heed to the things we have heard, lest we drift away.* **Hebrews 3:7-8** *Therefore, as the Holy Spirit says: “Today, if you will hear His voice, Do not harden your hearts as in the rebellion*

# 5 Heart Issues of the Believer

Matthew 22:37 | Love the Lord thy God with all your heart.



**Proverbs 4:23**  
Guard your heart.

## My Responses

### Philippians 1:21

For to me to live is Christ, and to die is gain.

For all seek their own, not the things which are Jesus Christ's.

- o Pleases God
- o Increases Faith
- o Exhibit salt and light
- o Self control
- o Leads to habits of holiness, joy and peace
- o Eternal rewards

### Philippians 2:21

- o Grieves God
- o Increases doubt
- o Stumbling block
- o Self-indulgence
- o Leads to habituation of sin, conflict and heartache.
- o Loss of rewards and shame

*\*adapted from Twelve Stones Ministries*