

Psalm 1 | 11.24.19

Types of Psalms (ESV Study Bible)

- Laments, which lay a troubled situation before the Lord, asking him for help. There are community (Psalm 12) and individual (Psalm 13) laments. This category is the largest by far, including up to a third of all Psalms.
- Hymns of praise, which call God's people to admire his great attributes and deeds. Examples include Psalms 8; 93; and 145.
- Hymns of thanksgiving. As with laments, there are community (Psalm 9) and individual (Psalm 30) thanksgiving psalms.
- Hymns celebrating God's law (Psalm 119).
- Wisdom psalms (Psalms 1; 37), which reflect themes from the Wisdom Books (Job, Proverbs, Ecclesiastes, Song of Solomon).
- Songs of confidence, which enable worshipers to deepen their trust in God amid difficult circumstances (Psalm 23).
- Royal psalms, which present the Davidic monarchy as the vehicle of blessing for God's people. Some of these are prayers (Psalm 20), some are thanksgivings (Psalm 21). All relate to the Messiah, the ultimate heir of David, either by setting a pattern (Psalms 20–21) or by portraying the king's reign in such a way that only the Messiah can completely fulfill it (Psalms 2; 72), or by focusing on the future (Psalm 110).
- Historical psalms, which take lessons from the history of God's dealings with his people (Psalm 78).
- Prophetic hymns, which echo the Prophets, calling people to covenant faithfulness (Psalm 81).

The Psalms | John Piper:

- The Psalms are instructive about God, man and life.
- The psalms are songs or poems.
 - “ More explicitly than all the other books in the Bible, the Psalms are designed to awaken and shape our emotions in line with the instruction they give.”
- The Psalms are inspired by God
 - “They are not merely the word of man to God, they are the Word of God to man even when they are the words of man to God”
 - Mark 12:36 (NKJV) — 36 For David himself said by the Holy Spirit (inspiration): ‘The LORD said to my Lord, “Sit at My right hand, Till I make Your enemies Your footstool.”’ quoting ps 110.1

Psalm 1 (NKJV) — 1 Blessed is the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful; 2 But his delight is in the law of the Lord, And in His law he meditates day and night. 3 He shall be like a tree Planted by the rivers of water, That brings forth its fruit in its season, Whose leaf also shall not wither; And whatever he does shall prosper. 4 The ungodly are not so, But are like the chaff which the wind drives away. 5 Therefore the ungodly shall not stand in the judgment, Nor sinners in the congregation of the righteous. 6 For the Lord knows the way of the righteous, But the way of the ungodly shall perish.

The desire to be happy

- Blessed - Happy, living a blessed life
- What sets believers apart from the world around us is where we go to find happiness, what we seek after for a blessed life

People whose lives are blessed by God

- Resist the gradual comfort of sin.

- We move into sin and disobedience gradually. If you follow the wrong counsel, then you will stand with the wrong companions and finally sit with the wrong crowd.” Warren Wiersbe

Watch whose counsel they listen to

- His Word - His special revelation to us
- His Spirit - The great counselor, who indwells every believer to lead and guide
- His Church - Brothers and sisters who share the same values and priorities, who know the scriptures and have been commanded to encourage one another.

Watch their company

- 1 Corinthians 15:33–34 (NKJV) — 33 Do not be deceived: “Evil company corrupts good habits.” 34 Awake to righteousness, and do not sin; for some do not have the knowledge of God. I speak this to your shame.

Delight in God’s word

- Apart from God, we would have no desire for His Word.
- Psalm 119:18 (NKJV) — 18 Open my eyes, that I may see Wondrous things from Your law.
- Psalm 119:103 (NKJV) — 103 How sweet are Your words to my taste, Sweeter than honey to my mouth!

Meditate on God’s word

- Meditate - "to mutter, to read in an undertone"
- Joshua 1:7–8

What the blessed life looks like

- Rooted
Colossians 2:6–7 (NKJV) — 6 As you therefore have received Christ Jesus the Lord, so walk in Him, 7 rooted and built up in Him and established in the faith, as you have been taught, abounding in it with thanksgiving.
- Fruitful
 - Biblical fruit is the outward expression of what is going on in the inside | John 15:4
 - Be patient for your season | Galatians 6:9 (NKJV) — 9 And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart.
- Full of life
- Prosperous
 - Prosper according to God’s plans - God’s definition of being prosperous is the fruit bore in our lives as a result of being rooted in His Word.

The life of the ungodly

- What they do has no eternal value
- They will face judgement

Warren Weirsbe’s thoughts

- Until harvest, the chaff and the grain are in close proximity to each other
- fruit has in it the seed for more fruit - multiplication

Application:

- Who is influencing you?
- What does the fruit of your life look like?