



## THE SHOES OF PEACE

Week 54 | June 10, 2025

*"For shoes, put on the **peace** that comes from the Good News so that you will be fully prepared."*

**Ephesians 6:15**

For any **soldier** to be *truly effective* they must do battle from a firm foundation. The landscape of our warfare might shift and **change daily**, but we can *remain steadfast* with the proper footwear. The **solid rock** of God's *Good News* serves as our sure footing and in it we find **a gift** that surpasses *all understanding* ([Philippians 4:7](#)).

The Gospel offers us a **peace** unlike anything this world has *ever known*. It is one of the many gifts that Christ left with His followers and is one of the most powerful **fruits of the Spirit's work** in our lives ([John 14:27](#); [Galatians 5:22](#)). It is also a form of protection, used by God to guard our **hearts** and **minds** and serving as another *fundamental piece* to our daily armament. Like any gift, though, the peace of God must be **opened**. Like every *piece of armor*, it must be put on. In order to do so, to "**live in Christ**" as Philippians 4 describes it, requires that we:

### 1. TRUST ([Isaiah 26:3](#))

- a. **NOTE:** The Enemy does everything in their power to **derail** our faith, seeking to *distract* or *discourage* us whenever our prayers seem unanswered. Many times this is because when we pray for **peace** we expect things to settle down *outwardly*, but that's often not the case. Instead, the peace of God offers us a **calm** in the midst of *chaos*, **serenity** in the midst of *storms*, and **confidence** in the midst of *uncertainty*. All of this comes as we choose to trust in God **regardless** of our *circumstances*, placing all of our faith in **who He is** in spite of what we might be *seeing, hearing, or feeling*. ([Rom. 15:13](#); [Mark 4:38](#))
  - i. **For Ex.** "Lord God, thank You for granting us **perfect peace** as we *trust in You*, as our thoughts are fixed on You. Be with us today, Lord, as **the chaos** rages all around, and remind us *to choose*. Remind us to choose to trust You, to exercise **our will** and *place our faith* in You no matter what we might **feel, hear, or see**. *Silence* all the voices of doubt and unbelief, strengthening instead our **confident** assurance in Your *character, nature, and promises*."

1. **REMEMBER:** *Faith fades* when **our focus** falters. ([Matthew 14:30](#))

### 2. SUBMIT ([Isaiah 48:18](#))

- a. **NOTE:** Satan is **a rebel** at heart, *unable and unwilling* to submit himself to Christ's authority. Likewise, **our flesh** is *incapable of obedience* to God's ways, constantly striving to fulfill its own twisted desires at the expense of all else. Here lies the problem: you cannot have the **peace of God** until you have *peace with God*. Only under Christ's lordship, living in **obedience** to His will, does the peace that we crave become *a reality*. Like the furthest reaches of the ocean's depths, which are **unbothered** by the *storms* at the surface, once the war within has been settled the conflicts that **rage externally** can do little to *disrupt the peace* at our center. ([Rev. 12:1-9](#); [Rom. 8:7](#); [Col. 3:15](#))

- i. **For Ex.** “Lord Jesus, thank You for offering us ‘*peace like a river*’ in **all situations** and in every season. Thank You for coming to win and claim **victory** over *sin*, *death*, and the *Evil One*; for setting us free from our **wicked nature** and granting us *citizenship* in Your kingdom. Please destroy every **toehold**, **foothold**, and **stronghold** of *sin* and *rebellion* planted by the Enemy and nurtured by **our flesh**, giving us instead the *desire*, *power*, *strength*, and *humility* to submit to Your will and **way**, acting in *obedience* to all You have called us to do so that we might experience the peace that comes as a result.”

1. **REMEMBER:** *Peace* and **rebellion** cannot coexist. ([2 Kings 9:22](#))

### 3. COMMUNICATE ([Philippians 4:6-7](#))

- a. **NOTE:** The ability to **talk to** and **hear from** our *God in heaven* is one of the greatest and yet most underutilized abilities that Christians have at our disposal. **God’s word** is the *ultimate source* of our firm foundation and the practice of making our **requests**, **receiving** His response, and **responding** in turn to God our Father is essential to *lasting peace* in the midst of storms. It’s no wonder then that the Enemy constantly strives to **interfere** with or **interrupt** this conversation, for they know that *one word* from above can quiet the raging sea within. ([Psalm 119:165](#); [Matthew 7:24](#); [Mark 4:39](#))
- i. **For Ex.** “Father God, thank You for the **ability** and **opportunity** You have given us to *talk to* and *hear from* You. Thank You for seeking out conversation with us, for **continuing to speak** even when we’re *too stubborn* to listen and **remaining available** even when we *neglect to reach out*. Remind us today, Lord, to come to You with every burden, humbly laying them **at Your feet** in prayer and *listening* for Your response. Compel us, Father, to **remain** in *constant communication* with You so that the voice of the Enemy has no room to maneuver.”

1. **REMEMBER:** *Talking with God* often involves **quietness**. ([Job 40:4-5](#))

### Questions for Reflection:

- When **storms hit**, where do you *turn*? If there’s a lull in the rain, what do you **run back to**?
  - Check *your gaze*, oftentimes our lack of peace comes from a **faulty focus**.
- What area of your life is not **completely** under *Christ’s control*?
  - Peace comes on the other side of **victory**. Partner with God to *defeat your desires* and submit every aspect of your being unto Him.
- Do you struggle to **slow down**, *be still*, and practice silence before God?
  - It’s **not easy**, it will be *inconvenient* and *awkward*. But God’s most intimate counsel is often **reserved** for those times of *quiet solitude* with Him.