



# OUR GREAT PHYSICIAN

Week 40 | March 3, 2025

*“But he was pierced for our rebellion, crushed for our sins.  
He was beaten so we could be **whole**. He was whipped so we could be **healed**.”*

**Isaiah 53:5**

Of all the *amazing promises* contained in the Gospel, one of the most **needed** and yet **underutilized** guarantees is that of our total and complete healing. Yes, Christ came to save *us* from our **sins** and deliver *us* from the **eternal death** we all deserve. But He also came to offer us healing in the here and now, to provide the *spiritual, mental, and physical restoration* that we desperately need. In this *lost and dying* world, we serve The Great Physician, and He wants to do **His great work** in our families, churches, and communities by:

## 1. BINDING our Brokenness ([Isaiah 61:1](#))

- a. **NOTE:** Within all of us resides something that is **broken**, something that we *should be* able to do but are unable to accomplish. Whether it is due to a **painful memory** or a **genetic trait**, there are parts of our *heart and mind* that have been shattered and destroyed. For some, it is our **ability to trust** others or fully **experience joy**. For others, it might be our *capacity to hope* or *clearly communicate*. Whatever the case, our God can, will, and wants to heal it all! ([Psalm 34:18](#))
  - i. **For Ex.** “Lord God, thank You for coming to **make us whole** again. Thank You for coming to put together all of *the broken pieces* of our heart, for seeking out our **total healing** and **restoration**. Please, Lord, come now into our lives and *bind up* all that is broken, repairing and restoring all that has been **shattered** and **torn apart**. *Only You are able*, Father, for You are the missing piece that **ties it all together**.”
    1. **REMEMBER:** Even those **born broken** don’t have to *stay* so. ([John 9](#))

## 2. MENDING our Wounds ([Psalm 147:3](#))

- a. **NOTE:** We have also all been **wounded**, *hurt deeply* by people, things, and life in general. These wounds, if left undealt with, can and will suck the **joy, love, and energy** out of our life and lead to *further injury* of ourself and others. The process of mending can be **painful**, as any suture would be, but in the end it is *worth it*. For as the scars are healed we can live as intended, full of all of the abundant **grace** and **mercy** that God has *poured into us*. ([Job 5:18](#))

- i. **For Ex.** “Father God, our **Great Physician**, thank You for *nursing* and *tending* to our wounds. I am grateful to know that You have **seen everything** that’s happened to us, that You *know it all*. Because of this, You alone are able to **mend these tears** in our *heart and soul*, sewing up the gaping wounds deep within. Come now into these **damaged areas**, Lord, and minister to us Your *healing ministry* so that we might be restored completely from the **inside out**.”
  1. **REMEMBER:** In order **to mend** we must *invite* Christ INTO our wounds. ([Revelation 3:20](#))

### 3. CURING our Sickness ([Psalm 103:3](#))

- a. **NOTE:** Our **sicknesses** are the *flawed and twisted* ways of thinking or feeling that develop as a **result of sin**, whether it be our *own sin*, that of those *around us*, or the sinful *fallen world* we live in. For some it is a crippling anxiety that **debilitates** and prevents *forward movement*. For others it can be a stifling depression that makes it hard to get *out of bed*. With others still it is an inability to be content with anything, no matter how wondrous the gift may be. *Whatever the disease*, our Savior has **the cure**! ([Matthew 4:23](#))
  - i. **For Ex.** “My Dear Lord, thank You for making us **fearfully** and **wonderfully** after *Your own image*. Thank You for coming to redeem, reclaim, and restore our **hearts** and **minds** and for the *cleansing power* of Your blood. Come now into all of our sickness and **purify** our *bodies, souls, and hearts* of all that is not of You. **Wash us**, Lord, that we might be made clean and free of all **sickness** and **disease** *mentally, spiritually, and physically*. Thank You for holding the cure and for granting it to us today.”
    1. **REMEMBER:** God wants to heal **the root disease**, not just *the symptoms* of the sickness. ([Mark 2:1-12](#))

### Questions for Reflection:

- How long will you **limp around** on a *broken leg* before you ask God to heal you?
  - Don’t mistake **your brokenness** for a part of *your identity*, God has made you new!
- Are you **grateful** for your *scars*?
  - Remember, they only appear upon our healing and they serve as a **reminder** of *lessons learned*. But take heart, for even they will one day be **completely removed**.
- Did you think your **sickness** was *incurable*? That you were just stuck with it forever?
  - Don’t give up, don’t give in. Keep on seeking **His cure**, keep on asking for **His relief**, and keep on resting in **His strength** during the waiting.