

PARTNER WITH US :: We Want You! IronMan 2018!

Thursday & Friday, July 19 & 20 Bless the Teams by Cooking Breakfast

- Cook a Hot Breakfast for 25 Mission Team members at the church, 6-9a.

Friday, July 20 IronPrayer Service at 5PM.

- Needs: sound & media, childcare, greeting guests & prayer during service.

Saturday, July 21 Big day!...We need help with the following:

- **Pancake Breakfast** on the oval, 7:30-9:30a. Help with setup, teardown, food prep and interacting with athletes and their families.
- **WEEKEND WORSHIP SERVICE**, 6:30p w/mission teams, followed by pizza.

Sunday, July 22 Race Day! We need volunteers in the following areas:

- **Environmental Teams** working three shifts during the race:
 - ◇ 7-11a Focusing on Mirror Lake and the transition area for the swim
 - ◇ Noon to 6p Focusing on the finish line at the Oval
 - ◇ 6p to 11p Focusing on the finish line at the Oval
- **Bike Aid Station** 5:30a - 2p (must be quick and agile).
- **Run Aid Stations on River Road.** Afternoon and evening shifts.
- **Athlete Food Tent** 6PM - Midnight

Monday, July 23 We need pickup trucks and helping hands....

- Clean up the oval, 8:30 - 10:00a.
- Sort unclaimed "special needs" bags, noon-2p.

-----See Time Slots For Different Opportunities Below-----

Please email lakeplacidchurch@gmail.com with your name, areas you would like to serve, and shirt size.

YES! I want to partner with IronMan & LPBC in the following areas:

- Cook a hot breakfast for mission team members
 - Thursday, July 19, 6-9a
 - Friday, July 20, 6-9a
- Iron Prayer Service on Friday, July 20, 5:30p
 - Sound/Media
 - Childcare
 - Greeter
 - Prayer Team
- Pancake Breakfast on Saturday, July 21, 7:30-9:30a
- Bike Aid Station, 5:30a-2p
- Environmental Team
 - Sunday 7-11a
 - Sunday Noon—6p
 - Sunday 6p-11p
 - Monday 8:30-10a
 - Monday noon-2p
- Run Aid Station afternoon evening
- Athlete Food Tent 6-9p 9p-midnight