



Only an
'untied'
church can be truly
united

REV. MICHAEL MATTOX



Not being very proficient at typing, I'm often making mistakes at the typewriter or computer that make me laugh out loud. One of my more common mistakes occurs when I type the word "united." I get in a hurry and often type Untied (instead of United) Methodist Church. Untied? Who untied the church? Or more importantly, who tied up the church?

The image is vivid.

When my wife Judy was a little girl she would look forward to the end of the workday when her father would come home from the office. She tells the story that one day her father called to say he would be late coming home. When Judy asked her mother what time Daddy would be home, her mother simply said, "He won't be home just yet. He's tied up at the office." Upon hearing her mother's answer Judy burst into tears. "Who tied Daddy up at the office?" she cried. Judy's mother held her and explained the expression that Judy had misunderstood.

Sometimes, though, it seems that the church needs to be untied.

We get tied up over all kinds of things. We get tied up in our own racism. We get tied up in our fearful attitudes about money and giving to the church. We get tied up with our prejudice against women. And we preachers often get so tied up with our own theological viewpoints that we can't see the qualities of others unlike us.

Can the church become untied?

In the lectionary epistle, Paul is again writing to Timothy. Paul apparently sees a connection between his own plight (he is imprisoned and "tied up" in chains) and that of the gospel. But with great hope and faith he proclaims, "... (though) I suffer hardship, even to the point of being chained, the word of God is not chained." (II Timothy 2:9) Or, could we say, the word of God is not "tied up"?

In fact, I believe what will truly unite us at the United Methodist Church is to live as an untied church, free from the fetters that drag us down and free from the hatred and bigotry that taint our witness. Free.

As Galatians 5:1 proclaims, "For freedom Christ has set us free; stand fast therefore, and do not submit again to a yoke of bondage."

FUMC Hot Springs sends prayers and donations to help with tornado relief in Oklahoma

On May 20, 2013, the town of Moore, Oklahoma had an EF5 tornado rip through its streets causing massive destruction resulting in the loss of 24 lives, including 9 children. Numerous homes, businesses, hospitals and schools were destroyed leaving 33,000 people directly affected. With 12,000 homes being destroyed, many were left homeless, with only random objects representing what they once called home.

In times of disaster, it is often the local churches that reach out to the people directly affected to provide immediate response. When images of the tornado were released, many people from FUMC Hot Springs wanted to help their neighbors in nearby Oklahoma. One church member in particular, Angela Moses, who is a native of Moore, OK, planned a trip to help people in need. With the help of our congregation, Angela gathered work gloves, heavy duty trash bags, and \$300 in funds to take to FUMC Moore and anyone in need.

The response from our congregation did not end there. In only a period of two weeks, \$3,300 was collected for the United Methodist Committee on Relief (UMCOR) fund to benefit disaster relief in Moore, OK. While these donations cannot bring back loved ones or homes that were lost in the storm, the amount of generosity shown to our fellow neighbors will help put them back on their feet.

There is one thing this storm cannot take from the people of Moore: the love of Christ. Thank you, members of FUMC Hot Springs, for your gracious offering and prayers to this tragic event. You provided the love of Christ to these people when they needed it most. Paul tells us that nothing can separate us from the love of God, not even a natural disaster. *Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword?...No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.* - Romans 8:35, 37, 38.



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Phone: (501) 623-6668 / Fax: (501) 623-2293
www.fumchs.org

Listen to our 10:45 traditional worship
service every week on 104.5 FM!

FUMC Staff Members

Rev. Michael Mattox, Senior Minister	ext. 100
Rev. Zach Roberts, Associate Minister	ext. 103
Rev. Teresa Holt, Discipleship Minister	ext. 116
Bart Patton, Youth Minister	ext. 123
Michelle Wilkins, Children's Ministries	ext. 130
Candy Poirier, Outreach Ministries	ext. 117
Lauren English, Communications Director	ext. 101
Mike Lovelady, Music Minister	ext. 107
Dr. Ron Hall, Music Minister	ext. 118
Cyndee Metcalf, Business Manager	ext. 102
Lanette Wilson, Church Secretary	ext. 104
Larry Barnes, Facility Director	ext. 112
Leslee Jones, Child Development Center	ext. 114
Lynn Reeves, The Caring Place	(501) 321-1764

PRAY with US

Join our intercessory prayer ministry in
expressing gratitude for our maintenance
staff. Ask the Lord to give Larry Barnes, David
Beard, and David McKemie good health and
safety as they work hard to maintain FUMC
and see to the day-to-day upkeep of our
church.

A big THANK YOU

Thank you to the following men of the church
who participated in the church Work Day on
Saturday, June 1st:

Kennison Holmes
Latt Bachelor
George Bachelor
Bill Cluck
Steve Burns
Carl Crow
Don Cassil
Zach Roberts
David Beard
Larry Barnes

They dug up and removed the yucca plants
along the sidewalk, transplanted some
shubbery by the Sanctuary, and cleaned up
some copper flashing for recycling credit. We
appreciate your willingness to keep our campus
beautiful!

Donations still needed

We are still collecting can tabs, Campbell's soup
labels and non-perishable food items. The can
tabs will go to Ronald McDonald House, soup
labels to Langston Elementary, and food items
go to Jackson House and our Open Arms Food
Pantry. Jackson House and Open Arms see
even more people in the summer for assistance.
With your help, we hope to help families in
need in our community!



Faith Matters

Does anyone really know what time it is?

REV. TERESA HOLT

My Sunday morning small group has been studying the ancient practices for the last month and one practice that really had us talking was the Liturgy of the Hours. It seems that the Benedictine monks invented the mechanical clock so they could pray regularly. Amazingly (or not) this creation by humans to praise God has been twisted into a celebration of mammon in that "time is money". Our jobs, home life, social relations all revolve around the hours. But unfortunately, our praise of God rarely does. We live in a 24-7 world despite that God created us to live in a 24-6 world. Look it up, it's a commandment that takes up a large part of the 10 commandment script in Deuteronomy 20. Yet we ignore this commandment as if it really doesn't have any weight. I don't want to be legalistic here, but what if you gave back 1/7 of your time to God? What if we took back time and didn't praise efficiency, getting work done, or multitasking; and instead spent time just being and resting? It was suggested that the best way to not work on Sabbath is "figure out what work is for you and don't do it". I wonder if our health and relationships with others would improve if we became 24-6 people. So, try it this week. See if you don't feel better! PS: My apologies. Only older people like me, who grew up with Chicago, would know the melody behind that title!

If you would like to watch the videos from the series, check them out below:
Ancient Practices with Phyllis Tickle <http://www.qideas.org/video/recovering-the-ancient-practices.aspx>.
Spirituality of the Cell Phone with Shane Hipps http://www.youtube.com/watch?v=ogVmYzZR_Pg
Matthew Sleeth 24/6 <http://www.qideas.org/video/observing-the-sabbath.aspx>

Thank you for the notes, cards, texts, emails and calls about my mother's death. She was a fantastic mom with a gentle spirit, and her funeral genuinely celebrated her life and ministry in the community. Your support and prayers were very much appreciated.

MIKE'S MIC

MIKE LOVELADY

Thanks to The Gable Bradley Band for leading worship this past Sunday. It's nice change it up, go acoustic and worship in a little different setting. We are so blessed to have such an amazing talent at FUMC Hot Springs, and I appreciate them using their gifts to lead on Sunday morning. Thanks as well to Clark Walker and David Bedell who handled the sound and visual ministry while I was away. We still could use some volunteers on Sunday mornings in The ConneXion. If this is something that interests you, please contact me at 623-6668 ext. 107.



Don't Miss De' Fun Man!
July 8th - 12th, 9:00am - Noon
First United Methodist's
CAMP JAM-A-LOTTA
MUSIC CAMP 2013
Fun*Musical Games*Fun*Special Events*Fun*
Music sections on Rhythm* Boomwhackers*
Recorders*Theory/Melody*HandBells*
Kid's Choir*
And whole lot more!
Must be going into 1st - 6th grade to be eligible



Camp JAM-A-LOTTA is just around the corner! Can you believe that it's less than a month away? Parents, if you have not registered your child for camp please do so as soon as you can. You can register on the church website, www.fumchotsprings.org, or you can fill out a registration sheet at church and drop it in the offering plate on Sunday morning.

How can I help with Camp JAM-A-LOTTA? What a great question! We need camp counselors (youth and college age) to shepherd the groups and help during the "island experiences". We also need a snack coordinator! We could also use some help on Sunday, July 7th with decorations. We will meet at 3 p.m. in the CLC, decorate some rooms and be done by supper. Sunday school classes, if you would like to volunteer to provide snacks one day, please let me know. The kids love the homemade goodies! So do I! Let me know if you would like to volunteer in one of these areas. Our counselors, teachers and volunteers are what make the camper's experience so enjoyable!



Thank you, Church, for all of your wonderful support of our Underground Youth Ministry! We are especially thankful for holding us up in your prayers this week as our mission team serves the community of West Memphis with the Conference's own Ozark Mission Project!

Summer is officially here, so make sure you stay connected to what's going on with the Underground: Messenger articles, hard copy calendar updates (available in the Underground or on our website), hsunderground.me (our website), [facebook/hsunderground](https://www.facebook.com/hsunderground), [twitter/hsunderground](https://twitter.com/hsunderground), [instagram/hsunderground](https://www.instagram.com/hsunderground), "join hsunderground" to 40650 (texts), and our Parent Update Newsletters (subscribe online at the website).

God Bless!
Bart Patton

Upcoming summer dates and beyond to remember:

June 9 - 15	OMP Mission Trip
Wednesday, June 1	No Wednesday Night Youth
Sunday, June 16	5 - 7 pm Underground Youth
Wednesday, June 19	No Wednesday Night Youth
Sunday, June 23	5 - 7 pm Underground Youth
Wednesday, June 26	4 - 11 pm Traveler's Game (\$12 for tickets)
Sunday, June 30	5 - 7 pm Underground Youth
Wednesday, July 3	6 - 10 pm Progressive Pool Party
Sunday, July 7	No Underground Youth
Wednesday, July 10	No Wednesday Night Youth
Sunday, July 14	No Underground Youth
Wednesday, July 17	Summer Activity TBA
July 20 - 24	Senior Assembly (Info Online)
Wednesday, July 24	No Wednesday Night Youth
Sunday, July 28	5 - 7 pm Underground Youth
Wednesday, July 31	No Wednesday Night Youth
Friday, August 2	9 pm - 8 am YSF Youth Lock-in at Wild River Country
Sunday, August 4	5 - 7 pm Underground Youth
Wednesday, August 7	No Wednesday Night Youth
Sunday, August 11	5 - 7 pm Underground Youth



KINGDOM ROCK

VACATION BIBLE SCHOOL

JULY 22-26, 2013

MONDAY-FRIDAY

9 - NOON (CHRISTIAN LIFE CENTER)

REGISTRATION IS NOW OPEN FOR CHILDREN WHO HAVE HAD THEIR 3RD BIRTHDAY BY AUGUST 2ND, 2012 THROUGH THOSE WHO HAVE COMPLETED 3RD GRADE BY MAY OF 2013.

(RISING 5 & 6TH GRADERS SEE CAMP 56 INFO BELOW!)

ENROLL ONLINE TODAY! PASTE THE LINK BELOW IN YOUR BROWSER!

<http://childrens.wufoo.com/forms/fumc-vacation-bible-school-registration/>

Camp 56

July 22-26, 2013

Monday-Friday

9 - Noon (Christian Life Center)

For rising 5th & 6th graders only

We will go on daily trips throughout Hot Springs to help others in our community. Everyone will check-in & out each day at the FUMC Christian Life Center. Invite your friends from school and the neighborhood, too! Register online today:

<http://cminister.wufoo.com/forms/camp-56-mi-bfvhbbhhhs-sion-camp-july>



“Beginning Handbells” is a class for everyone who has ever wondered whether or not they can play in a handbell ensemble. This summer class is being offered for all who are interested. The first planning meeting of the group is Wednesday, June 12th and there is still time to get involved.

Handbells have proven to be instruments that are the easiest and quickest to learn to play in a group. Our color-coding system and step-by-step approach will help insure that you will be able to make some beautiful music even on your first rehearsal day! (Note that the Wednesday time may not have been agreed on to be the permanent rehearsal time this summer—contact me by phone at the church or e-mail me at rhall@fumchs.com for more info.) Come join us!!

Let me take this opportunity to introduce you to Clark Walker. Clark is our new audio engineer that supervises the audio production in all the Sunday morning services. Clark grew up in the Methodist church, his father, Rev. Rob Walker, still pastoring at St. Paul UMC in El Dorado. A personal guy, Clark comes to us with much “hands-on” experience behind the audio mixing board. He is married to Renee, and they have three children—Damon Betts, Slade Betts, and Brent Walker. Please say ‘hello’ to Clark when you see him!

Stephen Ministry Fall Training Sessions

First United Methodist Church in Hot Springs is a Stephen Ministry congregation! There are currently 20 active Stephen Ministers serving our church. Stephen Ministers are trained Christian caregivers to those in our church and in our community who need God's care and touch. A class for those who desire to become Christian caregivers as a part of the Stephen Ministry program will begin in September. There is a two-hour training session held at the CLC each week from September through February, with a break during the Christmas and New Year's season.

Look for articles about Stephen Ministry each week in the church bulletin and contact any of the FUMC Pastors or any Stephen Minister for more information. Maybe 2013 is the year for you to join this active caring team of caregivers!

In memory of Linda Wright
From Larry & Elizabeth Alderman
From Gary & Debbie Clymer

In memory of Ruth Henderson
From Ardelle Norgaard

In memory of Harold & Zoe Thomason, aunt & uncle
of Terry Thomason
From Nitalynn Sigman

In memory of George ‘Sonny’ Roberson
From Saints & Sinners Sunday School Class
John & Sue Polk
Carol Pratt
Ann Shelton

In memory of Jimmy Hackney, brother in law of Lara
Hackney
From Nitalynn Sigman

In memory of Joyce Bumgardner, mother of Teresa
Holt
From Priscilla Harper Cook
From Osie & Gladys Watson
From George & Karen Dooley
From Lynda & Eric Jackson

In honor of Tom & Dixie Warren's 40th Wedding
Anniversary
From Jim & Monica Shults

Tuesday, June 11
Staff Meeting 10:00 AM
Women's Basketball 6:00 PM

Wednesday, June 12
Pilates 8:30 AM
Ho Hum 9:00 AM
(Low Impact) Exercise
Knitwit Meeting 1:30 PM
Intercessory Prayer Group 4:00 PM
Chancel Choir 6:15 PM
ConneXion Practice 7:00 PM

Friday, June 14
Men's Basketball 8:00 AM
Ho Hum (Low Impact) Exercise 9:30 AM

Sunday, June 16
Worship 8:15 AM
Chapel Communion 9:30 AM
Sunday School 9:30 AM
Traditional Worship 10:45 AM
ConneXion Worship 10:45 AM

Monday, June 17
Pilates 8:30 AM
UMW Board Meeting 1:30 PM

Tuesday, June 18
Methodist Men's Breakfast 7:00 AM
ConneXion Design Team Mtg. 4:00 PM
UMW New Legacy Circle 5:30 PM

Wednesday, June 19
Pilates 8:30 AM
Ho Hum 9:00 AM
(Low Impact) Exercise
Intercessory Prayer Group 4:00 PM
Chancel Choir 6:15 PM
ConneXion Practice 7:00 PM

Friday, June 21
Pilates 8:30 AM
Ho Hum 9:00 AM
(Low Impact) Exercise

Sunday, June 23
Worship 8:15 AM
Chapel Communion 9:30 AM
Sunday School 9:30 AM
Traditional Worship 10:45 AM
ConneXion Worship 10:45 AM

Monday, June 24
Pilates 8:30 AM
Men's Basketball 5:00 PM

Tuesday, June 25
Staff Meeting 10:00 AM
Delaware Bicyclists to FUMC 4:00 PM
Women's Basketball 6:00 PM

Wednesday, June 26
Traveler's Game 4:00-11:00 PM

What's Happening at FUMC

UMW Legacy Circle Offers Nutrition Class

The new Legacy Circle at FUMC started brainstorming ways to minister to people in the community during their first few meetings this Spring. They decided to begin a nutrition class to provide healthy choices for people wanting to eat healthier on a budget. This project is in the beginning stages and this group of United Methodist Women are excited about the opportunity to reach even more people. “It is very difficult to eat healthy, especially when you're on a limited budget. To succeed actually requires preparing a weekly menu and balanced meal plan. Our goal is to teach people how to plan, how to shop economically for nutritious foods, and how to shop for only the foods in the plan.” The Legacy Circle will have their June meeting Tuesday, June 18th from 5:00-7:00 p.m. at the home of Lorraine Jackson (251 Osprey). Bring an appetizer and remember to meet at the church at 5:10 p.m. for those interested in carpooling!



FUMC will have a blood drive in the Shelton Room from 7:30 a.m. to 1:30 p.m. on Sunday, June 30th. Sign up the week before, on Sunday mornings or in the breezeway or the atrium of the Christian Life Center.



Nancy Knutson, a clinical nutritionist, talks to a group from the Open Arms Food Pantry about healthy eating on a budget.



FUMC to Host College Students Biking for Cancer Awareness

On June 25, FUMC will host 24 college-aged bicyclists from Delaware for dinner and a place to rest before continuing on their journey. They started their bike tour on June 2nd in Baltimore and will finish at their final destination on August 10th in San Diego. Their main goal with this endeavor is to raise awareness and funding for the Oman Cancer Fund. Laura Simpler, one of the bicyclists, said, “We are excited about this opportunity to raise awareness and funds for people facing cancer, specifically young adults.” FUMC, the Hot Springs Bicycle Association and Parkside Cycle will team up to provide a meal and any bicycle maintenance that these young athletes may need while stopping in Hot Springs.