



Sermon Overview: Is it Okay to Doubt?

Doubt is a natural part of our lives when it comes to things that really matter. While doubt is often seen as a weakness, Scripture paints a different picture. From the story of Moses, we see that even faithful people experience doubt: about themselves, their calling, and even about God. But God doesn't reject us when we doubt; God draws near and equips us. In this light, doubt can be a powerful gateway to deeper faith.

MONDAY: Exodus 4:10–13

10 Moses said to the Lord, "Pardon your servant, Lord. I have never been eloquent, neither in the past nor since you have spoken to your servant. I am slow of speech and tongue."

11 The Lord said to him, "Who gave human beings their mouths? Who makes them deaf or mute? Who gives them sight or makes them blind? Is it not I, the Lord?"

12 Now go; I will help you speak and will teach you what to say."

13 But Moses said, "Pardon your servant, Lord. Please send someone else."

Moses responds to God's call with self-doubt. He doesn't feel capable or qualified. Yet God promises to equip him with what he needs and stays patient with him. **What makes you feel unqualified or unsure in your life right now? How does God's response to Moses reshape how you think about your own limitations? What is one area where you sense God asking you to trust more fully?**

Prayer: *God, thank you for being with me even when I doubt. Remind me that your presence is stronger than my doubts or insecurities. Help me to trust you and to keep walking forward in faith. Amen.*

TUESDAY: Exodus 32:9–14

9 "I have seen these people," the Lord said to Moses, "and they are a stiff-necked people.

10 Now leave me alone so that my anger may burn against them and that I may destroy them. Then I will make you into a great nation."

11 But Moses sought the favor of the Lord his God. "Lord," he said, "why should your anger burn against your people, whom you brought out of Egypt with great power and a mighty hand?"

12 Why should the Egyptians say, 'It was with evil intent that he brought them out, to kill them in the mountains and to wipe them off the face of the earth'? Turn from your fierce anger; relent and do not bring disaster on your people.

13 Remember your servants Abraham, Isaac and Israel, to whom you swore by your own self: 'I will make your descendants as numerous as the stars in the sky and I will give your descendants all this land I promised them, and it will be their inheritance forever.'"

14 Then the Lord relented and did not bring on his people the disaster he had threatened.

After his initial doubts, Moses becomes a leader who is confident enough in his relationship with God to intercede on behalf of others. What is important to remember is that God listens. **What does this story tell you about God's willingness to listen and respond? Where have you seen prayer shape your heart or even your circumstances? How do you build the kind of relationship with God that allows for this kind of boldness?**

Prayer: *Lord, help me to be persistent in prayer, even when I feel unworthy or uncertain. Remind me that you are patient and responsive. Teach me to trust in your love and mercy. Amen.*

WEDNESDAY: Jude 1:22

"Be merciful to those who doubt."

This simple verse reminds us that doubt is not a reason for shame. It is a place that deserves compassion. In fact, Scripture calls us to respond with gentleness to those who are struggling. **How have others shown you mercy when you were struggling with questions? What does it mean to create a faith community that welcomes doubters? Who in your life might need patience and encouragement right now?**

Prayer: *God of grace, thank you for your mercy in my own seasons of doubt. Give me a soft heart and open hands for those around me who are asking questions. Let my life be a safe place for others to wrestle with you. Amen.*

THURSDAY by C.S. Lewis:

"If ours is an examined faith, we should be unafraid to doubt. There is no believing without some doubting, and believing is all the stronger for understanding and resolving doubt."

Faith is not the absence of questions, but rather, it is the willingness to examine them. Lewis reminds us that healthy faith asks hard questions and becomes stronger through the process. **What questions about faith have deepened your understanding over time? How does this quote challenge or encourage your current view of doubt? What does "examined faith" look like in your life today?**

Prayer: God, thank you that I don't have to pretend to have all the answers. Help me to explore my faith honestly and courageously, trusting that you meet me in my questions. Amen.

FRIDAY: Proverbs 3:5–6

*5 Trust in the Lord with all your heart and lean not on your own understanding;
6 in all your ways submit to him, and he will make your paths straight.*

Trusting God doesn't mean we'll always have clear answers. It means choosing to rely on God's wisdom, even when things feel uncertain. **What's one area where you're relying too much on your own understanding? How can submitting that to God bring peace—even if nothing changes immediately? What "next right step" might God be asking you to take today?**

Prayer: *Lord, I want to trust you more fully. When I'm tempted to figure everything out on my own, remind me of your ways. Help me to walk in step with your Holy Spirit today. Amen.*

SMALL GROUP QUESTIONS

- When have you felt overwhelmed by doubt; about your faith, your abilities, or your purpose? What helped you move forward?
- How does Moses' story shape your understanding of how God responds to our fears and excuses?
- In what ways can doubt be a stepping stone rather than a stopping point in our relationship with God?
- What spiritual practices help you stay rooted in God's truth when you're walking through uncertainty?