

preparing the house

21 DAYS OF PRAYER & FASTING

MARCH 30 - APRIL 19, 2025





A Note From Our Pastors

Dear Family,

The harvest is coming! Are we prepared? The gospel of John begins with the story of John the Baptist. He was the one chosen to **PREPARE THE WAY** for the Lord, fulfilling Isaiah 40:3-5.

John 1:23 NLT

John replied in the words of the prophet Isaiah: "I am a voice shouting in the wilderness, 'Clear the way for the Lord's coming!'"

Now, over 2,000 years later, we can echo this same prophetic announcement: **SALVATION HAS COME!** You are now the voice who prepares the way for the Lord to come and find those who are lost. As we look forward to Easter Sunday, it's time to prepare the house – both our own hearts and also our church – to receive the broken who are coming Home!

During our 21 Days of Prayer & Fasting, we will journey through the entire book of John, which will give us a first-hand look at how Jesus prepared Himself for the cross and how He prepared His disciples to be the Church.

We're excited about the next 21 days!

We love you,

A handwritten signature in black ink, appearing to read "Louie & Sandra Trevino".

Louie & Sandra Trevino
Lead Pastors

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What to Expect

Nightly Gatherings

Let's gather to pray.

There is power in the corporate gathering!

From March 30 to April 19, on Sunday to Friday nights, we will be meeting at 7pm in the Main Sanctuary to pray together for one hour.

The final night (April 18) will be our Good Friday Service.

Fasting

Fasting creates space for God to fill.

A fast is to abstain from all or some kinds of food or drink (or other activities such as social media or TV) in order to seek God. You are free to decide what you fast for the 7 days; however, many people choose to do a "Daniel Fast," which comes from Daniel 10.

Prayer

Prayer releases the will of God.

Life in God's Kingdom is not about sitting around just waiting for things to happen. Rather, it's about stepping into partnership with Holy Spirit and co-laboring with Him to see Heaven come to earth. Remember, we pray *from* victory, not *for* victory!

You will find prayer targets for each day in this booklet.

Scripture

Reading the Word of God fills us with truth.

We will be reading the book of John together during our 21 Days of Prayer & Fasting. Starting on Day 2, we will read one chapter a day as we journey with Jesus on His way to the cross.

This booklet contains daily highlights from the Scripture readings, which lead to a response time in prayer and reflection.

Fasting Guide

Daniel Fast: Foods to AVOID

All Meat and Animal Products

Including but not limited to beef, lamb, pork, poultry and fish.

All Dairy Products

Including but not limited to milk, cheese, cream, butter and eggs.

Beverages

Caffeine: coffee (even decaf coffee still contains a small amount of caffeine), black tea, green tea, white tea, and any form of alcohol

All Sweeteners

Including but not limited to sugar, raw sugar, honey, syrups, molasses and cane juice.

All Leavened Bread

Including Ezekiel Bread (it contains yeast and honey) and baked goods.

All Refined and Processed Food Products

Including but not limited to artificial flavorings, food additives, chemicals, white rice, white flour and foods that contain artificial preservatives.

All Deep Fried Foods

Including but not limited to potato chips, French fries, corn chips, etc.

All Solid Fats

Including shortening, margarine, lard and foods high in fat.

Remember, read the labels.

One of the great things about the Daniel Fast is that you are not limited to any specific amount of food, but rather to the kinds of food you can eat. The Daniel Fast is limited to vegetables, fruits, and water.

Fasting Guide

Daniel Fast: Foods to EAT

All Fruits

These can be fresh, frozen, dried, juiced or canned. Fruits include but not limited to apples, apricots, bananas, blackberries, blueberries, boysenberries, cantaloupe, cherries, cranberries, figs, grapefruit, grapes, guava, honeydew melon, kiwi, lemons, limes, mangoes, nectarines, oranges, papayas, peaches, pears, pineapples, plums, prunes, raisins, raspberries, strawberries, tangelos, tangerines and watermelon.

All Vegetables

These can be fresh, frozen, dried, juiced or canned. Vegetables include but are not limited to artichokes, asparagus, beets, broccoli, Brussels sprouts, cabbage, carrots, cauliflower, celery, chili peppers, collard greens, corn, cucumbers, eggplant, garlic, ginger root, kale, leeks, lettuce, mushrooms, mustard greens, okra, onions, parsley, potatoes, radishes, rutabagas, scallions, spinach, sprouts, squashes, sweet potatoes, tomatoes, turnips, watercress, yams, zucchini. Veggie burgers.

All Whole Grains

Including but not limited to whole wheat, brown rice, millet, quinoa, oats, barley, grits, whole wheat pasta, whole wheat tortillas, rice cakes and popcorn.

All Nuts and Seeds

Including but not limited to sunflower seeds, cashews, peanuts, sesame. Also nut butters, including peanut butter.

All Legumes

These can be canned or dried. Legumes include but are not limited to dried beans, pinto beans, split peas, lentils, black eyed peas, kidney beans, black beans, cannellini beans, white beans.

All Quality Oils

Including but not limited to olive, grape seed, peanut and sesame.

Beverages

Spring water, distilled waters or other pure waters.

Other

Tofu, soy products, vinegar, seasonings, salt, herbs and spices

Prayer Targets

Day 1

Sunday, March 30

"I AM A VOICE SHOUTING"

John 1:23 NLT

John replied in the words of the prophet Isaiah: "I am a voice shouting in the wilderness, 'Clear the way for the Lord's coming!'"

During our 7 Days of Prayer & Fasting in January, we looked at Isaiah 40:3-5 where the prophet Isaiah declared that one would come to **PREPARE THE WAY** for the Lord. As we begin our 21 Days of Prayer & Fasting, we fast-forward about 700 years to John the Baptist who is the fulfillment of this prophesy.

Now, over 2,000 years later, we can echo this same prophetic announcement: **SALVATION HAS COME!** You are now the voice who prepares the way for the Lord to come and find those who are lost. As we look forward to Easter Sunday, it's time to prepare the house – both our own hearts and also our church – to receive the broken who are coming Home!

Prayer Targets

- Ask the Lord to prepare your heart and your voice to be the one that prepares the way for Him to come.
- Surrender and release anything – fears, offenses, distractions, sins – that would get in the way of Him and being a witness for Him.

Reflection

Day 2

Monday, March 31

JOHN 1

Today's Reading: John 1

John 1:45 NLT

Philip went to look for Nathanael and told him, "We have found the very person Moses and the prophets wrote about! His name is Jesus, the son of Joseph from Nazareth."

Scripture Highlight

John testified that Jesus, the Messiah, had come. Following this announcement, Jesus called His first disciples: Andrew and Philip. After meeting Jesus, Andrew went to find his brother (Peter), and Philip went to find his friend (Nathanael). They shared the Good News about Jesus! Together, the four of them committed their lives to following Him. We now have the opportunity to do the same! Who can you tell about Jesus?

Prayer Targets

- Pray for those in your life – friends, family, coworkers, neighbors – who are not saved. Pray that their eyes would be opened and their hearts would be softened to the gospel.
- Ask the Lord for opportunities to tell them about the Good News!

Reflection

Day 3

Tuesday, April 1

JOHN 2

Today's Reading: John 2

John 2:16-17 NLT

Then, going over to the people who sold doves, he told them, "Get these things out of here. Stop turning my Father's house into a marketplace!" Then his disciples remembered this prophecy from the Scriptures: "Passion for God's house will consume me."

Scripture Highlight

Jesus was greatly troubled by what He saw happening in the Temple. The religious leaders were taking advantage of people, failing to protect the purity of the ministry. Jesus, with great passion, drove out the compromise. This passage should be a heart-check for all of us. Is there anything in our hearts or lives that isn't pure or holy? Do we have the appearance of godliness, but sin in our hearts? Thankfully, our God is full of grace and mercy as we come to Him in repentance!

Prayer Targets

- Ask the Lord to search you and know you. Bring any mistakes, compromises, or sins to His feet in repentance.
- Pray that a fresh passion for the Lord will consume you like it did Jesus!

Reflection

Day 4

Wednesday, April 2

JOHN 3

Today's Reading: John 3

John 3:17 NLT

God sent his Son into the world not to judge the world, but to save the world through him.

Scripture Highlight

What a wonderful truth! Jesus came, not to judge, but to save! Because of the Father's great love, He sent His only Son to die on a cross, saving us from sin and defeating death once and for all. Freely we have received and now freely we give. Who have you judged instead of loved? Who can you tell about God's great love?

Prayer Targets

- Ask the Lord to give His heart of love and mercy for people. Ask that He would soften your heart towards those who have been hard to love.
- Pray for the wisdom to be uncompromising in truth while loving unconditionally. Pray that those who are lost in darkness would come into the Light and be born again!

Reflection

Day 5

Thursday, April 3

JOHN 4

Today's Reading: John 4

John 4:23-24 NLT

“But the time is coming—indeed it’s here now—when true worshipers will worship the Father in spirit and in truth. The Father is looking for those who will worship him that way. For God is Spirit, so those who worship him must worship in spirit and in truth.”

Scripture Highlight

We either worship in spirit and truth or in flesh and lies. While music is often part of worship, you don't need music to worship. In fact, worship is intimacy with the Lord and fully surrendering to Him as a “living sacrifice.” Ultimately, worshiping Jesus causes us to be more like Him! How can you create space for Him through worship today?

Prayer Targets

- Ask the Lord to help you be a true worshiper. Take a moment to simply be with Him – no agenda no requests – just resting in His presence.
- Pray that the Lord would increase His glory on our times of worship.

Reflection

Day 6

Friday, April 4

JOHN 5

Today's Reading: John 5

John 5:8-9a NLT

Jesus told him, "Stand up, pick up your mat, and walk!" Instantly, the man was healed! He rolled up his sleeping mat and began walking!

Scripture Highlight

A sick man unable to get well. But then Jesus showed up! That same healing power is available to us today. Jesus healed then and He still heals now. Scripture also tells us that we can lay hands on the sick and see them recover. It doesn't have to be at church. It can be anywhere at any time! Who can you pray for today?

Prayer Targets

- Pray for those who are sick and in need of healing.
- Believe for miracles, signs, and wonders.

Reflection

Day 8

Sunday, April 6

JOHN 6

Today's Reading: John 6

John 6:11 NLT

“Then Jesus took the loaves, gave thanks to God, and distributed them to the people. Afterward he did the same with the fish. And they all ate as much as they wanted.”

Scripture Highlight

He is Jehovah Jireh, our provider! In a moment of great need, Jesus does the impossible – He feeds 5,000 men plus women and children with just five loaves and two fish. No matter how great our need, He can provide more than enough. And this miracle also points us to an important truth: Jesus is our Bread of Life. Not only does He provide for our lives, but He is our very life! Where do you need His provision?

Prayer Targets

- Pray for areas of need, especially in finances. Believe for jobs, raises, bonuses, debts paid off, and financial freedom.
- Ask the Lord to show you ways you can be generous with what you have, no matter how big or small.

Reflection

Day 9

Monday, April 7

JOHN 7

Today's Reading: John 7

John 7:37-38 NLT

On the last day, the climax of the festival, Jesus stood and shouted to the crowds, "Anyone who is thirsty may come to me! Anyone who believes in me may come and drink! For the Scriptures declare, 'Rivers of living water will flow from his heart.'"

Scripture Highlight

We have full access to spiritual living waters. Just as we must drink water daily in the natural, we also must drink living water daily by the Spirit. Life can leave us tired and thirsty. But we can always come to Jesus for a drink – the only thing that can truly satisfy. How can you jump into His river of living water today? Who can you lead to these waters?

Prayer Targets

- Ask the Lord to fill you to overflowing with His living waters.
- Pray for opportunities to lead those who are tired and thirsty to His living waters.

Reflection

Day 10

Tuesday, April 8

JOHN 8

Today's Reading: John 8

John 8:32 NLT

And you will know the truth, and the truth will set you free.

Scripture Highlight

The enemy is liar. He lies to us about everything – who we are, what we can do, how the future is going to be. But Jesus is the Truth. And knowing Him means knowing truth. The word “*know*” in the Greek implies a knowledge that is gained through experience or personal relationship. Being in communion with Jesus is how we flush out the lies of the enemy! Where do you need to exchange a lie for the truth?

Prayer Targets

- Ask the Lord to show you any lies that you are believing. Then ask Him to show you what truth is. Release those lies with the truth!
- Pray for opportunities to share truth in love to those around you.

Reflection

Day 11

Wednesday, April 9

JOHN 9

Today's Reading: John 9

John 9:6-7 NLT

Then he spit on the ground, made mud with the saliva, and spread the mud over the blind man's eyes. He told him, "Go wash yourself in the pool of Siloam" (Siloam means "sent"). So the man went and washed and came back seeing!

Scripture Highlight

A man born blind gets his sight back! Through this miracle, it is revealed that Jesus came not only to open physical eyes, but also spiritual eyes. So many people are spiritually blinded by the enemy's deception and lost in darkness. But Jesus came to restore our sight, so we can see Him and see Him clearly. Who can you pray for today?

Prayer Targets

- Ask the Lord to open the spiritual eyes of the lost. Ask Him to reveal Himself to people in supernatural ways.
- Pray for the veil of deception to be lifted and for scales to fall from people's eyes, so they can see Him.

Reflection

Day 12

Thursday, April 10

JOHN 10

Today's Reading: John 10

John 10:14-16 NLT

"I am the good shepherd; I know my own sheep, and they know me, just as my Father knows me and I know the Father. So I sacrifice my life for the sheep. I have other sheep, too, that are not in this sheepfold. I must bring them also. They will listen to my voice, and there will be one flock with one shepherd."

Scripture Highlight

You were designed to hear God's voice! So often the noise of the world tries to drown out what He is saying, but we can tune our ears to listen to Him. Jesus made a way for us all to become sheep who are safe in His pasture. And for those sheep who are lost – He is always calling them home! Who can you pray for today?

Prayer Targets

- Ask the Lord to speak to you. Take a moment to listen to Him.
- Pray that the spiritual ears of the lost would be opened to hear Jesus calling them home.

Reflection

Day 13

Friday, April 11

JOHN 11

Today's Reading: John 11

John 11:4 NLT

But when Jesus heard about it he said, "Lazarus's sickness will not end in death. No, it happened for the glory of God so that the Son of God will receive glory from this."

Scripture Highlight

Lazarus, a friend of Jesus, became sick and died. Four long days later, Jesus arrived. What happens when you're faced with the impossible and God feels far away? You stand on what He said. From the beginning, Jesus had declared that this was not the end of Lazarus's story! No matter what you are facing today, it is not the end of your story! A miracle is on the way! What impossible thing are you believing for?

Prayer Targets

- Boldly ask the Lord for the impossible!
- Pray and believe for salvations, healings, deliverances, miracles, signs, and wonders!

Reflection

Day 15

Palm Sunday, April 13

JOHN 12

Today's Reading: John 12

John 12:12-13 NLT

The next day, the news that Jesus was on the way to Jerusalem swept through the city. A large crowd of Passover visitors took palm branches and went down the road to meet him. They shouted, "Praise God! Blessings on the one who comes in the name of the Lord! Hail to the King of Israel!"

Scripture Highlight

What an incredible scene! The whole city heard Jesus was in town and they went out to meet Him. Even though they didn't fully understand who He was or why He came, everyone everywhere was hearing about Jesus. What would it be like if news about Jesus swept through our city?

Prayer Targets

- Pray for our city and believe that the good news of Jesus will be heard and understood by many.

Reflection

Day 16

Monday, April 14

JOHN 13

Today's Reading: John 13

John 13:4-5 NLT

So he got up from the table, took off his robe, wrapped a towel around his waist, and poured water into a basin. Then he began to wash the disciples' feet, drying them with the towel he had around him.

Scripture Highlight

We've all had to wrestle with forgiveness. We can't escape hurt feelings or being wronged, and neither could Jesus. Jesus models forgiveness in a way that doesn't allow us to hold grudges. He is sitting at the table with His disciples, fully aware that Judas will betray Him and Peter will deny Him. Even so, He still washed their feet. He offers forgiveness to everyone and instructs us to do the same. Who do you need to forgive?

Prayer Targets

- Pray for those who have hurt you and ask the Lord to help you extend forgiveness to them.

Reflection

Day 17

Tuesday, April 15

JOHN 14

Today's Reading: John 14

John 14:13-14 NLT

“You can ask for anything in my name, and I will do it, so that the Son can bring glory to the Father. Yes, ask me for anything in my name, and I will do it!”

Scripture Highlight

Jesus invites us to ask Him for anything. What are you believing for? A prodigal son or daughter to come home? A financial breakthrough? A physical healing? A deliverance from addiction? A freedom from fear? He is ready and able to answer your prayer!

Prayer Targets

- Bring the Lord your bold, specific request and believe in faith that He will answer.

Reflection

Day 18

Wednesday, April 16

JOHN 15-16

Today's Reading: John 15-16

John 16:33 NLT

"I have told you all this so that you may have peace in me. Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world."

Scripture Highlight

In a world full of so much hardship, we have an unshakeable promise of His peace. As a follower of Jesus, you are a carrier of His peace. You can bring that peace into any situation and release it into the atmosphere. The peace of Jesus still calms storms and silences fears. The peace of Jesus still passes all understanding. Where can you take His peace?

Prayer Targets

- Ask the Lord to fill your heart with His peace and give you opportunities to release that peace into the world around you.

Reflection

Day 19

Thursday, April 17

JOHN 17-18

Today's Reading: John 17-18

John 17:20 NLT

"I am praying not only for these disciples but also for all who will ever believe in me through their message."

Scripture Highlight

As Jesus prayed for those who would one day believe, now we get to pray for those who will one day believe! What an honor it is to echo the prayer of Jesus and partner with Holy Spirit in seeing the harvest come home!

Prayer Targets

- Pray for our Good Friday & Easter Sunday services. Believe for many souls to be saved and lives to be changed!

Reflection

Day 20

Good Friday, April 18

JOHN 19

Today's Reading: John 19

John 19:30 NLT

When Jesus had tasted it, he said, "It is finished!" Then he bowed his head and gave up his spirit.

Scripture Highlight

Right before Jesus took His last breath, He spoke the words, "It is finished." Jesus finished what we couldn't. Jesus finished so we could believe. John tells us in verse 35 that this testimony of Jesus was given so that we also may believe. Now we have the great privilege and responsibility of sharing the story of Jesus with others, so that they too may have the opportunity to believe!

Tonight's Service: Join us at 7pm in the Main Sanctuary. Bring a friend!

FINISH THE BOOK

Read John 20 and 21 this Saturday and Easter Sunday!
SALVATION HAS COME

On Easter:

- Sunrise Service at 6am on the Courtyard
- Morning Services at 9am/11am in the Main Sanctuary

Share Your Story

We want to hear what God has done in your life over the past 21 days! Send us a DM on social media or email mystory@contacthcc.org.

While our time of prayer and fasting is coming to an end, God never stops moving. Keep seeking Him every day.

We're preparing the way of the Lord!

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