

**ENJOYING US  
Becoming Us #4  
May 3, 2026**

**“We should care about sex as much as God does.” Gary Thomas**

- **God intended sex for pleasure to \_\_\_\_\_ marriage. (Proverbs 5:18-19)**
- **God commands husbands and wives not to \_\_\_\_\_ each other of sexual intimacy. (1 Corinthians 7:3-5)**

**Big Idea: Enjoy enduring sexual intimacy through \_\_\_\_\_  
\_\_\_\_\_.**

**HOW TO GROW SEXUAL INTIMACY IN YOUR MARRIAGE  
(Adapted from Gary Thomas)**

**1. Be \_\_\_\_\_ with your mate.**

- **Whoever desires sex the \_\_\_\_\_ has the most power in the bedroom because they have the power of \_\_\_\_\_. (John 13:3-5)**

**2. Practice radical \_\_\_\_\_.**

**Christian women can practice holiness by the \_\_\_\_\_ they \_\_\_\_\_ in public. (1 Peter 3:3-4)**

**Men should practice holiness by seeing only their wives \_\_\_\_\_ . (Matthew 5:27-28; Job 31:1)**

## **Marriage Books for further study:**

*Sacred Marriage* by Gary Thomas

*Love and Respect* by Emmerson Eggerichs

*The Meaning of Marriage* by Tim Keller

*Men are Like Waffles, Women are Like Spaghetti* by Bill and Pam Ferrell

*His Needs, Her Needs* by Willard Harley

*Intended for Pleasure* by Ed and Gaye Wheat

*Get Married* by Brad Wilcox