

YOUR HELPER RESIDES INSIDE YOU

You Have a Helper #1

September 28, 2025

Big Idea: Your helper is the _____ who resides
_____ every believer. (John 14:12-17)

“The _____ inside you is better than _____
beside you.” J.D. Greear

HOW TO RELATE TO YOUR HOLY RESIDENT

1. Seek His _____.

- _____ of power (Acts 1:4-5, 8-9)
- _____ for power (John 14:14; Acts 1:12-14)
- Power on _____. (Acts 2:1-6, 41)

2. _____ His leadership. (Eph. 5:18)

PRACTICAL EXAMPLE OF THE HELPER AT WORK:

When you are tempted to sin...

- He warns and gives you a _____. (1 Cor. 10:13)
- He grieves but doesn't _____ if you sin. (Eph. 4:30-31)
- He convicts and invites you to _____ and be _____. (1 John 1:9)

DAILY REFLECTIONS ON BEING FILLED WITH THE SPIRIT

Monday: Read Luke 1. The phrase “filled with the Holy Spirit” is mentioned in verses 15, 41 & 67 about three different people. What happened in each person that gave evidence of the Spirit’s filling? What common purpose was the Spirit fulfilling in the three people? Realizing the Spirit already resides inside you, pray for Him to fill you. Remember that Spirit filling is not getting more of Him but Him getting more of you.

Tuesday: Read Acts 4. “Filled with the Spirit” is mentioned in verses 8 and 31. What key word in verses 13 and 31 confirmed the Spirit’s filling? When we are filled by the Spirit, we will be bold in speaking God’s word to people. How did the disciples seek to be filled by the Spirit? (v. 24-30) Ask God to empower you with Holy Spirit boldness today.

Wednesday: Read Acts 6:1-7. What three criteria did the apostles give for the selection of ministry leaders? Godly character and wisdom accompany being filled with the Spirit. How else could people verify that someone was “full of the Spirit”? Read about Stephen (Acts 6:8-15) and Philip (Acts 8: 4-13). Sometimes supernatural signs may accompany Spirit filling, but bold witnessing is the best evidence. Pray for opportunities and boldness to live SENT this week.

Thursday: Read Acts 11:19-26. Barnabas was said to be “full of the Holy Spirit”. What two characteristics accompanied Spirit fullness in Barnabas (v. 24)? Once again, we see godly character and effective teaching about Jesus. Spirit filling is about growing our character to be like Christ and fulfilling Christ’s mission. Ask your “Holy Resident” to do that in and through you.

Friday: Read Ephesians 5:15-21. “Be filled with the Spirit” is a command not an optional request. Since the Holy Spirit is already fully inside you, what does it mean to be filled with the Spirit? How does it compare to being drunk? Spirit filling follows full obedience to the Spirit’s influence/leadership. Is there any command in God’s word you are disobeying? Is there anything you believe God is prompting you to do that you are ignoring? Fully obey His leadership, pray for the Spirit to fill you, then watch what happens.