

## CONFINED Series | 8 SEPTEMBER

### Small Group Questions for Discussion:

1. On a scale of 1–10, what has the level of your anxiety/stress been during the pandemic?
2. What has been the oddest “covid crazy” impulse purchase? Can you share a story you heard of someone which is odder?
3. Can you share an experience like David had where you made a decision during a stressful period of your life that you later regretted?
4. Have there been times during the pandemic where you found yourself questioning God’s promises? What promises were they?
5. Where have you seen God at work over the last few months?
6. Have you practiced the spiritual discipline of silence? Have you found it helpful or not?