

Devotional—7

by Tessa Afshar

The soul needs TIME to bend God's way. Time to wash off the grit and grind of the world's daily wear and tear. Time to come to a place of rest with God. Time to achieve stillness. Time to abide once again rather than just hover in the general direction of God.

I have tried, but I can't get away from this reality. There is no quality time with God if you don't also offer him some kind of quantity. James tells us to come near to God and he will come near to us (James 4:8). I cannot manage to come near to God in five minutes. My soul stubbornly clings to the world and to its worries and to its independence.

No matter how short of time I am, I can't get away with spending little on God as a way of life. A person can live on rations, can cut her intake of food in wartime for a season, can survive. But if it became a permanent habit, she would weaken and sicken and eventually die.

So we choose time with God.

As you come to him, I pray Jesus will empower you with his strength today; enfold you in his comfort; guide you with his wisdom; hold you in his protection; rule your mind; fill your heart; and overflow in your spirit.

May your time be sanctified to him and used by him, and every moment count for good. Instead of spending all your time trying to control what you can't, trying to shield yourself, spend it with a God who sustains the world and watch all your fears disappear.