

Hello First Church Families!

While you're spending extra hours at home together, and we're not able to connect face to face as a congregation, we thought we'd send along some ideas for meeting with Jesus as a family.

Family Devotion Outline

- Begin with silence—set two minutes on a timer and quiet your hearts together before Jesus. You'll be surprised, after a few attempts, and some grace, that your kids may really love this. Have them close their eyes, sit comfortably, breathe deep, and focus their thoughts on Jesus.
- Prayer—including the Lord's prayer.
- Check out the Weekly Lenten Prayer Guides posted on this same page of the First Church website.
- Scripture—in addition the readings below, incorporate a Psalm into your reading.
- Discussion—see questions below.
- Close by praying for and blessing one another.

Lenten Readings

Luke's gospel is a great book to read as family in the weeks ahead. As we're in the season of Lent, begin with the story of Jesus' arrival in Jerusalem (Luke 19:28) through to His resurrection (Luke 24:12). Most likely, the Bible you have at home breaks this narrative into sections and you can tackle one section each time you gather as a family.

Here are some questions you may find useful for family discussion:

- What do you notice about Jesus in this story?
- What do you notice about those surrounding Jesus?
- Why does Jesus do what He does?
- What would you have thought, or done, if you had been there?
- What does this story teach you about your relationship with Jesus?
- What is the invitation that God is putting before you through this story?

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We are a community of Jesus followers who love God, love one another and make disciples.

Reach Out

We've put together a great opportunity to bless the seniors in our community. You're invited to join us by making cards with encouraging bible verses, prayers, and pictures. Completed cards can be dropped off in the designated plastic bin outside the front door of First Church anytime.

Extra Stuff...

If you're looking for some extra content, one of our favorite online resources to use is Bible Project. (<https://bibleproject.com>). All of their video-based resources are available online for free. They organize their videos by books of the Bible as well as Biblical themes. Their content is excellent!

There will be some short videos posted on this page of the First Church website that can also be incorporated into your family devotion time—along with the Weekly Lenten Prayer guides.