

### **Hello First Church Families!**

While you're spending extra hours at home together, and we're not able to connect face to face as a congregation, we thought we'd send along some ideas for meeting with Jesus as a family.

We are in the middle of the season of Lent which leads us to Easter. Luke's gospel is a great book to read from as a family. The story surrounding the death and resurrection of Jesus picks up in Luke 19:28 with Jesus' arrival in Jerusalem. Luke 24:12 is a great stopping point with the resurrection of Jesus. Most likely, the Bible you have at home breaks this longer section up into smaller parts. You can tackle one short story each day or every couple of days depending on your rhythm.

### **Family Devotion Outline**

- Begin with silence—set two minutes on a timer and quiet your hearts together before Jesus. You'll be surprised, after a few attempts, and some grace, that your kids may really love this. Have them close their eyes, sit comfortably, breathe deep, and focus their thoughts on Jesus.
- Prayer—including the Lord's prayer.
- Check out the Weekly Lenten Prayer Guides posted on this same page of the First Church website.
- Scripture—in addition the readings below, incorporate a Psalm into your reading.
- Discussion—see questions below.
- Close by praying for and blessing one another.

### **Discussion Questions:**

As you go through each story, invite your kids to pay careful attention to Jesus. Here are some great questions to unpack those stories:

- What is Jesus doing?
- Why is He doing what He's doing?
- How are the people around Him responding to what He is saying or doing?
- What is God teaching us through this story from the life of Jesus?

**cont. >**

We are a community of Jesus followers who love God, love one another and make disciples.

### Reach Out

We've put together a great opportunity to bless the seniors in our community. You're invited to join us by making cards with encouraging bible verses, prayers, and pictures. Completed cards can be dropped off in the designated plastic bin outside the front door of First Church anytime.

### Extra Stuff...

If you're looking for some extra content, one of our favorite online resources to use is Saddleback Kids. Here's a link to their youtube channel:

<https://www.youtube.com/channel/UCEbM1vIWVubIANRR54YuS0g>.

Their videos are great for lower elementary age kids (grades 1–4).

Another resource we love is Bible Project. All of the video resources on their website are free so check them out at <https://bibleproject.com>.

Their material is great for upper elementary (grades 5–6) and older.