

# TRINITY UMC & ST. PAUL'S UMC NEWSLETTER

**September 4 2025**



## **Sunday Morning**

**September 7, 2025**

**Speaker Rev. Elizabeth McVicker**

**Scripture: Psalm 139:1-6, 13-18**

**Sermon: "Known by God"**

**Services are streamed on Facebook Live  
Trinity Sunday Worship at 9:00 AM and  
11:00 AM at St. Paul's UMC**



## **Elizabeth's Epiphanies**



### **Southeast Idaho Clergy Colloquy**

The pastors of the United Methodist Churches in Southeast Idaho gathered at Trinity UMC on August 25, 2025.

Pictured are Rev. Marvel Souza (Blackfoot), Rev. Mike Conner (Pocatello), Rev. Dale Evans (Ashton), and Rev. Elizabeth McVicker (St. Paul's and Trinity).

*"TO MAKE DISCIPLES OF JESUS CHRIST FOR THE TRANSFORMATION OF THE WORLD"*

**TRINITY UNITED METHODIST CHURCH-SUNDAY WORSHIP 9:00 AM**

237 N. WATER AVE. IDAHO FALLS, ID 83402 | 208-522-7921

**ST. PAUL'S UNITED METHODIST CHURCH- SUNDAY WORSHIP 11:00 AM**

1730 ST. CLAIR ROAD IDAHO FALLS, ID 83404 | 208-522-9076



## Sawtooth "Senior Shindig"

Come spend some time with other Seniors in the beautiful Sawtooth Mountains at Sawtooth Camp!

### Camp Details

- Age 55+
- September 15th-September 19th
- Regular Rate: \$240 | Senior Rate: \$220 (A non-refundable \$50 deposit is required to hold your spot. This deposit will not be refunded but may be transferred to another session.)



For more information or to register use the QR code or go to

<https://sawtooth.gocamping.org/campsession/18233070>

## Community Progressive Dinner

This year the Community Progressive Dinner will be held on **Friday September 19th** from 5 to 7 pm.

Tickets are \$10 for adults and \$5 for children under 12 years. The proceeds will go to the Soup Kitchen.

There will be 3 serving locations:

- **St Luke's Episcopal Church and New Day Lutheran Church will be serving Dessert.**
- **The Church of Jesus Christ of Latter-day Saints will be serving Soup and Salad**
- **At the Trinity location, St. Paul's and Trinity UMC will be serving the Main Course.**

The Idaho Falls Methodists are allowed 80 tickets between St. Paul's and Trinity. Amanda will be selling the tickets and can be reached 9-12 at St. Paul's 208-522-9076 and 1-4 at Trinity 208-522-7921.

**There are only 240 tickets this year so get yours early to avoid disappointment.**

# THIS WEEK

## SUNDAY

- **10:00am Combined Worship at Trinity UMC**
- Young Adults Bible Study 3pm at Trinity UMC

## MONDAY

- Scouts BSA Female Troop at 6pm at St. Paul's UMC

## TUESDAY

- Pickleball at 4:30 pm at St. Paul's UMC
- Third Tradition AA Meeting 7:00 pm at St. Paul's
- N.A at 7:00 pm at Trinity UMC

## WEDNESDAY

- Men's Coffee at 8:30 at Perkins
- Women's Outreach & Fellowship 9:30 am at St. Paul's
- Upper Room Study at 10:00 am at Trinity UMC
- Cub Scout Pack Meeting at 6:30 pm at Trinity UMC
- Scouts BSA at 7:30 pm at Trinity UMC

## THURSDAY

- Pickleball at 4:30pm at St. Paul's UMC

## FRIDAY

- N.A. at 7:00pm at Trinity UMC
- **First Friday Game Night 6:00 PM St. Paul's UMC**
- Candlelight N.A. at 7:00 pm at Trinity UMC



## Church Directory Update - Say Cheese!

We're getting ready to update the church directory for both St. Paul's and Trinity UMC, and we'd love to include you!

If you'd like your picture included, here's when and where you can have it taken:

**St. Paul's:** Stop by on Rally Sunday to get your photo taken. More Details to come.

**Trinity UMC:** Photo sessions will be held on

 Thursday, September 11th | ⌚ 3:00-5:00 PM

 Sunday, September 14th & 28th

Don't miss this chance to help us keep our directory up-to-date and full of friendly faces!



## GRIEF & LOSS SUPPORT GROUP

Hospice of Eastern Idaho is pleased to again offer our **Grief & Loss Support Group**, a safe and supportive space where many have found comfort and healing.

### Group Details

- **Start Date:** Wednesday, September 17, 2025
- **Schedule:** Every Wednesday for ten sessions
- **Time:** 2:30 p.m. - 4:00 p.m.
- **Location:** 477 Shoup Ave., Suite #205

This group will follow Understanding Your Grief by Alan Wolfelt, Ph.D., and will be offered in a workshop-style format to encourage learning, sharing, and healing together.

The group will be led by Timmie Johns, LCSW, with assistance from Camille Cook, MSW Intern and Bereavement Coordinator. Together, we are committed to creating a safe and supportive space as participants walk their grief journey. Grief can feel overwhelming, but no one has to face it alone.

- **register, as seating is limited. To register, call (208) 529-0342 ext. 116 or email [ccook@hospiceofeasternidaho.com](mailto:ccook@hospiceofeasternidaho.com).**



## Bell Choir Ice Cream Social Sunday, September 7 at 4:00 PM Location: Trinity Parlor

Join us for a sweet start to the season! We're hosting an Ice Cream Social to welcome back our bell ringers and invite anyone interested in joining the bell choir. Whether you're a returning member or a newcomer curious about ringing, we'd love to see you there! No previous experience is required, though basic music-reading skills are helpful. We'll enjoy fellowship after the summer break, catch up with one another, and chat about the music we'd like to play this year. We'll also discuss rehearsal schedules—last year we met Sunday afternoons, but we're open to adjusting if it helps more people participate. Everyone is welcome—members of St. Pauls, Trinity, and beyond! Contact: Janet Miller, at 575-430-1945 or [jehmiller48@gmail.com](mailto:jehmiller48@gmail.com)

Mark Your Calendars  
**RALLY  
SUNDAY**  
September 7th  
JOIN US ON  
SEPTEMBER 7<sup>TH</sup>  
AS WE KICK OFF OUR  
FALL MINISTRIES!



**INTERESTED IN PLAYING PICKLEBALL AND  
PUTTING SOME FUN IN YOUR LIFE?**

Ralph Halsted will be offering free lessons at St. Paul's UMC gym Tuesday's and Thursdays at 4:30 pm. Open play will follow. Paddles and balls will be available. Please wear good court shoes. Cross-trainer shoes lead to turned ankles! For questions, talk to Ralph or call the church office.





## SUPPORT OUR SCHOOLS & COMMUNITY

As our neighborhood kids head back to school, it's time once again for St. Paul's to show our support for local students and teachers. Each year, we partner with Edgemont and Teresa Bunker Elementary Schools by donating essential health supplies. This year, their greatest needs are:

- **Tissues**
- **Clorox wipes**
- **Hand sanitizer**

We're also continuing our support of the Community Food Basket, which is currently in need of:

- **Baby food**
- **Formula**
- **Baby wipes**

(They are well-stocked on diapers at this time). If you'd like to contribute, please bring your donations to the church by

**September 7. We'll be organizing and delivering all items on September 8.**

Thank you for helping us care for our schools and our community!

— Jerry Cass, Missions

## MISSIONS = God's love working through you.



Amigos en Cristo

## ENGLISH AS A SECOND LANGUAGE

FIND YOUR VOICE IN A NEW LANGUAGE  
LEARN AND GROW IN A SAFE, SUPPORTIVE SPACE.

Thursday, starting Sept. 18 at 5:30pm  
at Trinity United Methodist Church

- ✓ No Registration Required
- ✓ Free Classes
- ✓ Meal & Childcare Provided
- ✓ Friendly Safe Environment

FREE LIGHT DINNER  
FROM 5:30-6:00  
PM. CLASS BEGINS  
AT 6:00 PM

For more information:

208-522-7921  
1237 N Water Ave, Idaho Falls  
[Trinityumcidahofalls@gmail.com](mailto:Trinityumcidahofalls@gmail.com)



## GAME night

Friday, Sept. 5th, at 6pm

Location: In the Fellowship  
Hall at St. Paul's United  
Methodist Church  
1730 St. Clair in Idaho Falls



### Men's Coffee Group:

Wednesdays at 8:30 am at Perkins. All men are invited.

### Women's Outreach and Fellowship Group:

Wednesdays at 9:30 am at St. Paul's

### United Women of Faith

The UMW meets at Trinity UMC at 1:00pm on September 9<sup>th</sup>

### United Methodist Women's Luncheon

Tuesday Sept 9th at 1pm. All women are invited to a luncheon. The location Bacon & Bluee. Please talk to Sharon Evans for more information.

### Sunday School at Trinity

Sunday School for children is offered each Sunday at Trinity during the 9am worship service. The children experience worship in the Sanctuary and then go to Sunday School after the Kid's Message.

## *Ladies Luncheon*

**Tuesday September 9<sup>th</sup> at 1:00 PM  
at Bacon and Bleu, 688 N. Holmes.**

Talk to Sharon Evans for more information or sign up at the church information table.

## *Young Adult* **BIBLE STUDY**

**Sundays at 3pm  
at Trinity United Methodist Church**



## **UPPER ROOM STUDY**

**Wednesday mornings at 10:00 am  
at Trinity UMC.  
All are welcome.**

## **MONDAY ONLINE BIBLE STUDY GROUP**

Everyone is invited to  
Participate.

The group is going to begin  
another adventure in the old  
Testament!

**We are studying through Joel a  
minor prophet.**

**We meet via zoom at 11am  
Monday mornings.**



CONTACT JEANIE  
HUGHES OR USE THE  
QR CODE TO  
CONNECT.

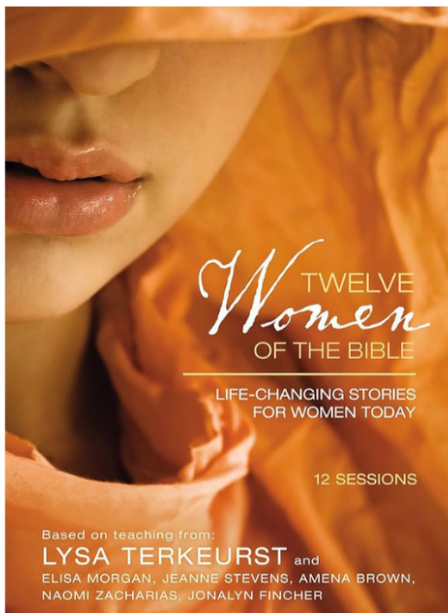


## **UNITED WOMEN IN FAITH**

United Women in Faith will meet on Tuesday, September 9 at 1:00 in the Trinity Parlor. The World Thank Offering will be collected. This special offering is taken once a year.

If you are interested in attending Mission U please contact Mary Nagle.

Tickets will be available for the Progressive Dinner at both churches on Sunday. The dinner is Friday September 19.



## FALL BIBLE STUDY GROUPS BEGIN IN SEPTEMBER!

### TWELVE WOMEN OF THE BIBLE

#### You're Invited to a Bible Study at St. Paul's!

Join us for The Twelve Women of the Bible—a study on real women, real struggles, and real faith. We'll explore 6 women from the Old Testament and 6 from the New, learning how their stories apply to our lives today.

#### Study Options:

- **Monday Study (Men & Women)**

Starts Sept. 22 | 1 p.m. | St. Paul's Parlor  
Leaders: Deb Cullison, Lori Wickham, Connie Dobbins

- **Thursday Women's Study**

Starts Sept. 25 | 1 p.m. | St. Paul's Parlor  
Leader: Mary Bash

Groups will decide the number of weeks to meet. A break is planned for Thanksgiving, with possible sessions resuming afterward. Interested?

Contact Mary Bash (208-360-4208, cheetah1954@live.com) or Connie Dobbins (208-589-9646, conniedobbins.idaho@gmail.com).

Study books are on order and will be labeled and available in the Parlor.



## YOU'RE INVITED: 2025 EASTERN IDAHO MINISTRY CONFERENCE

All members of Trinity and St. Paul's congregation are warmly invited to attend the annual Ministry Conference with District Superintendent Karen Hernandez.

- **Date: Sunday, September 28, 2025**
- **Time: 3:00 – 5:00 p.m. (Mountain Time)**
- **Location: Jason Lee Memorial UMC, Blackfoot, ID**

This gathering is an important time of connection and collaboration with our neighboring United Methodist churches. Whether you're a longtime leader or newly curious about the ministry of the church, all are welcome and encouraged to attend. Church Council members are expected to be present. Let's come together in fellowship, visioning, and shared ministry!

## WHERE THERE IS HELP THERE IS HOPE

- **Narcotics Anonymous** Tuesday's and Friday's 7pm at Trinity United Methodist Church.
- **Candlelight Narcotics Anonymous** 7pm at Trinity United Methodist Church
- **Third Tradition AA Group** Tuesdays at 7 pm at St. Paul's UMC





## UNITED AT THE FRONT: PARTNERING FOR THE FUTURE

### Baptism, Eucharist, and Ministry in the Rural Intermountain West

#### A DAY OF

- WORSHIP
- CONVERSATIONS
- ENGAGING SCRIPTURE
- PRAYER
- PLANNING FOR THE FUTURE TOGETHER

Christians from the ELCA, PCUSA, UMC, Episcopal, and UCC families are all invited: lay leaders, pastors, deacons, and denominational leaders.

9am-5pm on three Saturdays this Fall. Lunch provided.

You choose ONE of the 3 days to attend. Please choose the one closest to you.

- Moses Lake - October 25
- Lewiston/Clarkston - November 1
- Pocatello - November 15

Let us deepen our partnerships for the sake of the Gospel! Part of Wartburg Seminary's CaSTLE Project, funded by the Lilly Endowment.

**SAVE THE DATE.** Registration coming in August.  
For more information,  
contact Bishop Meggan Manlove  
([bishopmeggan.manlove@nwimsynod.org](mailto:bishopmeggan.manlove@nwimsynod.org))



## THE IDAHO FALLS OPERA THEATER IS PROUD TO PRESENT

### IFOT GOES TO THE MOVIES! A Review of Unforgettable Music Featured in Movies!

Friday October 24-7pm

Saturday October 25-2pm

Monday October 27- 7pm

**It will be held at Trinity UMC.**

Join us for a magical musical journey through some of the most iconic songs ever to hit the silver screen! Performed by the talented voices of IFOT, this concert celebrates the unforgettable melodies that made movie moments truly legendary.

Whether you're a film fan, a music lover, or both—this is an event you won't want to miss. Bring your friends and family for an evening of nostalgia, entertainment, and exceptional local talent.



Winner of Guitar Player Magazine's  
International Competition

## mark kroos

## Guitar Concert

First Presbyterian Church  
of Idaho Falls

Sunday, Sept 21st  
**4:00 PM**

Admission:  
Free / by Donation

325 Elm St  
Idaho Falls, ID



Mark's Videos

# RCCM NEWS

## Community Food Basket Needs Our Help

Donations are currently low at the Community Food Basket. If you have extra produce from your garden, this is a great opportunity to share it! Recently, their donation truck was damaged in a windstorm – a tree fell on it, causing the loss of a load of meat and produce. They are currently working with insurance to assess the damage.

## FISH Backpack Program

FISH is off to a busy start this season and has already delivered over 100 backpacks to local schools. Thank you to everyone helping support students in need!




## Pastoral Transition at Little Church in the Pines

Pastor Tom Shanor will be retiring this fall after many years of service. The church will begin the search for a new pastor soon. We wish Pastor Tom a joyful and well-deserved retirement.

## The Giving Machine is Coming

Starting December 20, RCCM will sponsor The Giving Machine – a special vending machine where you can donate to local nonprofits. About 8 organizations will be featured. It will be located at Center Court in the Grand Teton Mall. Performers or groups interested in participating during the event are welcome – reach out to get involved!

## Mark Your Calendars:

- Freedom to Believe – A community event with Honorable Judge Ryan Nelson
-  September 24 | ⌚ 7-8 PM | 📍 Hillcrest High School
- Homeless Stand Down
-  November 8 | 📍 Idaho Falls Elks Lodge
- A vital outreach event offering services and support for those experiencing homelessness.
- Thanksgiving Interfaith Service
-  November 23 – More details to come.



## Sage District United Women in Faith 2025 Annual Hybrid Celebration

**Saturday, September 27, 9am – 3:30pm**

Boise First United Methodist Church, Olivette  
Room 717 N. 11th Street, Boise ID

Register/ send Payment to  
Bettie Seavey, Sage District Treasurer  
368 South Pennant Place  
Meridian, ID 83642  
bluebettie45@gmail.com

\$10 per guest, in-person or online, by Sunday,  
September 14, 2025

Continental breakfast provided, bring your own  
brown bag lunch or Lemon Tree sandwich  
lunch, \$20 paid in advance with in-person  
registration.

**“Won’t you be my neighbor?”  
We believe that love in action can change the  
world!**

Program Presented by the Wassmuth Center.

**"Do all the good you can, by all the  
means you can, in all the ways you  
can, in all the places you can, at all  
the times you can, to all the people  
you can, as long as ever you can."**

**– John Wesley**





## 2025 Walk to End Alzheimer's - Idaho Falls Saturday, September 20th, 2025

Alzheimer's isn't stopping – and neither are we. Kathy Gaskill along with others from Trinity UMC are walking to raise awareness and much-needed funds in honor of the millions of families affected by Alzheimer's disease. The money she raises helps the Alzheimer's Association® provide critical 24/7 support and care services – and drives forward groundbreaking research that offers hope for a future.

Every day, more families are facing the realities of Alzheimer's. They need our help. And with your support, we can be there for them.

Please consider making a donation – no gift is too small. Kathy and the team Memory Methodists are walking for all those affected. Donations can be made to her by check, cash, or online using the QR code below.

**Contact Kathy Gaskill  
for more information on how to  
get involved and help**



## July 31 Financial Report from Trinity



**People have expressed an interest in knowing an overview of the Trinity finances each month. For July Only, Year to Date, Budget Year to Date, and Delta from Budget**

	July	Year to Date	YTD Budget	YTD Delta
Income	\$12,674	\$106,159	\$103,544	\$2,615
Expenses	\$7,540	\$91,112	\$105,288	②(\$14,176)
Net Income	③\$5,134	①\$15,047	(\$1,744)	\$16,791

### Things to notice:

- ① Year to Date - Net Income is positive.
- ② Expenses are below budget numbers.
- ③ June Net Income was positive

### Extraordinary Financial Items in July:

**Chesbro Endowment:** In July we transferred \$5,826 from the Chesbro endowment to pay for

musical things for the first half of the year.

– Don Rohde

## Ride Dates and Route

September 25–28, 2025

The team will ride **from St. Anthony, ID**, through scenic landscapes and supportive communities, arriving in **Salt Lake City, UT** after four powerful days on the road.



Dear Church Family and Friends,

SHIELD616 exists to provide lifesaving ballistic protection to first responders and to strengthen the bond between them and the communities they serve. While our first responders deserve top-tier rifle and handgun protection, many departments can't afford it due to limited budgets. Our mission is simple: Protect Our Protectors.

This September, our **TOUR de SHIELD616 Ride** will take 34 cyclists (19 first responders and 15 civilians) from St. Anthony, ID to Salt Lake City, UT, covering 318.1 miles over four days:

- Day 1: St. Anthony to Blackfoot – 76.2 miles
- Day 2: Blackfoot to Preston – 101 miles
- Day 3: Preston to Farr West – 74.4 miles
- Day 4: Farr West to Sandy – 66.5 miles

Our 2025 goal is to equip 11 agencies across Idaho and Utah with rifle-rated protection. We're raising \$247,000 to provide the following:

- Ashton PD (ID): 3 vests – \$7,200
- St. Anthony PD (ID): 7 vests – \$16,800
- Fremont County SO (ID): 23 vests – \$55,200
- Rigby PD (ID): 3 vests – \$7,200
- Spirit Lake PD (ID): 10 vests – \$24,000
- South Jordan PD (UT): 3 vests + helmets – \$10,000
- Draper PD (UT): 3 vests + helmets – \$10,000
- Taylorsville PD (UT): 12 vests – \$31,800
- Herriman City PD (UT): 3 vests + helmets – \$10,000
- Unified PD (UT): 12 vests – \$31,800
- Sandy City PD (UT): 15 rifle plate sets – \$18,000

We invite you to support this mission! You don't have to ride to make an impact—your financial gift can help save lives. You can even choose which agency to support and meet the officers your generosity helps. Thank you for helping us ensure more first responders make it home safely.

Sincerely,  
Tommy Lew

If you would like more information or would like to donate online you can go to the website or QR code below.

<https://shield616.org/tour-de-shield616-idaho-2025>





# 2025 CHURCH COUNCIL & STAFF

## Trinity UMC

<b><u>Pastor:</u></b>	Rev. Elizabeth McVicker
<b><u>Chair of Admin Council:</u></b>	Gene Summers
<b><u>Annual Conference Delegates</u></b>	Don Rohde Tommy Lew
<b><u>Lay Leader:</u></b>	Tommy Lew
<b><u>SPRC:</u></b>	
<b><u>Trustee:</u></b>	Don Rohde-Chair Richard Dickson-Stained Glass Project Robin Stewart- IT & Special Projects
<b><u>Finance:</u></b>	Lynn Seymour- Chair Todd Smitherman-Accountant Kathy Borland-Endowment/Scholarships
<b><u>Christian Education:</u></b>	Betty Anderson- Chair Nancy Stewart-Youth Coordinator
<b><u>Council Secretary:</u></b>	Don Rohde

Connect with Trinity UMC  
208-522-7921  
<http://tumcif.org/>  
[trinityumcidahofalls@gmail.com](mailto:trinityumcidahofalls@gmail.com)  
<https://www.facebook.com/TUMCIF/>

## ST. PAUL'S UMC

<b><u>Pastor:</u></b>	Rev. Elizabeth McVicker
<b><u>Council Chair:</u></b>	Kelly Lawrence
<b><u>Annual Conference Delegates:</u></b>	Cindy Mason Jim Mason
<b><u>Lay Leader:</u></b>	Melinda Ginosar
<b><u>Trustees:</u></b>	Jim Mason Jeff Bell David Lively Cindy Mason
<b><u>FINANCE:</u></b>	Chris Holden, Chair Lacey Moon, Treasurer Lynda Fennern, Financial Secretary
<b><u>SPRC:</u></b>	Tracy Gohr
<b><u>Missions Coordinator:</u></b>	Jerry Cass
<b><u>Ministry Coordinator:</u></b>	Melinda Ginosar
<b><u>Council Secretary:</u></b>	Joyce Miles
<b><u>Women's Fellowship:</u></b>	Pam Prince

Connect with St. Paul's UMC  
[www.umcstpauls.com](http://www.umcstpauls.com)  
208-522-9076  
[StPaulsUMCoffice@gmail.com](mailto:StPaulsUMCoffice@gmail.com)  
[facebook.com/umcstpauls](https://www.facebook.com/umcstpauls)

## STAFF

Melinda Ginosar – Ministry Coordinator  
Amanda Thompson - Office Manager  
Angela Shanor - Graphic Designer  
Rob Denkins - Trinity Custodian  
Jerry Shively - St. Paul's Director of Music  
Ann Shively - St. Paul's Organist  
Jason Peters, Choir Conductor  
Allison Anderson - Trinity Music Coordinator and Pianist  
Amy Reid - Trinity Organist  
Janet Miller, Trinity Director of Wesley Bell Choir

May the grace of the Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you all.

**2 Corinthians 13:14**