



First, watch  
this week's  
video!

Gratitude:  
Letting others  
know you see  
how they've  
helped you

### Memory Verse

Give thanks to  
the Lord, because  
he is good. His  
faithful love  
continues forever.  
Psalm 136:1, NIV

### Bible Story

Jesus Heals  
10 Men  
Luke 17:11-19

### Bottom Line

Say thank you.

Use this guide to help your family learn how  
God wants us to be grateful.

## Activity

### No Thumbs

#### WHAT YOU NEED:

Items such as paper, pen, coin, paper clip, etc., and a timer (*optional*)

#### WHAT YOU DO:

Place all the items on a flat, hard surface, like a tile floor or a table. Tell your child to try to pick up the items without using their thumbs. They can only use their other fingers and/or their flat palms (to "scoop" items). To add a little pressure, you could time how long it takes for them to pick up each item, seeing which item requires the most effort.

Say, "It's not easy picking up things without your thumbs, is it? Imagine not being able to use your hands at all. The men in our story had a disease that caused lots of painful problems like that. That's why it was so amazing that Jesus healed them!"



## Talk About the Bible Story

What disease did the men in the story have? (*skin disease, leprosy*)

How many men in the story had a skin disease? (*10*)

How many men in the story did Jesus heal? (*10*)

How many men came back to thank Jesus? (*one*)

Why should we say thank you often?

What kinds of things make you want to say thank you?

*As a family, think of someone you can say thank you to. Give them a call, send a text, or write them a card and drop it in the mail.*

## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, remind us this week to say thank you to those who help us, love us, and do kind things for us. Please give us grateful hearts so that we're quick to thank the people You've put in our lives. Help us show our love for You, and for others, with words and actions that say thank you. In Jesus' name. Amen."