

Sermon-Based Discussion Questions

January 27th, 2019

Ice Breaker:

Are you more of an introvert or extrovert? What does that look like for you?

Who is a go-to person for you for advice? Why?

Talking To Myself:

On January 6th we started a new series called *TALKING TO MYSELF*, and Doug asked: “**Could a key to a New Year and a new you be how YOU talk to YOU?**”.

Doug clarified that in this series we are focusing on that inner voice in our head that is fueled by the truth, or the lies, we tell ourselves, which come from the truth or lies we are fed or we feed ourselves. The challenge from last week was: **Make sure you are filling your life with TRUTH or your self-talk will tell you LIES.**

This week Doug talked about our need to invite **other voices** into our life:

READ: 1 Kings 12:3-15a and make some observations & applications based on this passage.

Doug stated that “the people you listen to are a preview of future you”. How have you seen that to be true in your life in both positive and negative ways?

In **Proverbs 13:20** (have someone read it) we read that we are contagious with each other and our attitudes, emotions, wisdom or foolishness, etc. rubs off on each other.

How have you seen attitudes, emotions, character, wisdom, faith, etc. be contagious in a good way in your life?

Who are some people that have influenced you to be the person you are today? How?

If you were to ask someone to write you a letter to speak some wisdom and truth into your life, who would you ask? Why?

Putting It Into Practice:

Doug talked about the importance of being intentional of inviting other people’s voices and presence into your life. What are some ways you can “walk with the wise” by intentionally inviting their voice and influence into your life this week?

Share one specific thing you will do this week to invite other people’s voices and influence into your life.

What are some ways we can influence each other as a group? How can we be an influence that speaks truth and love to each other in a way that it helps shape our future selves?

CLOSING PRAYER: Have people share prayer requests for this week and spend some time praying for each other. Challenge everyone to pray for each other throughout the week.