

HOW DO I CHOOSE DISCIPLES?

As with everything in the discipleship process, we take our cues from Jesus. Before He selected disciples, He spent time in prayer (Luke 6:12-16), so that's where we should begin, too. Ask God to make it clear to you, regarding the 2-4 people you should invite into your D-Group.

Remember that the word disciple means "learner," so begin by asking God to send you a group of men or women who have a desire to learn and grow. You should look for people that first and foremost have high character.

A helpful way to identify people to invite into your group is to look for F.A.T. people: Faithful, Available, Teachable.

Faithful: Is this person faithful in following Jesus at whatever stage of life they are in currently?

Available: Is this person available enough to fulfill the time commitment of a D-Group?

Teachable: Does this person display a humble desire to learn from those around him or her?

It does not matter if a person has been walking with Jesus for two months or two decades. If they have a track record of Faithful, Available, and Teachable, then they would be a great person to consider inviting into your next D-Group.

HOW TO START A D-GROUP

Pray: about whom God would have you ask to be in your D-Group.
Approach: those individuals and invite them into your D-Group.
Covenant: with them to be committed and accountable to each other.
Invest: your life into the D-Group members for the next 12-18 months.

EXAMPLE D-GROUP MEETING

Communal: 10 minutes

* Spend the first 10 minutes catching up with your group. A great way is for each person to share his or her “high” and “low” of the week.

Scriptural/Accountable: 30-60 minutes

* Quote your **memory verses**.

* Share **H.E.A.R. Journals** from the **F-260 plan**. A great question to ask is “Which of your H.E.A.R. Journals stood out the most to you this week and what are you doing about it?” As you focus on the Response section, it should start an accountability discussion.

* Ask additional **accountability questions** specific to the person.

Missional: 15 minutes

* Each member will chose a family member, friend, neighbor, co-worker that is not engaged in the church and the member will commit to:

Pray daily / **Invest** weekly / **Invite** them to the right event

* Weekly, each member should share how he or she prayed, invested, and/or invited someone in their life.

Reproducible: 5 minutes

* Finish with prayer for current group members and future ones too.

Optional book: 10-20 minutes

If you read a supplemental book, discuss it last. The Bible is comes first.